

2026-27
MISSOURI VALLEY UNIVERSITY
ATHLETIC DEPARTMENT



STUDENT HANDBOOK

MISSOURI VALLEY UNIVERSITY ATHLETIC DEPARTMENT

Mission Statement

The Missouri Valley Athletic Department is committed to an Intercollegiate Athletic Program that supports the University as a whole by providing opportunities for its student-athletes in accordance with the rules and regulations of the National Association of Intercollegiate Athletics. As a member of the Heart of America Conference, Missouri Valley University is committed to the fulfillment of academics and athletic excellence while practicing sound fiscal management practices. Missouri Valley University is proud to be a charter member of the NAIA Champions of Characters program, with its five core values of **Respect, Responsibility, Integrity, Servant Leadership, and Sportsmanship.**

ATHLETIC STAFF CONTACT SHEET 2026-27		
ADMINISTRATION		Work
Christian Pope	Athletic Director	831-4219
Andy Pulverenti	Associate Athletic Director	831-4230
Keeley Boss	Assistant to VP of Athletics & Academic Services	831-4037
Stephen Main	Assistant Athletic Director/Director of Golf Operations	831-4025
Ben Lister	Head W. BasketballCoach/Assistant Athletic Director/Facility Coordinator	831-4104
Kim Horsten	Assistant Game Day Operations	831-4020
Vladimir Simic	Head Coach/Assistant Athletic Director of Coach Onboarding & Mentoring	831-4217
John McEachern	Archery Head Coach/Transportation Director	831-4229
Kevin Gasser	Director of Roster Management	831-4076
ATHLETIC TRAINING		
Joshua Laird	Head Athletic Trainer	831-4270
Sheilaika Agbayani	Athletic Trainer	831-4270
ARCHERY		
John McEachern	Head Coach	831-4229
BASEBALL		
Mike DeMilia	Head Coach	831-4113
Eric Tolar	Assistant Coach	831-4113
David Dell	Assistant Coach (GA)	
BASKETBALL - Men		
Jim Boone	Head Coach	831-4094
Steven Napper	Assistant Coach	831-4192
Bobby Collins	Assistant Coach	831-4192
Stephen Herry	Assistant Coach (GA)	831-4192
BASKETBALL - Women		
Ben Lister	Women's Head Coach	831-4104
Chardonnae Parker	Women's Asst. Coach	831-4285
Murray Knox	Women's Asst. Coach	831-4285
Tom Hayob	Women's Asst. Coach	831-4104
COMPETITIVE CHEER		
Patricia Blankenship	Director of Spirit Squads/STUNT Head Coach	831-4119
Rylee Mills	Assistant Cheer Coach	831-4110
COMPETITIVE DANCE		
Kristen Revis	Head Dance Coach	831-4018

Esports		
Julian Henderson	Director of Esports	831-4218
FOOTBALL		
LaQuentin Black	Head Coach	831-4118
Kevin Griffin	Associate Head Coach/Defensive Coord.	831-4266
Jack Goulet	Offensive Coord./OL/Recruiting Coord.	831-4161
Jacoby Bellard	Assistant Coach	831-4149
Jake Wilson	Special Teams Coordinator/LB/Football Ops	831-4155
Allen Suber II	QB/Passing Game Coord.	831-4280
Greg Purdum	RB/S&C/Alumni & HS Relations	831-4298
Dalton Wright	Nickle	831-4298
Erik Mays	Assistant DB	831-4298
Barrett Matthews	Tight Ends	831-4298
Melvindrick Johnson	Running Backs	
Andrew Welty	GA Assistant Coach	
Jim Aller	Southeast Recruiter	
GAME DAY		
Kim Horsten	Game Day Supervisor	831-4020
John McEachern	Game Day	831-4229
GOLF		
Stephen Main	Director of Golf	831-4025
Riley Burns	GA Assistant Coach	
RODEO		
John Young	Head Coach	n/a
Jason Tapley	Assistant Coach	n/a
SHOOTING SPORT		
	Head Coach	831-4011
SOCCER		
Vladimir Simic	Men's Head Coach	831-4217
Charley Dukes	Men's Assistant Coach	831-4251
Stefan Cekic	Men's Assistant Coach	831-4251
Sam Green	Men's Assistant Coach	831-4251
SOCCER - Women's		
Drew Hawkins	Women's Head Coach	831-4218
Leticia Seabra	Assistant Coach	831-4218
SOFTBALL		
Jason McKinney	Head Coach	831-4111
Strength & Conditioning		
Danny Capps	Head Coach Powerlifting	
Jianping Ma	Head Coach Weight Lifting	831-4311
Seth Williams	GA Assistant Coach	
STUNT		
Patricia Blankenship	Director of Spirit Squads/STUNT Head Coach	831-4119
SPORTS INFORMATION		
Andy Pulverenti	Sports Information Director	831-4230
Ky Streeter	Assistant SID	831-4230
TENNIS		
Caroline Matz	Head Coach	831-4272
TRACK/CROSS COUNTRY		
Kohbi Kellerman	Assistant Track & Field/Cross Country Coach	831-4267
Ian Slama	Assistant Track & Field/Cross Country Coach	831-4267

WOMEN'S FLAG FOOTBALL		
Dillon Humphreys	Head Coach	831-4071
MEN'S WRESTLING		
Beau Vest	Head Coach	831-4158
Chase Zollmann	Assistant Coach	831-4158
WOMEN'S WRESTLING		
Kevin Corbett	Head Coach	831-4307
Kassidy Ramirez	Assistant Coach	831-4307

NAIA / Heart Conference / Affiliate Schools

MVU competes in the National Association of Intercollegiate Athletics (NAIA), and is a member of the Heart of America Athletic Conference (Heart). There are 16 full members of the Heart and several affiliate members of various sports:

<u>School:</u>	<u>Mascot:</u>	<u>Location:</u>
Baker University	Wildcats	Baldwin City, Kansas
Benedictine College	Ravens	Atchison, Kansas
Central Methodist University	Eagles	Fayette, Missouri
Clarke University	Pride	Dubuque, Iowa
Culver-Stockton College	Wildcats	Canton, Missouri
Graceland University	Yellowjackets	Lamoni, Iowa
Grand View University	Vikings	Des Moines, Iowa
MidAmerica Nazarene University	Pioneers	Olathe, Kansas
Missouri Baptist University	Spartans	St. Louis, Missouri
Missouri Valley University	Vikings	Marshall, Missouri
Mount Mercy University	Mustangs	Cedar Rapids, Iowa
Peru State College	Bobcats	Peru, Nebraska
William Penn University	Statesmen	Oskaloosa, Iowa
Park University	Pirates	Parkville, Missouri
William Woods University	Owls	Fulton, Missouri
St. Ambrose University	Fighting Bee's	Davenport, Iowa

Athletic Sport Offerings

Missouri Valley University has the following sports for which the Heart of America Conference currently recognizes Conference Champions. Missouri Valley University also sponsors the following sports as a varsity sport outside of the Heart of America, noted with asterisks (*).

Men's Sports

Baseball

Basketball

Women's Sports

Basketball

Cross Country

Coed Sports

Competitive Cheer

Competitive Dance

Cross Country	Golf	* Esports
Football	Soccer	* Olympic Lifting
Golf	Softball	* Powerlifting
Soccer	Indoor Track & Field	* Rodeo
Indoor Track & Field	Outdoor Track & Field	* Shooting Sports
Outdoor Track & Field	Tennis	* Stunt
Tennis	Volleyball	
Volleyball	Wrestling	
Wrestling	Flag Football	

Student Athlete Code of Conduct

Each student-athlete associated with the intercollegiate athletics program is expected to represent MVU in an honorable and respectful manner at all times. Student-athletes are highly visible University representatives to the student body and the community.

MVU student-athletes are expected to adhere to the Student-Athlete Pledge as set forth by the NAIA "Champions of Character" program emphasizing these five core values: **Respect, Responsibility, Integrity, Servant Leadership and Sportsmanship.**

While participating in the athletic department, student-athletes are expected to accept the following responsibilities:

At Missouri Valley University, we respect the right of every individual to peacefully express their views. We are a multicultural campus and we fully embrace our diversity. We are proud of our ability to expand our thinking as a community of learners by respectfully listening to and recognizing the opinions of others and trying to see issues from viewpoints other than our own. An important part of becoming a member of our campus is to respect and honor the valued tradition here at Missouri Valley University.

Athletics

- Provide all correct information and/or documents pertaining to age, experience and past collegiate/professional participation and attendance.
- Maintain academic eligibility as defined by MVU and the NAIA.
- Adhere to the institutional and Athletic Drug and Alcohol policies as defined by MVU and the

NAIA

- Represent your athletic program in a positive manner at all times on and off of campus.

Academics

Academic integrity is expected and required of all students. Students and faculty are responsible and accountable for personally upholding that integrity. Cheating will not be tolerated, and students found guilty of cheating in any way will be disciplined according to policy found in the [College Catalog & Student Handbook](#).

Basic NAIA Eligibility Rules for Student-Athletes (Covid exceptions excluded)

- A. Entering freshmen can be eligible immediately with an overall 2.300 GPA on a 4.0 scale AND cleared by the Registrar
 - a. Alternatively, an entering freshman must meet two of the three following criteria:
 - i. Achieve a minimum of 18 on the ACT or a 970 on the SAT.
 - ii. Have had a minimum of a 2.00 high school grade point average on a 4.0 scale.
 - iii. Have graduated in the top half of his/her high school graduating class.
 - iv. Register and be cleared to participate through the NAIA Eligibility Center.
 - v. Must be cleared by the Registrar
- B. Each athlete must register for at least 12 hours for the Fall and Spring semesters.
- C. **IMPORTANT:** Dropping below 12 hours will render you ineligible. You must obtain your coach's approval to drop a course.
- D. All student-athletes must have passed 24 hours in the previous two semesters in order to be eligible. Up to 12 hours earned during the summer may be applied to the 24-hour rule.
- E. Upon reaching your junior academic standing, you must have at least a 2.0 cumulative GPA from that point forward in your attendance.
- F. To play a third season, you must have earned 48 hours; to play a fourth season, 72 hours and still maintain a cumulative 2.0 GPA.
- G. Repeat Courses: There are special rules, depending on the grade earned in the previous course as to whether or not it can be counted towards the 24-hour rule. Check with your coach and Registrar for clarification.

Athletic Competition

- A. All student athletes must have an athletic based personal insurance policy* and current physical on file with the athletic training office to participate in preseason, in season or postseason workouts.
 - a. **It is required that each athlete has a minimum of 9 month insurance policy covering the full academic year)**
- B. You are expected to conduct yourself in competition in a respectful and sportsmanlike manner as set forth in the Student Athlete Code of Conduct and by the NAIA "Champions of Character" program emphasizing its five core values: Unacceptable behavior includes, but is not limited to:

- a. Taunting opponents, coaches or fans.
- b. Abusing officials, either physically or verbally.
- c. Using profanity in practices or games.
- d. Fighting with an opponent, before, during or after a competition.
- e. Throwing objects in an attempt to cause harm or express anger.
- f. Making derogatory remarks to the media directed at MVU, athletes or coaches.

General Conduct

- 1. Abide by the rules and regulations of Missouri Valley University. Link: [2026-2027 Missouri Valley University Catalog & Student Handbook](#)
- 2. Refrain from consuming alcoholic beverages or illegal drugs. Student-athletes are randomly tested for these substances (see policy that follows this section.)
- 3. Refrain from participating in any gambling activity that involves intercollegiate athletics.

Sport Specific Team Rules

Coaches may have team rules that may be more stringent than the athletic department's rules and may cover areas not cited above or in the MVU Student Handbook.

Student-Athlete Grievance Procedure

The following procedures have been established to help guide a student-athlete through a potential grievance (with a staff member of the Athletic Department) and hopefully settle the matter in a professional manner:

- 1. The student-athlete should meet with the staff member with whom he/she has a grievance.
- 2. If the grievance is not resolved to the satisfaction of the student-athlete, the student-athlete should write a statement in full detail about the grievance and submit that statement to the Athletic Director. The AD's office will then set up an appointment between the student-athlete and the AD
- 3. After the first meeting between the student-athlete and the AD, a second meeting may be called to include the person against whom the grievance has been filed.
- 4. If the grievance is still not resolved to the satisfaction of the student-athlete, the student-athlete may submit his/her statement to the Vice President of Academics. The Vice President will respond to the student-athlete within five (5) working days and may subsequently call for a

meeting between any or all of the aforementioned parties.

5. If the grievance is still not resolved to the satisfaction of the student-athlete, he/she may submit a written appeal to the President.

Missing Classes Due to Competition

It is the Student-athletes responsibility to inform instructors as to when they will miss classes due to competition. This must be done in advance of a contest. If a contest is rescheduled due to a rainout or if a team is playing in the postseason, student-athletes are expected to also communicate this information to instructors as soon as they are made aware of the changes.

If final exams need to be taken early or rescheduled, a "Request for Change in Examination Schedule" form will be distributed by the coach to his/her athletes. The student-athlete must take the form to each instructor for signature and then return the form to the Vice President for Academic Affairs, who gives final approval to requests.

Scholarship Award Adjustments

Student-athlete scholarship awards are based on eligibility requirements and may be adjusted if a student's enrollment, housing, residency, or course status changes. Scholarship awards are subject to institutional, conference, NAIA, federal, and state regulations, as applicable.

Scholarship award amounts may be adjusted for reasons including, but not limited to:

- Dropping below full-time enrollment.
- Changes in enrollment status, including withdrawal from courses or the institution.
- Changing from primarily in-person coursework to a fully online course schedule.
- Changes in housing status, including moving from campus housing to off-campus housing, which may result in an adjustment to a commuter scholarship rate.
- Changes in residency status.
- Loss of eligibility for federal, state, institutional, athletic, or other aid programs.

Other circumstances not listed above may also result in a review or adjustment of a student's scholarship award and overall financial aid package.

Students with questions regarding scholarship or financial aid adjustments should contact the Financial Aid Office and/or the Athletics Department.

Athletic Transfer Policy

Any student wishing to transfer from Missouri Valley University to another collegiate institution must:

1. Speak / notify his/her head coach at MVU with said intent to transfer.
2. Require the institution they are intending to transfer to send a Tracer to the MVU Athletic Directors Office, in care of Keeley Boss bossk@moval.edu
3. Follow all normal check out procedures for the institution and athletic department to ensure that

there are no outstanding billings or fees.

4. Student athletes wishing to transfer within the Heart of American Athletic conference might be required to fulfill a 16 week residency requirement before participation is allowed.

Requests for being added to the NCAA Portal can not be completed by any NAIA institution.

****There is not an NAIA Portal****

Mandatory Day Off Policy

The Missouri Valley University Athletics Department, in accordance with the National Association of Intercollegiate Athletics (NAIA), adheres to a mandatory day off policy once per week during our academic year. The week begins on Sunday and runs through Saturday. The day off must occur once during each week.

The day off policy restricts mandated team activity (Practice, weight training, competition, fundraising, study hall, etc) during one day per calendar week. Communication between student-athletes and coaches is permitted, student-athletes are also allowed to train on an individual basis (Weight training and their individual sport) on this day.

Student-athletes are encouraged to use this policy toward academic responsibilities, physical recovery, mental health management and religious observations.

MISSOURI VALLEY UNIVERSITY ATHLETIC TRAINING ROOM

Athletic Training Facility Hours

A. Fall Semester: August 2026-December 2026

a. Monday thru Friday

8:00am to 12:00pm	Treatment/Evaluation Hours
12:00pm to 1:00pm	Closed for Lunch
1:00pm to 3:00pm	Treatment/Evaluation Hours by Permission of a Certified Athletic Trainer Only
3:00pm to 6:00pm	Practice Coverage Only (No Treatments/Evaluations during this Time)
6:00pm to 8:00am	Closed (If emergency, call 9-1-1)

b. Saturday and Sunday

- i. On the weekends, we are only available for practice/game coverage. Any treatments/evaluations need to be set-up with a Certified Athletic Trainer. **If there is an emergency, call 9-1-1.**

B. Spring Semester : January 2027-May 2027 Monday thru Friday

10:00am to 12:00pm	Treatment/Evaluation Hours
12:00pm to 1:00pm	Closed for Lunch
1:00pm to 3:00pm	Treatment/Evaluation Hours by Permission of a Certified Athletic Trainer Only
3:00pm to 5:00pm	Practice Coverage Only (No Treatments/Evaluations during this Time)
5:00pm to 10:00Pm	Closed (If emergency, call 9-1-1)

a. Saturday and Sunday

- i. On the weekends, we are only available for practice/game coverage. Any treatments/evaluations need to be set-up with a Certified Athletic Trainer. **If there is an emergency, call 9-1-1.**

C. Finals Week/Holidays

- a.** Anyone who wishes to schedule any treatments or an evaluation during this time period will need to contact a Certified Athletic Trainer.

Athletic Training Room Rules

The Missouri Valley University Athletic Training Staff strives to maintain a clean, safe & efficient facility in order to promote the best prevention, evaluation, and rehabilitation of injuries for our student-athletes. In order to do so, the following Athletic Training Facility Policies have been established:

- a.** Treatment times are scheduled on an appointment-only basis— walk-ins do not guarantee treatment at busy times.
- b.** All student-athletes must sign-in prior to receiving any kind of treatment or evaluation
- c.** Always treat the athletic trainers and athletic training students with respect.
- d.** If you need taped be here at least 30 minutes before regular practice.
- e.** Treatment hours are from 8am to noon in the Fall and 10 am to noon in the spring. Any additional treatment times must be scheduled with the certified athletic trainer in charge of your sport.
- f.** Pick up after yourself. Put it back if you get it out.
- g.** No cleats

- h. Dress properly when entering the training room. Pull up your shorts/pants and wear a shirt.
- i. No loitering - do not hang out with your friends who are doing treatment.
- j. No use of athletic training facility equipment unless supervised by an athletic training staff member.
- k. No removal of equipment or supplies from the athletic training facility unless approved by an athletic training staff member.
- l. Shower quickly after practice and before coming into the training room to receive any post-practice needs.
- m. NO CELL PHONE/ELECTRONICS USE- Including headphones, tablets, etc.
- n. Horseplay and loud, obnoxious behavior will not be tolerated.
- o. Respect for the athletic training staff and fellow student-athletes is demanded while in the athletic training facility.
- p. Any student-athlete who fails to adhere to these policies may be asked to leave the athletic training facility. The Missouri Valley University Athletic Training Staff appreciates compliance to these policies.

MISSOURI VALLEY UNIVERSITY ATHLETIC DEPARTMENT **SUBSTANCE ABUSE POLICY**

Statement of Philosophy

Missouri Valley University is dedicated to promoting and preserving the integrity of athletics for the benefit and welfare of student-athletes. Consistent with that goal, MVU is concerned about assisting student-athletes to cope with the substance abuse problem in our society. Through this policy, MVU desires to communicate a clear message of zero tolerance to student-athletes about substance abuse in a positive, forceful, and straightforward manner. Sports participation at MVU is considered a privilege. Substance abuse is considered an abuse of this privilege and will be addressed with the following policy.

Random Drug Testing Policy

A. Drug Testing Consent Form

All athletes are required to sign a Drug Testing Consent Form before being allowed to participate in sports at MVU. This form allows the athletic director, athletic trainer, or head coach to request that an athlete test for substance abuse at any time during the school year for the banned drugs that appear on the MVU Banned Drug List in addition to anabolic steroids, HGH, diuretics, urine manipulators, and any drug masking agents.

B. Athlete Notification of a Random Test Selection

All athletes are required to have a current method of contact for his/her coaching staff and the athletic training staff at all times. Athletes are subject to random drug testing at all times throughout the academic year.

- a. Athletes will be notified by phone the evening before the test date by 10:00pm.
- b. Drug testing begins at 6:00am. Athletes will have a 2 hour time window in which he/she must report for testing.
- c. If athlete is a no show, administrator will call coach of the athlete at 7:00am
- d. All testing closes at 8:00am. You must produce a sample in the 2 hour window given.
- e. Failure to report to the testing site will result in a failed test.

C. Refusing Drug Testing/Failure to Test

An athlete who refuses to take a drug test when requested is considered to have a failed drug test and will continue the process that he/she falls under in the substance abuse policy until it is completed. An athlete who fails to attend a scheduled drug test and provides a sampling during the allotted testing window is considered to have a failed drug test and will fall into the appropriate category and continue the process that he/she falls under in the substance abuse policy until it is completed.

D. Collection of Specimen

- a. Athletes must have a photo ID for identity verification.
- b. Athletes can choose a collection kit and fill the collection cup to the line indicated in the presence of a certified athletic trainer. The athletic director and coach may also be present during the collection of the specimen.
- c. Athletes will be shown that the ID number on the sealed collection cup matches the ID number on the chain of custody form ID.
- d. Athletes will observe the sealing of the specimen bottle with the placing of a seal over the lid of the cup.
- e. Athletes will read, complete, and sign the donor affidavit.

E. Results

Once an athlete has submitted a specimen, he/she will remain eligible until the results of the drug test are secured by the head athletic trainer. All results are confidential. The only people who will be contacted about the results of the drug test will be the athlete/donor, the head athletic trainer, the head coach of the specific sport, the athletic director and the Campus Life Office.

a. Negative Results

- i. If the results of the test come back negative, the cost of the drug test will be paid by MVU. The athlete will be contacted by the head athletic trainer about the results and remain eligible to participate in athletics at MVU. The results of the test will be shared only with the athlete/donor, the head athletic trainer, the head coach of the specific sport, and the athletic director. Even if an athlete tests

negative for a drug test, he/she may be tested again during the year as agreed to by signing the MVU Drug Testing Consent Form.

b. Positive Results

- i. If the results of the test come back positive, the cost of the test **will be paid by the athlete**. The athlete will be contacted by the head athletic trainer and immediately suspended from participating in all MVU athletic functions (practices & games) for "Violation of Athletic Department Policy".

c.

All positive test results are accumulative for the duration of the athlete's tenure at MVU.

If the event date coincides with Christmas break or while there are no games or practices scheduled due to a break in classes, the suspension will commence when the team returns to campus for the continuation of their season.

Drug Test Results Procedure

A. First Positive Result (IN SEASON)

- a. If the results of the test come back positive, **the cost of the test will be paid by the athlete** and immediately suspended from participating in all MVU athletic functions. The athlete has 48 hours to contact the MVU counseling center and set an appointment date for substance abuse counseling and is not eligible for any team practices until the verification of the pending appointments with the counseling center. The AD's office will notify the head athletic trainer, coach and athlete donor that the athlete will be able to resume team practices.
- b. During this event period the athlete will be expected to attend all team practices and functions as determined by the coach and the athlete will be expected to:
 - i. **Undergo counseling that will be set up through the MVU counseling center at the discretion of the athletic director, coach and head athletic trainer.**
 - ii. **Complete 20 community service hours to be determined by the AD Office in conjunction with the Head Coach.**
 - iii. The Office of Campus Life will be notified of a failed test result but the name will remain confidential and will not be released to any other campus faculty, campus staff, campus administrators, or the media
 1. If the athlete is under 18, the parent(s)/guardian(s) will be notified by the athletic director. If the athlete is 18 or older, the parent(s)/guardian(s) will not be notified. The head athletic trainer, the head coach of the specific sport, and the athletic director will attempt to provide the athlete with all the help that he/she feels is necessary. This period should be dedicated to helping the athlete work through his/her substance abuse problem and any other problems that he/she may have academically, personally, etc.

- c. After the event date guidelines have been met, the athlete may or may not be reinstated onto the team at the discretion of the athletic director, head athletic trainer and head coach. Reinstatement will be partially based upon whether the athlete has satisfied all counseling requirements or other activities that were deemed necessary by the athletic director and head athletic trainer. Information on reinstatement will be offered at a scheduled meeting between the athlete, athletic director, and the head athletic trainer, and the head coach of the specific sport. The athlete may be retested for substance abuse again at any time during the academic year. Retesting may be a requirement for sports reinstatement.
- d. *The event date guidelines are mandatory for all sports. If this event date coincides with Christmas Break or while there are no games or practices scheduled due to a break in classes, the suspension will commence when the team returns to campus for the continuation of their season.*

B. First Positive Result (OUT OF SEASON)

- a. All procedures will remain the same as the In-Season positive results.

C. Second Positive Result (IN SEASON)

- a. If the results of the test come back positive, **the cost of the test will be paid by the athlete**. The athlete will be contacted by the head athletic trainer and immediately suspended from participating in all MVU athletic functions (practices & games) for 2 weeks for "Violation of Athletic Depart. Rules".
- b. During this 2 week period, the athlete will be expected to undergo counseling that will be set up at the discretion of the athletic director and head athletic trainer. In addition, the athletic director may inform the parent(s)/guardian(s) of the athlete, the Campus Life Office and the Financial Aid Office of the results of this second positive test.
- c. The athlete may or may not be reinstated onto the team at the discretion of the athletic director, coach and head athletic trainer. Reinstatement will be partially based upon whether the athlete has satisfied all counseling requirements or other activities that were deemed necessary by the athletic director, coaching staff and head athletic trainer. Information on reinstatement will be offered at a scheduled meeting between the athlete, athletic director, and the head athletic trainer, and the head coach of the specific sport. The athlete may be retested for substance abuse again at any time during the academic year. Retesting may be a requirement for sports reinstatement.
- d. *The 2-week suspension period is mandatory for all sports. If this 2-week suspension coincides with Christmas Break or while there are no games or practices scheduled due to a break in classes, the suspension will commence when the team returns to campus for the continuation of their season.*

D. Second Positive Result (OUT OF SEASON)

- a.* If the results of the test come back positive, **the cost of the test will be paid by the athlete**. The athlete will be contacted by the head athletic trainer and immediately. During this event period the athlete will be expected to attend all team practices and functions as determined by the coach and the athlete will be expected to:
 - i.* **Undergo counseling that will be set up through the MVU counseling center at the discretion of the athletic director, coach and head athletic trainer.**
 - ii.* **Complete 40 community service hours to be determined by the AD Office in conjunction with the Head Coach prior to the end of said school year.**
- b.* In addition, the athletic director may inform the parent(s)/guardian(s) of the athlete, the Campus Life Office and the Financial Aid Office of the results of this second positive test.
- c.* The athlete may or may not be reinstated onto the team at the discretion of the athletic director, coach and head athletic trainer. Reinstatement will be partially based upon whether the athlete has satisfied all counseling requirements and other activities that were deemed necessary by the athletic director, coaching staff and head athletic trainer. Information on reinstatement will be offered at a scheduled meeting between the athlete, athletic director, and the head athletic trainer, and the head coach of the specific sport. The athlete may be retested for substance abuse again at any time during the academic year. Retesting may be a requirement for sports reinstatement.

E. Third Positive Result

- a.* If an athlete is re-tested and the results come back positive a third time, **the cost of the test will be paid by the athlete**. The athlete will be prohibited from participating in athletics at MVU for one calendar year from the date of the third test.
- b.* In addition, the athletic director will inform the parent(s)/guardian(s) of the athlete, the Campus Life Office and the Financial Aid Office of the results of this third positive test. This could result in the athlete being removed from campus housing and losing all financial aid for schooling. If the athlete remains enrolled at MVU, the head athletic trainer, coaching staff and athletic director will try to help the athlete in any way possible in regards to counseling and finding professional help.
- c.* After one calendar year, the athlete may or may not be reinstated onto the team at the discretion of the coach and athletic director. Reinstatement will be partially based upon whether the athlete has satisfied all counseling requirements or other activities that were deemed necessary by the athletic director, coaching staff and head athletic trainer during the suspension period. Information on reinstatement will be offered at a scheduled meeting between the athlete, athletic director, and the head athletic trainer, and the head coach of the specific sport. The athlete may be retested for

substance abuse again at any time during the academic year. Retesting may be a requirement for sports reinstatement.

- d. The 1-year suspension period is mandatory for all sports.*

F. Fourth Positive Result

- a.* If an athlete is re-tested and the results come back positive a fourth time, **the cost of the test will be paid by the athlete.** The athlete will be banned from participating in athletics at MVU for the remainder of the athlete's attendance at MVU.
- b.* The athletic director will inform the parent(s)/guardian(s) of the athlete, the Campus Life Office and the Financial Aid Office of the results of this positive test and the ban from athletics. This will result in the athlete being removed from campus housing and losing all financial aid for schooling in the next immediate session. The institution will try to help the athlete in any way possible in regards to counseling and finding professional help.

G. Positive Results Dispute Procedures

- a.* If the results of the screening come back positive and the athlete donor disputes the results he/she may request an independent lab process the sampling by the end of the work day (not to exceed 5:00pm) to verify the findings of the initial screening. All costs of the independent testing will be paid by the athlete. The athlete will continue the suspension process as stated in the MVU Substance Abuse Policy for the athlete donors numbered offense.
- b.* If the verification process findings come back from the independent lab as a negative test result the athlete donor will be offered immediate reinstatement at a scheduled meeting between the athlete, athletic director, head athletic trainer, and the head coach of the specific sport. Upon verification of a Positive test result the athlete donor will continue the process that he/she falls under in the substance abuse policy until it is completed.
- c.* One of the testing centers an athlete can go to to produce a secondary lab screening is at:
Missouri Valley Sports Medicine Orthopedics
910 Thompson Blvd.
Sedalia, MO 65301
(660) 826-5750

H. Penalties for Cheating on a Drug Test

- a.* If an athlete is caught trying to cheat on a drug test (ie. providing fake urine, supplying bottled urine from an outside container, using an aid to adjust the temperature of the specimen, etc.) the penalty will be more severe than the regular penalty for admitting or producing a positive test. The penalty shall range from adding an additional step in the process to dismissal from MVU. (example: if an athlete is caught attempting to alter the results on the First positive test it would

automatically be considered a failed test and move the athlete into the Second positive tests required steps for reinstatement and continue from there in subsequent failed tests)

Consequences of Marijuana on MVU Campus (from MVU Student Handbook)

If the student is an athlete, their Head Coach will be notified.

Punishment for those with marijuana over 21 are as follows: Range of punishment. Warning, to probation, to loss of housing to suspension

Punishment for those with marijuana under 21 are as follows: Warning to probation which includes mandatory counseling and testing to suspension.

For those individuals caught in possession of marijuana with the intent to distribute, punishment will be automatic suspension and referred to local authorities.

Drug Testing Frequency

The MVU Athletic Department will conduct random drug testing throughout the academic year for the banned drugs that appear on the MVU Banned Drug List in addition to anabolic steroids, HGH, diuretics, urine manipulators, and any drug masking agents. All teams/programs within the MVU Athletic Department will participate.

Initial team testing will include up to 10% of the program's athletes listed on the eligibility roster but may be broken into separate test dates. Teams will be subject to random testing a minimum of 2 times per academic semester. Initial team testing may be extended throughout the academic year to include pre-season, in-season and postseason time frames. Individual programs may choose to random test the team as many times throughout the academic year as they deem necessary.

A. Athletes with positive results

- a. Athletes testing positive may be retested without notification at any time throughout their career at MVU.

B. Retesting athletes

- a. Continued retesting may be a requirement by the coaching staff, athletic administration or counseling center for sports reinstatement of athletes that have previously tested positive.

Coach Requested Drug Testing Policy

A. Coaches Requesting student/athlete to be Tested for Drugs and Controlled Substances

- a. If a coach is suspicious of a student-athlete using drugs or alcohol and wants to initiate a test, the coach must:
 - i. Write a memo outlining the basis for suspicion and submit the memo to the AD Office.

- ii. Meet with the AD Office to determine if further investigation or other intervention is necessary.
 - 1. If approved, AD will notify Athletic Training staff and a testing day will be determined.
- iii. All Athletic Department Requested Testing will follow the same protocol as the random drug testing.
- iv. A coach from the program of the student-athlete will be required to be in attendance during testing.

Alcohol & Tobacco Products

The use of alcohol, tobacco, and tobacco products is not permitted by participants, coaches, cheerleaders, athletic trainers, game administrators, or officials in the playing areas of all NAIA sanctioned competition and practices for such competition. The institution's coaching staff, event games committee, administrators, or host site coordinator shall enforce this NAIA policy through the following steps.

- A. On the first offense, the individual(s) shall receive an official warning.
- B. A second and subsequent offense will cause expulsion from the game, tournament or event.
- C. Continued offenses could result in removal from the program for the remainder of the season.

MISSOURI VALLEY UNIVERSITY - BANNED DRUG LIST:

A. Stimulants:

B. Anabolic Agents: anabolic steroids

C. Substances Banned for Specific Sports:

D. Diuretics:

E. Street Drugs:

F. Peptide Hormones and Analogues:

a. Definitions of positive depends on the following:

- i. for caffeine - if the concentration in urine exceeds 15 micrograms/ml.
- ii. for testosterone - if the administration of testosterone or use of any other manipulation has the result of increasing the ratio of the total concentration of

testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.

- iii. for marijuana and THC - if the concentration in the urine of THC metabolite exceeds 15 nanograms/ml.

For more information see Article VIII of the [NAIA Official Policy Handbook](#).

EMERGENCY PROCEDURES

A. Home Practice/Games

- a. Unconscious athlete or seriously injured athlete needing special removal from the field or court
 - i. Stabilize and stay with the athlete. Instruct someone to call RESCUE 911 immediately, give location, athlete's name and nature of injury. Instruct someone to watch for the ambulance and direct them to injured athlete,
 - ii. Send someone to get a staff athletic trainer if available. DO NOT move the athlete until properly trained personnel arrive.
 - iii. Make arrangements for someone to go with the athlete to the hospital,
 - iv. Record injury on proper charts.
- b. Possible Fracture
 - i. If fracture is suspected and an x-ray is needed, follow this procedure:
 - 1. Local Hospital - call the Emergency Room and inform the staff that you are coming, give proper information about the athlete.
- c. Rescue Squad on Call
 - i. An ambulance is on location at all home football games only. Any other event will require calling rescue if a serious injury occurs, call 911.

B. Away Meets/Practice/Games

- a. Find out what the host school has available for emergencies, transportation, physician on call, health center use, crutches, stretchers, air splints and where athletic trainers will be located if covering an event.
- b. Locate the nearest cell phone if playing facilities are outside away from the main facility.
- c. Someone should go to the hospital with an athlete who is transported. If you go, make sure someone is covering your team.
- d. Instruct the hospital that the bill should be sent to the athlete's parents.

- e. Inform the head athletic trainer about the injury as soon as possible upon return to campus.
- f. If the host school physician indicates a need for an emergency, try to contact the head athletic trainer or team physician before anything is done.

Missouri Valley University - Social Networking Policy

[Download as PDF](#)

Missouri Valley University recognizes that social networking web sites (i.e. Facebook, Twitter, Snapchat, Instagram), are a part of the University's culture. Social networking web sites offer students many opportunities to keep connected with their family, friends, and other social groups, not only at MVU, but across the world. When students connect with others online, they typically post information, including pictures and other content to share, with all of those who are able to access the web site.

Occasionally, students will post information that is deemed threatening or illegal or may be a violation of MVU policy. Examples include photos or statements depicting hazing, harassment, illegal drug or alcohol use, or threatening. Violations of MVU policy, or evidence of such violations in the content of social networks or platforms, are subject to investigation and sanction under MVU's Student Handbook or Student Code of Conduct, and may result in discipline up to and including dismissal from MVU.

Guidelines for Students Accessing Social Networking Web Sites

These guidelines are intended to provide a framework for MVU students to conduct themselves safely and responsibly in an online environment. Student at Missouri Valley University should:

- Be careful with how much and what kind of identifying information is posted on social networking web sites. Virtually anyone with an email address can access your personal page. Posting personal information such as date of birth, social security number, address, residence hall room number, class schedule, bank account information, or details about daily routine is extremely dangerous and is not recommended. Such personal information can facilitate identity theft or stalking. Facebook and other sites provide numerous privacy settings for information contained in its pages, so use these settings to protect personal information; however, once posted, the information becomes the property of the web site.
- Potential and current employers often access information placed on social networking web sites, so any information posted on Facebook or similar directories provides an image of you to an employer. The information is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.
- Do not respond to unsolicited emails asking for passwords or PIN numbers. Reputable businesses never ask for this information in emails.
- Be aware that messages or postings placed on a social networking web site may be perceived as offensive or threatening, or as a violation of MVU's Student Handbook or Code of Conduct. Messages or postings on social networking web sites often lack context, and, though intended to be a joke or something merely humorous, they may not be perceived in that way. MVU retains

complete discretion in determining whether activity on a social networking web site constitutes a violation of MVU's policies.

MISSOURI VALLEY UNIVERSITY SEXUAL MISCONDUCT POLICY

Appendix A

WEIGHT ROOM POLICIES

- All participants must obtain a physical checkup and insurance coverage before working out in the weight room facility.
- Cleaning will be done after each team session by selected athletes, work study participants or Coaches.
- Use a spray bottle and cleaning rag.
- Dirty rags will be placed in a small can next to cubbies.
- Avoid using multiple stations
- **Athletes** will enter into the first door from the entryway, and will exit from either the garage door or the second door from the entry way depending on weather.
- All participants are working out at their own risk.
- All participants must have a valid MVU identification card with them to use the facility unless participating in a scheduled Varsity team lifting session.
- Wear proper training attire, particularly shirts and athletic shoes at all times. **(no open ended shoes ie. flip flops)**
- Shoes must be tied in the weight room
- NO other College or University gear is to be worn in the weight room.
- **Shirts must be worn at all times.**
- Music played in the weight room will be clean and edited and controlled by the coach on duty
- Do not bring backpacks or bags in the facility.
- Do not lean wt. plates or bars against equipment or walls **AT ANY TIME.**
- Do not drop dumbbells or weight plates **AT ANY TIME.**
- Always return dumbbells and weights to the rack in their proper order after exercising.
- All squatting types of exercises must be performed inside the squat rack with the safety catches in place **AT ALL TIMES.**
- Use bumper plates only on the platforms for power-oriented exercises
- Move the weights from the rack to the bar only. Re-rack your weights after each time of use.
- NO kettlebells, plates, or dumbbells are to leave the weight room without permission from Director of Strength and Conditioning
- Use spotters for structural exercises
- Use collars and spring locks on the ends of bars at all times.
- Do not wear weight belts if they contact equipment upholstery.
- Keep feet off the walls.
- Show respect for equipment and facilities at all times; spitting in or defacing the facility is not tolerated and will result in immediate expulsion.
- Do not engage in horseplay, use loud or offensive language, or have temper tantrums.
- Do not bring tobacco, food, chewing gum, glass bottles, cans, alcohol, drugs, or banned

substances in the facility; plastic water bottles are acceptable.

- **No mixing of supplements in the weight room. All drinks must have a lid.**
- Guard personal belongings, as the supervisors are not responsible for them.
- Do not wear jewelry such as loose necklaces, bracelets, hanging earrings, or watches.
- Minimize chalk and powder on the floor.
- General Students (including former varsity athletes) must sign a waiver form and have permission from either the Athletic Director or the Director of Strength and Conditioning to participate.
- Report any facility-related injury, or facility or equipment irregularity to the supervisor on duty.
- Non-Athletic Department personnel are allowed to use the facilities with permission of the athletic director after signing waiver forms.
- Recognized users may include current MVU athletes, MVU students, faculty and staff, and with permission visiting teams.
- Understand all visitors need to report to the Facility Director's Office to sign a waiver form prior to using the facility.
- **Understand that on-duty supervisors, MVU coaches and the Athletic Director's Office have authority over all weight room conduct and use of equipment and may expel any participant or athlete from the facility for failure to follow these instructions**

APPENDIX B



Missouri Valley University Student Activities Monitoring System



To Be Completed By Student:

Student Name: _____

Instructor: _____

Class: _____

To Be Completed By Instructor:

Attendance: (Circle One) Excellent Average Poor

Participation & Assignments: (Circle One) Excellent Average Poor

Estimated Grade: (Circle One) A B C D F

Comments: _____

Instructor's Signature: _____ Date: _____

Thank you for your assistance in monitoring our student's progress.

Appendix C

DRUG, ALCOHOL & CONTROLLED SUBSTANCES TESTING POLICY FOR INTERCOLLEGIATE ATHLETES ACKNOWLEDGMENT AND CONSENT FORM

I acknowledge that I have reviewed a copy of the Missouri Valley University Student-Athlete Handbook, which contains the Drug, Alcohol, and Controlled Substances Testing Policies for Intercollegiate Athletes. I understand the policy, and I understand that the Implementation Procedure and Testing Protocol adopted by the University may be amended from time to time, with or without notice, at the sole discretion of Missouri Valley University. I further understand that, Pursuant to the policy, Implementation Procedure and Testing Protocol, I may be required to submit to a drug and alcohol test at any time.

STUDENT-ATHLETE'S SIGNATURE - Click Link Below Under Champions of Character Pledge

NAIA CHAMPIONS OF CHARACTER PLEDGE

Each game and practice, in which I participate, will provide me with an opportunity to be a "Champion of Character."

I pledge, as an NAIA student-athlete, to accept the five core character values of the NAIA and will do my best to represent the NAIA, my institution, my teammates, and myself by:

Respecting my opponent, the officials, my teammates, the game, and myself:

Taking **responsibility** for my actions in all areas of my life;

Having the **integrity** to stand by my word;

Providing **servant leadership** where I serve others while striving to be a personal and team leader;

Being an example of **sportsmanship** by holding myself to the highest standards of fair play;

STUDENT-ATHLETE'S SIGNATURE LINK:

[Student Signature Link](#)