

# **Missouri Valley College Athletic Training Program Four-Year Clinical Plan & Clinical Hours Minimum/Maximum Policy**

## **Prospective (Observation) Athletic Training Student (Freshman Year)**

- During AL 110 and AL 120 (Introduction to Athletic Training I and II) the prospective athletic training student is expected to observe the daily operations of the Missouri Valley College athletic training facility and the athletic trainers within that facility. A minimum of 75 observation hours are required to apply for entry into the Missouri Valley College Athletic Training Program.
  - The goals of this observation process are to:
    - Allow the Missouri Valley College athletic training staff and enrolled athletic training students to interact with the prospective athletic training student.
    - Allow the prospective athletic training student to observe the athletic training profession in order to determine if becoming an athletic trainer is their career goal.
- Complete the prerequisite courses, observation hours, and ATP application materials.
- Submit all application materials as described in the Missouri Valley College Athletic Training Program Application for Admission Form.

# Missouri Valley College Athletic Training Program Four-Year Clinical Plan & Clinical Hours Minimum/Maximum Policy

## Sophomore Athletic Training Student

- The athletic training student has been formally admitted into the Missouri Valley College Athletic Training Program.
- Complete a minimum of 75 and a maximum of 150 clinical hours per semester with a minimum of 1 day off per week. The athletic training student may be assigned to the following clinical sites: Missouri Valley College Student Health Center, Peak Sport and Spine, Fitzgibbon Hospital, Bothwell Regional Health Center, Marshall High School, Smith-Cotton High School, Warsaw High School, Cole Camp High School, Cooper County Memorial Hospital, Boonville High School, and the Missouri Valley College Athletic Training Facility. The athletic training student will rotate between preceptors who supervise and guide their education. These clinical experiences will consist of three, 5-week rotations each semester and are scheduled by the Clinical Education Coordinator.
  - Below are the MINIMUM hours for each preceptor type:
    - General medical preceptor – MVC SHC – 15 hours
    - Rehabilitation center preceptor – Peak Performance PT or Cooper County Memorial Hospital – 15 hours
    - MVC on-campus preceptor – MVC Athletics – 30 hours
    - High school preceptor – Marshall HS, Boonville HS, Warsaw HS, Cole Camp HS, or Smith-Cotton HS – 20 hours
  - A sophomore athletic training student may complete a MAXIMUM of 150 clinical hours per semester. Once the athletic training student has completed the minimum number of clinical hours with his/her assigned preceptor the athletic training student has the choice to utilize his/her “volunteer” hours with any preceptor s/he chooses. When the athletic training student has utilized all of his/her “volunteer” hours for the semester s/he will be limited to performing only their assigned clinical rotations.
- A sophomore athletic training student may serve as a mentor to prospective athletic training students and may be mentored by junior and senior athletic training students.
- Receive satisfactory clinical performance evaluations from each preceptor.
- Successfully complete all weekly hours logs, self, preceptor, and site evaluations.
- Successfully satisfy the requirements of the Missouri Valley College ATP Retention and Academic/Clinical Probation Policy at the conclusion of each semester.
- Successfully perform any remediation deemed necessary by the Missouri Valley ATP as described in the Academic and Clinical Remediation Policy.

# Missouri Valley College Athletic Training Program Four-Year Clinical Plan & Clinical Hours Minimum/Maximum Policy

## Junior Athletic Training Student

- Complete a minimum of 125 and a maximum of 250 clinical hours per semester with a minimum of 1 day off per week. The athletic training student may be assigned to the following clinical sites: Fitzgibbon Hospital, Bothwell Regional Health Center, Marshall High School, Smith-Cotton High School, Warsaw High School, Cole Camp High School, Cooper County Memorial Hospital, Boonville High School, The Columbia Orthopedic Group, Marshall Orthopedic & Sports Medicine, Reid Medical Clinic, and the Missouri Valley College Athletic Training Facility. The athletic training student will rotate between preceptors who supervise and guide their education. These clinical experiences will consist of one, 7-week and one, 8-week rotation each semester and are scheduled by the Clinical Education Coordinator.
  - Below are the MINIMUM hours for each preceptor type:
    - High school preceptor – Marshall HS, Boonville HS, Warsaw HS, Cole Camp HS, or Smith-Cotton HS – 40 hours
    - MVC on-campus preceptor – MVC Athletics – 55 hours
    - Cooper County Memorial Hospital – 35 hours
    - Observe a minimum of 3 orthopedic surgeries
      - Each junior athletic training student will observe orthopedic surgeries with either Dr. Kelly Ross or Dr. Bus Tarbox during the academic year (as scheduled by the Clinical Education Coordinator).
    - Observe a minimum of 15 hours within a family medicine practice
      - Each junior athletic training student will observe the operation of a general medical practice with Dr. Tim Reid during the academic year (as scheduled by the Clinical Education Coordinator).
- A junior athletic training student may complete a MAXIMUM of 250 clinical hours per semester. Once the athletic training student has completed the minimum number of clinical hours with his/her assigned preceptor the athletic training student has the choice to utilize his/her “volunteer” hours with any preceptor s/he chooses. When the athletic training student has utilized all of his/her “volunteer” hours for the semester s/he will be limited to performing only their assigned clinical rotations.
- A junior athletic training student may serve as a mentor for prospective and sophomore athletic training students and may be mentored by senior athletic training students.
- Receive satisfactory clinical performance evaluations from each preceptor.
- Successfully complete all weekly hours logs, self, preceptor, and site evaluations.
- Successfully satisfy the requirements of the Missouri Valley College ATP Retention and Academic/Clinical Probation Policy at the conclusion of each semester.
- Successfully perform any remediation deemed necessary by the Missouri Valley ATP as described in the Academic and Clinical Remediation Policy.

# Missouri Valley College Athletic Training Program Four-Year Clinical Plan & Clinical Hours Minimum/Maximum Policy

## Senior Athletic Training Student

- Complete a minimum of 175 and a maximum of 350 clinical hours per semester with a minimum of 1 day off per week. The senior athletic training student is typically assigned to the Missouri Valley College Athletic Training facility; but may be assigned to another clinical site(s) depending on his/her future career interest(s) and goal(s). A senior athletic training student may perform a clinical rotation at a clinical site which is currently not part of the Missouri Valley College Athletic Training Program. The senior athletic training student is responsible for selecting the clinical site and making initial contact with the proposed site supervisor and preceptor. The Missouri Valley College Program Director and Clinical Education Coordinator will then evaluate the proposed clinical site/preceptor to ensure a quality semester-long clinical experience is possible. If the proposed clinical site/preceptor meets these standards, the Program Director and Clinical Education Coordinator will place the clinical site under a site contract and perform preceptor training so the senior athletic training student can participate. These clinical experiences will consist of one clinical experience per semester assigned by the Clinical Education Coordinator. In order for a senior athletic training student to perform a clinical rotation with a clinical site that is not part of the regular offerings, the senior athletic training student must first meet the Missouri Valley College ATP BOC Exam Challenge Policy.
  - Below are the MINIMUM hours for each preceptor type:
    - Minimum 150 under the supervision of the assigned preceptor
    - The athletic training student must complete a MINIMUM of an additional 25 clinical hours under the supervision of any MVC preceptor. It is the choice of the athletic training student who these mandatory additional clinical hours are supervised by.
  - A senior athletic training student may complete a MAXIMUM of 350 clinical hours per semester. Once the athletic training student has completed the minimum number of clinical hours with his/her assigned preceptor the athletic training student has the choice to utilize his/her “volunteer” hours with any preceptor s/he chooses. When the athletic training student has utilized all of his/her “volunteer” hours for the semester s/he will be limited to performing only their assigned clinical rotations.
- A senior athletic training student may serve as a mentor to all prospective and current athletic training students.
- Receive satisfactory clinical performance evaluations from each preceptor.
- Successfully complete all weekly hours logs, self, preceptor, and site evaluations.
- Successfully satisfy the requirements of the Missouri Valley College ATP Retention and Academic/Clinical Probation Policy at the conclusion of each semester.
- Successfully perform any remediation deemed necessary by the Missouri Valley College ATP as described in the Academic and Clinical Remediation Policy.
- Successfully obtain the score of “mastery” on each athletic training competency by graduation.
- Apply for graduate assistant positions, professional school, or athletic training employment.
- Satisfy the Missouri Valley College ATP BOC Exam Challenge Policy.

# **Missouri Valley College Athletic Training Program Four-Year Clinical Plan & Clinical Hours Minimum/Maximum Policy**

## **Clinical Hours During Mandatory Remediation:**

- Any athletic training student who is currently undergoing mandatory remediation as part of the Missouri Valley College Athletic Training Program will have his/her clinical hours limited so the athletic training student has additional time to focus on his/her academic preparation.
- Any sophomore athletic training students will be limited to a **MAXIMUM** of 6 clinical hours per week
- Any junior or senior athletic training student will be limited to a **MAXIMUM** of 12 clinical hours per week.
- The athletic training student can be removed from morning treatment rotations and/or have their clinical rotation changed to allow additional study time.
- The program director can determine an alternative
- Any athletic training student who voluntary undergoes remediation is exempt from this limitation if s/he chooses to be.

# **Missouri Valley College Athletic Training Program Four-Year Clinical Plan & Clinical Hours Minimum/Maximum Policy**

## **Clinical Hours Minimums and Maximums Reasoning:**

The minimum clinical hours are to ensure an athletic training student has adequate exposure to specific preceptors, clinical sites, patient populations, and clinical experiences during their enrollment in the Missouri Valley College Athletic Training Program

The maximum clinical hours are to ensure the athletic training student is not replacing professional athletic training staff or other medical personnel.

Any “volunteer” hours an athletic training student chooses to perform is completely 100% at his/her digression. These “volunteer” hours should be viewed by the athletic training student and preceptor as a way the athletic training student can receive additional training to address his/her weaknesses or to gain additional exposure to an clinical site or preceptor to assist the athletic training student in building and developing his/her resume for his/her future career as an athletic training or allied health care provider.

The Missouri Valley College ATP highly recommends that each athletic training student maximize their exposure to each preceptor and clinical site. By doing this, the athletic training student will be able to practice learned skills and apply classroom theories more often. Maximizing the number of clinical hours performed may result in an increased clinical ability and athletic training related learning.

The minimum total clinical hours for the Missouri Valley College ATP is 750.

The maximum total clinical hours for the Missouri Valley College ATP is 1500.

## **The purpose of clinical courses:**

- 1) First, clinical courses are designed to give athletic training students the opportunity to become exposed to an array of potential athletic training employment settings.
- 2) Second, clinical courses are designed to assist athletic training students develop various prevention, treatment, and rehabilitation while communicating effectively with patients and health care providers as described in the Athletic Training Education Competencies and the BOC behaviors.
- 3) Third, clinical courses allow athletic training students to increase his/her personal awareness of topics related to the Athletic Training profession and various clinical settings and employment opportunities.

# **Missouri Valley College Athletic Training Program Four-Year Clinical Plan & Clinical Hours Minimum/Maximum Policy**

## **Clinical Class Instructional Format:**

The clinical rotations/experiences are designed to operate in a seminar format. Thus, athletic training students are expected to take an active part in their clinical site(s) and positively interact with his/her preceptors. Interaction among athletic training students and their preceptor is vital to a successful and enjoyable experience for each individual.

Athletic training students can influence portions of their clinical rotations by identifying learning goals and objectives along with his/her particular weaknesses. Once these are identified and communicated to the preceptor the athletic training students' clinical rotation time can be better utilized to improve deficiencies in skills and knowledge.

These courses are comprised of both field-based and classroom-based activities. The clinical sites in which athletic training students perform the field component, have agreed to work with the Missouri Valley College Athletic Training Program. As a result, remember that athletic training students are visitors to the clinical site and the preceptors have the final responsibility for the safety and education of the athletic training student as well as patient safety. These preceptors have volunteered their time to work with the Missouri Valley College Athletic Training Program, so please remember to be a professional and be mindful of dress, speech, and behavior, at all times.

Failure to comply with the clinical criteria may result in dismissal from the clinical site, clinical course, a notice of formal reprimand, and/or the Missouri Valley College Athletic Training Program.