

NAME	STUDENT NAME			CATALOG YEAR	2021-Present		
MAJOR	Exercise Science			CONCENTRATION			
			BS				

Course Number		Course Title	Credit Hours	Offered	Prerequisites	Student Records	
						Semester	Grade
BI	275	Principles of Human Anatomy and Physiology	4	F/S	BI 104 with a "C" or better		
EX	100	Introduction to Exercise Science	2	F/S			
EX	230	Prevention and Treatment of Injuries	3	F	BI 275 with a "C" or better		
EX	245	Personal Health and Conditioning	2	F/S			
EX	307	Theories of Strength and Conditioning	3	F/S	BI 275 and EX245 with a "C" or		
EX	320	Health and Fitness Testing	3	F/S	BI 275 and MA 200 with a "C" or		
EX	334	Kinesiology	3	F/S	BI 275 with a "C" or better		
EX	335	Exercise Physiology	3	F/S	BI 275 with a "C" or better		
EX	359	Community Health	2	F/S			
EX	385	Human Nutrition	3	F/S	BI 275 with a "C" or better		
EX	400	Health Promotion and Exercise Prescription	3	F/S	EX 320 with a "C" or better		
MA	200	Statistics	3	F/S	MA 150 or higher		
EX	485	Senior Seminar	2	F/S	Senior Year		
PE	300	Organization and Administration of PE/Athletic Programs	2	F/S			
PE	233	First Aid and CPR	2	F/S			
PE	240	Motor Development	3	F/S			
PE	333	Psychology and Sociology of sport	3	F/S	PY 100		

NOTES:	TOTAL HOURS		46
	This major includes 27 upper-division credits. A total of 40 upper division credits are required for graduation.		
	NOTES / CAREER GOALS / PLANS		

Graduation Degree Requirements	120 Credit Hours 40 Hours Upper Division
Major Degree Requirements	46 Total Credit Hours 2.0 GPA Major Courses with no Pass/Fail in Major
Other	

MAJOR ASSESSMENT:	
All Exercise Science majors must take an exit examination in their final semester prior to graduation. Students will be notified via email to schedule the exam.	

Suggested Electives						Terms For Offered	
EX	402	Sports Nutrition	2	Interseason	EX385		
EX	401	Health Promotion Internship	3	F/S	Senior Standing		
						USE	MEANING
						F	Fall
						S	Spring
						F/S	Fall/Spring
						S Odd	Spring Odd
						F Odd	Fall Odd S Even
						Spring Even	F Even Fall Even

						Even	
						Sum	
						Arr	Summer
						OC	Arranged
							On Cycle

MINOR 2016-17							
Course Number		Course Title	Credit Hours	Offered	Prerequisites	Semester	Grade
MINOR INSTRUCTIONS							
BI	255	Human Anatomy and Physiology/Lab	4	F/S	BI124		
EX	245	Personal Health	2	F/S	PE221 or Sophomore status		
EX	230	Care and Prevention of Injuries	3	F/S	BI 255 with a "C" or better		
		<i>At least 3 hours from the following:</i>					
EX	307	Theory of Coaching Weight Training	3	F/S	BI 255 with a "C" or better		
EX	334	Kinesiology	3	F/S	BI 255 with a "C" or better		
EX	335	Exercise Physiology	3	F/S	BI 255 with a "C" or better		
EX	385	Human Nutrition	3	F/S	BI 255 with a "C" or better		
		TOTAL HOURS	18				