

Missouri Valley College Athletic Training Program Minimum Dress Standards

For Current Athletic Training Students (Sophomores, Juniors, and Seniors)

During all Missouri Valley College athletic practices, or treatment times, a Missouri Valley College Athletic Training shirt (i.e., t-shirt, collared shirt, sweatshirt, or jacket), a shirt provided by a Missouri Valley College athletic team (i.e., football, soccer, volleyball), the shirt of an approved Missouri Valley College ATP clinical site, or the apparel which was given to you by an Athletic Training internship you earned; must be worn with either khaki (cotton or cotton looking) pants or shorts. Wearing mesh shorts are at the digression of your preceptor and clinical site. Missouri Valley College color (or black) wind-breaker/warm-up pants are acceptable substitutes; cotton jogging pants are not. Closed-toed shoes (tennis or dress shoes) must be worn; open-toed shoes are not acceptable. Apparel displaying the names and/or logos of other colleges/universities or denim jeans/shorts is not appropriate at any time.

During all home (and away) Missouri Valley College athletic games/events the preceptor determines the acceptable apparel. Some sports (i.e., basketball, wrestling, volleyball) may involve wearing clothing that is substantially fancier than others.

During inclement weather (i.e., cold, rain, snow) you need to dress so that you are comfortable for the situation. The outer (visual) layer of clothing must conform to the Missouri Valley College ATP Minimum Dress Standards. A jacket which is predominantly Missouri Valley College colors (or black) with no other college/university logos or symbols may be worn as outer-wear. Any apparel you wish to wear under the outer layer is acceptable. If what is visible conforms to the Missouri Valley College ATP Minimum Dress Standards it does not matter what is worn underneath.

During your assigned morning treatment times (daily until 2:00 PM), or any other time you are in the Missouri Valley College Athletic Training Facility, your dress must not be inappropriate or provocative. Your clothes must not be torn over socially inappropriate areas, or reveal socially inappropriately areas during regular movements, and must not contain language or symbols which may be considered profane or degrading. "Sunday treatments" may fall under this exception if approved in advanced by the preceptor.

If one preceptor interprets your dress does not conform to these standards and a different preceptor does not agree, or if there is a conflict, a meeting will occur with the Program Director (either in-person or by e-mail). The ruling of that meeting is final.

Baseball hats or visors are acceptable to be worn outside, but not inside. The hat must be predominantly Missouri Valley College colors (or black) and may not contain the logo or name of any other college besides Missouri Valley College. The hat must be worn with the bill facing forward over your face (i.e., not to the side, backwards).

During off-campus clinical rotations you must dress appropriate for that clinical site. Some clinical sites may allow you to wear a Missouri Valley College t-shirt while other may require a collared shirt. Contact your preceptor to determine the proper attire. The Missouri Valley College ATP will abide by the opinion of that preceptor to determine the appropriate attire for that clinical site.

If your apparel does not conform to the Missouri Valley College ATP Minimum Dress Standards the following penalties will occur:

1. You will be asked to leave and change.
2. Your preceptor will not approve the hours you spent at your clinical site that day.
3. A notice of formal reprimand may be written.

The preceptor you are assigned to is responsible for enforcing this policy. It is at the discretion of the preceptor as to which penalty is appropriate for the situation.

Missouri Valley College Athletic Training Program Minimum Dress Standards

For Observation Athletic Training Students (Freshmen)

During any time in which you are performing observation hours you must wear khaki (cotton or cotton looking) pants or shorts with your orange "observation student" t-shirt tucked in. Missouri Valley College color (or black) wind-breaker/warm-up pants are acceptable substitutes. Closed-toed shoes (tennis or dress shoes) must be worn; open-toed shoes are not acceptable. Apparel displaying the names and/or logo of other colleges/universities is not appropriate at any time.

During all home Missouri Valley College athletic games/events you will be informed before hand (typically on the sign-up sheet) pertaining to the acceptable apparel. Some sports (i.e., basketball, wrestling, volleyball) may involve wearing clothing that is substantially fancier than others. *It is your responsibility to contact the preceptor or athletic training student to ask what acceptable attire for that event is and abide by that decision.* It is not the preceptor or athletic training student's responsibility to find and inform you.

At no time is mesh/athletic (polyester, or similar material) shorts or denim jeans/shorts appropriate to be worn during a Missouri Valley College athletic practice, treatment time, or game.

If one preceptor or current athletic training students determines your dress does not conform to these standards and a different preceptor or current athletic training student does not agree, or if there is a question, a meeting will occur with the Program Director (either in-person or by e-mail). The ruling of that meeting is final. The preceptor of any particular event (i.e., game/tournament) has the final apparel decision as it pertains to that specific event.

During inclement weather (i.e., cold, rain, snow) you need to dress so that you are comfortable for the situation. The outer (visual) layer of clothing must conform to the Missouri Valley College ATP Minimum Dress Standards. A jacket which is predominantly Missouri Valley College colors (or black) with no other college/university logos or symbols may be worn as outer-wear. Any apparel you wish to wear under the outer layer is acceptable. If what is visible conforms to the Missouri Valley College ATP Minimum Dress Standards it does not matter what is worn underneath.

Baseball hats or visors are acceptable to be worn outside, but not inside. The hat must be predominantly Missouri Valley College colors (or black) and may not contain the name or logo of any other college besides Missouri Valley College. The hat must be worn with the bill facing forward over your face (i.e., not to the side, backwards).

If your apparel does not conform to the Missouri Valley College ATP Minimum Dress Standards the following penalties will occur:

1. You will be asked to leave and change.
2. The preceptor or current athletic training student will not approve the hours you spent in the Missouri Valley College Athletic Training Facility that that day.
3. The Program Director (and/or the instructor of the AL 130 course) will be informed.

The current athletic training students are responsible for enforcing this policy.

It is at the discretion of the preceptor, Program Director, and current athletic training students as to which penalty is appropriate for the situation.

Missouri Valley College Athletic Training Education Program Minimum Dress Standards

“Casual Friday” Criteria and Exceptions

A current Missouri Valley College athletic training student, staff, or faculty member may participate in “Casual Friday” if they choose to.

“Casual Friday” is a day where the following exceptions to the Minimum Dress Standards will be allowed in the Missouri Valley College Athletic Training facility only. These exceptions are not applicable to ANY Missouri Valley College affiliated clinical sites.

- Jeans, mesh shorts, jogging pants, or other generally not allowed clothing maybe worn during Missouri Valley College athletic practices and afternoon treatment times. The clothing may not be torn over socially inappropriate areas, or reveal socially inappropriately areas during regular movements, contain language or symbols which may be considered profane or degrading, or display the name and/or logo of other colleges/universities.
- Open-toed shoes are never acceptable.
- An acceptable shirt meeting the Minimum Dress Standards must still be worn.
- “Casual Fridays” is not allowed during any Missouri Valley College home games or events.

In order to participate in “Casual Friday” the athletic training student, staff, or faculty member must a \$1 donation to the Missouri Valley College ATSO each day in which s/he chooses to participate in “Casual Friday.” The donation must be made to a member of the Missouri Valley College ATSO leadership council or placed in the container in the Missouri Valley College athletic training facility in accordance with the “honor system”. If a donation is not made and the individual participates in “Causal Friday” the individual will not be able to participate in “Casual Friday” for the remainder of the semester under any circumstances.

Clothing worn during “Casual Friday” may still be deemed inappropriate by a consensus vote by the Missouri Valley College preceptors and will be determined in the same manner as described in the Minimum Dress Standards.