THREE MVC TRACK AND FIELD STUDENT ATHLETES RECEIVE HAAC HONORS

Marshall, Mo. (February 3, 2014)- Three Missouri Valley College indoor track and field team student-athletes received weekly honors from the Heart of America Athletic Conference for their performances at the Principia Relays in Elsah, Ill. Senior Jeff Crouch (Sedalia, Mo.) was named the HAAC Men’s Indoor Field Athlete of the Week, Sophomore Brittany Brisco (San Diego, Calif.) was named the HAAC Women’s Field Athlete of the Week and Freshman Spencer Head (Camas, Wash.) was named the HAAC Men’s Track Athlete of the Week.

Crouch won his first conference award by placing No. 5 in the shot put with a distance of 13.09 meters. He also ran in the 60 meter dash finishing No. 38 in a time of 8.47 seconds.

Brisco won her first conference award by placing third in the long jump with a distance of 4.96 meters.

Head won his first conference award by finishing second in the distance medley with a time of 10:43.42. He also helped Missouri Valley win the 4x800 meter relay with a time of 8:01.54.

The Viking indoor track and field program will be in action at the Missouri Invitational in Columbia, Mo., on Friday, Feb. 7.

ABOUT MISSOURI VALLEY COLLEGE
Known for its dynamic, richly diverse, and friendly educational environment, Missouri Valley College offers many opportunities to grow in mind, body, and spirit. Grounded in the liberal arts, undergraduate studies empower students to master interdisciplinary skills needed to succeed in a knowledge-based global society. MVC offers over 40 academic programs, study abroad program, honors program, extracurricular activities, and 13 sports. The most popular majors include education and business, and some new majors are ag-business, nursing, graphic design, and health information systems (associate degree). Above all, Valley is committed to student success. For more information, call (660) 831-4000 or visit www.moval.edu.