FOR IMMEDIATE RELEASE

Two Vikings Earn Weekly Conference Honors

Marshall, Mo. (January 27, 2014) - Two Missouri Valley College student-athletes have earned weekly conference honors from the Heart of America Athletics Conference. Junior Sarah Niemeier (Germany) was named HAAC Women’s Indoor Track and Field Athlete of the Week, and Junior Nico Martinez (Ontario, Ore) was named HAAC Wrestler of the Week.

Niemeier competed in two events during the weekend at the University of Kansas’ Jayhawk Classic, finishing in the top two in each competition. Niemeier won the 1-mile with a time of 5:20.51, setting a new school record in the event and finished second in the 1,000 meter run with a time of 3:04.19. Niemeier anchored the winning 4x200 meter relay team with a time of 1:56.90 while also taking second in the 400 meter run with a time of 1:02.70 at the Snowbird Open at Illinois College.

Martinez went 4-0 at the Mustang Open at Central Baptist College last Saturday winning the 165 pound weight class. He beat two conference foes, including a 19-5 major decision over Trevor Sutton of Baker University in the championship match.

The Missouri Valley track and field team will compete in Elsah, Ill., this weekend at the Principia College Relays. Missouri Valley will resume action this weekend in Blue Springs, Mo., for a dual with Maryville University.

For a complete list of this week’s conference honorees, visit www.haacsports.com.

ABOUT MISSOURI VALLEY COLLEGE

Known for its dynamic, richly diverse, and friendly educational environment, Missouri Valley College offers many opportunities to grow in mind, body, and spirit. Grounded in the liberal arts, undergraduate studies empower students to master interdisciplinary skills needed to succeed in a knowledge-based global society. MVC offers over 40 academic programs, study abroad program, honors program, extracurricular activities, and 13 sports. The most popular majors include education and business, and some new majors are ag-business, nursing, graphic design, and health information systems (associate degree). Above all, Valley is committed to student success. For more information, call (660) 831-4000 or visit www.moval.edu.