MVC MEN’S CROSS COUNTRY NATIONALLY RANKED TO END SEASON

Marshall, Mo. (December 1, 2013)- The Missouri Valley College men’s cross country team will finish the 2013 season as the No. 23 ranked team in the NAIA Men’s Cross Country Coaches’ Top 25 Poll. The Vikings competed in the NAIA Men’s Cross Country National Championships at Rim Rock Farm in Lawrence, Kan. The Vikings placed No. 23 as a team at the National event, capping off one of the best seasons in program history.

The Vikings were led at the National meet by Freshman Spencer Head (Camas, Wash.) who placed No. 48 overall at the National meet. The Vikings earned a trip to the National meet by winning the Heart of America Athletic Conference team championship earlier this month. It was just the second conference title in program history, and the first since 1986.

MVC started the 2013 season ranked No. 24 in the preseason poll, and remained in the “others receiving votes” category throughout the season. Also, Head Coach Nathan Christianson was named the HAAC Men’s Coach of the Year for his team’s effort during the season and in the HAAC Championships.

For the complete rankings go to www.naia.org
ABOUT MISSOURI VALLEY COLLEGE

Known for its dynamic, richly diverse, and friendly educational environment, Missouri Valley College offers many opportunities to grow in mind, body, and spirit. Grounded in the liberal arts, undergraduate studies empower students to master interdisciplinary skills needed to succeed in a knowledge-based global society. MVC offers over 40 academic programs, study abroad program, honors program, extracurricular activities, and 13 sports. The most popular majors include education and business, and some new majors are ag-business, nursing, graphic design, and health information systems (associate degree). Above all, Valley is committed to student success. For more information, call (660) 831-4000 or visit www.moval.edu.