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FIVE VIKINGS RECOGNIZED ON ALL-CONFERENCE VOLLEYBALL TEAM

Marshall, Mo. (November 22, 2013)- The Missouri Valley College women’s volleyball team wrapped up its 2013 season with five student-athletes earning all-conference honors from the Heart of America Athletic Conference, including two members on the first team.

Senior Tarrah Sweet (Roswell, N.M.) was named to the first team all-conference as a setter, and Freshman Lauren Eldridge (Kansas City, Mo.) was named to the all-conference first team as an outside hitter. Sweet led the HAAC in assists with a total of 1071, which averaged out to over 10 assists per game. Sweet also finished with 86 total kills, a hitting percentage of .355, 28 service aces and 66 total blocks. This is the second all-conference award for Sweet, as she was named to the all-conference second team in 2012. Sweet also was named HAAC Setter of the Week twice during the regular season. Eldridge earned her first team recognition by finishing fourth in the conference in total kills with 340 and was second in the conference in kills per game with a 3.6 average. Eldridge also finished third in the conference in aces with 40 and finished tenth in the conference in hitting percentage at .244. Eldridge also had the HAAC’s individual high for points in one match, with 29 points, against Peru State College on Oct. 19.

Earning second team all-conference honors was Senior Libero Diane Dellasala (Houston, Texas). Dellasal finished fourth in the conference in total digs with 511 and fourth in digs per game with a 4.8 average. This was the first all-conference award for Dellasala in her career as a Viking. Dellasala was named the HAAC Libero of the Week twice during the regular season.
Two Vikings were named to the honorable mention all-conference list, Senior Outside Hitter Ana Calito (Rio de Janiero, Brazil) and Junior Opposite Taylor Trotter (Bartonville, Ill.) Calito finished the season with 225 total kills, averaging 2.3 kills per game. Calito also finished ninth in the conference in total aces with 34 and sixth in aces per game. Calito also finished the season with 285 blocks, just under three per game. Calito was also a first team all-conference selection in 2012. Trotter finished the season with 232 total kills. She also finished sixth in the conference in total blocks with 90 and eighth in blocks per game with 0.8.

MVC finished the season with a 24-7 overall record. It’s the best record for the women’s volleyball team since the 1994 season.

ABOUT MISSOURI VALLEY COLLEGE
Known for its dynamic, richly diverse, and friendly educational environment, Missouri Valley College offers many opportunities to grow in mind, body, and spirit. Grounded in the liberal arts, undergraduate studies empower students to master interdisciplinary skills needed to succeed in a knowledge-based global society. MVC offers over 40 academic programs, study abroad program, honors program, extracurricular activities, and 13 sports. The most popular majors include education and business, and some new majors are ag-business, nursing, graphic design, and health information systems (associate degree). Above all, Valley is committed to student success. For more information, call (660) 831-4000 or visit www.moval.edu.