MVC MEN’S CROSS COUNTRY WINS MEET SATURDAY

Marshall, Mo. (October 26, 2013)- The Missouri Valley College men’s cross country team competed in the St. Louis Falls Cross Country Classic in St. Louis, Mo. Saturday. The Vikings had four runners finish in the top 10 and won the team championship at the meet. The men’s team is currently in the “others receiving votes” category in the latest NAIA Men’s Cross Country Coaches’ Top 25 Poll.

Freshman Phillip Cheriyout (Nairobi, Kenya) won the men’s 8k race in a time of 25:42. Finishing in fourth place overall was Freshman Nolan Ryan (St. Peters, Mo.) in a time of 26:43. Senior Ignacio Franco (Hoesca, Spain) took fifth place in a time of 26:47 and Junior Ken Kigpng’etich (Nairobi, Kenya) placed No. 8 in a time of 26:57. Also scoring for MVC was Senior Chase Burgess (Lamar, Mo.) who placed No. 11 in a time of 27:25. The Vikings as a team scored 29 total points, defeating second place Campbellsville University by 12 team points.

On the women’s side, Senior Amanda Buhr (Jefferson City, Mo.) was the only MVC women’s cross country runner to compete. Buhr finished No. 6 overall in the 5k race finishing with a time of 19:51.

The cross country teams will next compete at the Heart of America Athletic Conference championships Nov. 9 in Marshall, Mo. The meet will take place at Indian Foothills Golf Course.

ABOUT MISSOURI VALLEY COLLEGE
Known for its dynamic, richly diverse, and friendly educational environment, Missouri Valley College offers many opportunities to grow in mind, body, and spirit. Grounded in the liberal arts, undergraduate studies empower students to master interdisciplinary skills needed to succeed in a knowledge-based global society. MVC offers over 40 academic programs, study abroad program, honors program, extracurricular activities, and 13 sports. The most popular majors include education and business, and some new majors are ag-business, nursing, graphic design, and health information systems (associate degree). Above all, Valley is committed to student success. For more information, call (660) 831-4000 or visit www.moval.edu.