MVC WOMEN’S WRESTLING STARTS SEASON RANKED NO. 5

Marshall, Mo. (October 23, 2013) - The Missouri Valley College women’s wrestling team will begin its season as the No. 5 ranked team in the Women’s College Wrestling Association Poll. The Vikings are tied for the No. 5 spot with the University of Jamestown (N.D.) while King (Tenn.) College begins the women’s wrestling season ranked No. 1.

The Vikings also start the season with five individuals ranked in their respective weight classes. Those ranked for MVC include:

Freshman Paulina Biega (Gizycko, Poland) who is ranked No. 8 at 101 pounds, Sophomore Christina Bautista (El Paso, Texas) who is ranked No. 7 at 109 pounds, Junior Jacarra Winchester (San Leandro, Calif.) who is ranked No. 2 at 123 pounds, Senior Frances Efiong (Arlington, Texas) who is ranked No. 7 at 143 pounds and Senior Brittany Jones (Grapevine, Texas) who is ranked No. 6 at 170 pounds.

The No. 5 Vikings opened their season with the Lindenwood Triangular earlier this month. MVC will be in action Friday and Saturday at the Oklahoma City University Duals in Oklahoma City, Okla.

ABOUT MISSOURI VALLEY COLLEGE
Known for its dynamic, richly diverse, and friendly educational environment, Missouri Valley College offers many opportunities to grow in mind, body, and spirit. Grounded in the liberal arts, undergraduate studies empower students to master interdisciplinary skills needed to succeed in a knowledge-based global society. MVC offers over 40 academic programs, study abroad program, honors program, extracurricular activities, and 13 sports. The most popular majors include education and business, and some new majors are ag-business, nursing, graphic design, and health information systems (associate degree). Above all, Valley is committed to student success. For more information, call (660) 831-4000 or visit www.moval.edu.