MVC WOMEN’S WRESTLING OPENS SEASON FRIDAY NIGHT

Marshall, Mo. (October 12, 2013)- The Missouri Valley College women’s wrestling team opened its season Friday night at Lindenwood University in a triangular with Lidenwood and McKendree University. The Vikings defeated the Lindenwood “Black” team 21-13, but were defeated by the Lindenwood “Gold” team 32-11 and McKendree 27-20.

In the 21-13 victory over the Lindenwood “Black” team the Vikings started in an early 5-0 deficit due to a forfeit in the 109 pound weight class. The Vikings picked up a 10-0 technical fall victory in the 123 pound weight class from Junior Jacarra Winchester (San Leandro, Calif.). The Vikings picked up another 10-0 victory in the 136 pound weight class from Senior Mayleen Soto (Azusa, Calif.), and in the 143 pound weight class Senior Frances Efiong (Arlington, Texas) earned a 6-0 victory. Chandra Crawford earned a forfeit victory in the 155 pound weight class and Senior Brittany Jones (Grapevine, Texas) rounded up the women’s scoring in the 170 pound weight class with a 10-0 victory.

The Vikings fell short against the Lindenwood “Gold” team 32-11. Both teams left the 101 pound weight class open, and the Vikings left the 109 and 116 weight classes open. Winchester earned the first points for MVC in the 123 pound weight class with a pin 2:55 in the match and Sharice Schnell gave MVC a victory in the 130 pound weight class with a 10-9 victory. Efiong added to the MVC point total with a 4-2 decision in the 143 pound weight class to round out the scoring for MVC.

In the final dual of the evening the Vikings fell to McKendree 27-20 despite giving McKendree 20 points by leaving the 101, 109, 116 and 123 pound weight classes open. The Vikings picked up victories in the 130 pound weight class by Winchester in an 11-1 decision. Efiong earned a victory by pin 1:56 into her 143 pound match. Jones also earned a victory by pin in the 170 pound weight class at the 2:16 mark in the match and Sophomore LaChae Bynum-Banks (Pittsburg, Calif.) picked up a victory by forfeit in the 191 pound weight class.
The Vikings will next be in action at the OCU Duals in Oklahoma City, Okla., Oct. 25-26.

ABOUT MISSOURI VALLEY COLLEGE
Known for its dynamic, richly diverse, and friendly educational environment, Missouri Valley College offers many opportunities to grow in mind, body, and spirit. Grounded in the liberal arts, undergraduate studies empower students to master interdisciplinary skills needed to succeed in a knowledge-based global society. MVC offers over 40 academic programs, study abroad program, honors program, extracurricular activities, and 13 sports. The most popular majors include education and business, and some new majors are ag-business, nursing, graphic design, and health information systems (associate degree). Above all, Valley is committed to student success. For more information, call (660) 831-4000 or visit www.moval.edu.