MVC CROSS COUNTRY RECEIVES WEEKLY HAAC HONOR

Marshall, Mo. (September 30, 2013)- Missouri Valley College men’s cross country runner Freshman Phillip Cheruiyot (Nairobi, Kenya) has been named the Heart of America Athletic Conference Runner of the Week for his efforts at the Cowboy Jamboree over the weekend.

Running on a rain-soaked course at Oklahoma State University in Stillwater, Okla., Cheruiyot finished with a time of 27:23 in the 8k race which was good enough to place No. 23. Cheruiyot led the Viking men’s team that finished No. 8 in the team standings, and has helped the men’s cross country team be in the “others receiving votes” category in the last two NAIA Men’s Cross Country Coaches’ Top 25 Poll. This is the second weekly conference award for Cheruiyot, as he earned this award on Sept. 9.

The MVC cross country teams will be in action again Saturday, Oct. 12 at the Pre-National Meet at Rimrock Farm in Lawrence, Kan.

ABOUT MISSOURI VALLEY COLLEGE
Known for its dynamic, richly diverse, and friendly educational environment, Missouri Valley College offers many opportunities to grow in mind, body, and spirit. Grounded in the liberal arts, undergraduate studies empower students to master interdisciplinary skills needed to succeed in a knowledge-based global society. MVC offers over 40 academic programs, study abroad program, honors program, extracurricular activities, and 13 sports. The most popular majors include education and business, and some new majors are ag-business, nursing, graphic design, and health information systems (associate degree). Above all, Valley is committed to student success. For more information, call (660) 831-4000 or visit www.moval.edu.