Sack Lunch or Pre-Game Meal Program Information

Fresh Ideas will be happy to provide sack lunches or pre-game meals for your activities. With the following guidelines, we will strive to make this a seamless process for everyone involved.

- If you are traveling to an institution that Fresh Ideas serves, a meal may be exchanged at the campus facilities. Prior arrangements may be set up through Craig L. Rich or Chef Eron. Schools at this time include William Jewell College, Westminster College, Southwest Baptist University, Maryville University, Ranken College, Harris-Stowe State University, Stephens College, Hannibal-LaGrange College, Williams Baptist College, William Woods University, McPherson College, Southwestern College, Concordia Seminary and Philander Smith College.

- For Fall sports we must have the following information by August 25, 2015, Winter sports by October 27, 2015 and Spring sports by January 14, 2016.
  1. Name of activity (football, baseball, basketball etc.).
  2. Requested date and time of your sack lunch pick-up or pre-game meal.
  3. Student names along with ID’S (48 hours prior to meal event).

- If you request meals and they are not picked up, your department will be charged for all meals without a 24 hour cancellation notice. To cancel your request contact Craig L. Rich at 660-831-4007 richc@moval.edu, Chef Eron Baker 660 – 831 4159 bakere@moval.edu or Catering Manager Kyle Wehner 660 – 831-4159 wehnerk@moval.edu.

- Sack lunches or pre-game meals arranged for students and coaches that are not on a meal plan will be charged to your department. The cost for sack lunches and pre-game meals will be $5.50. All bills will be forwarded to Stacy Gann on a weekly basis.

- Everyone within your group must choose the same sack lunch options.

Additional bottled water will be $.85 per bottle of water for any of the above options.

You will be billed for any additional meals or snacks that do not correspond a student ID not on a meal plan. We ensure that the food is prepared and held at safe temperatures. It is your responsibility to provide a cooler or some way of maintaining the sack lunches after it leaves our facility. Someone will be available for sack lunch pick-up in the Kitchen: Monday-Friday from 5:45 a.m. - 8:00 p.m. Saturday and Sunday 8:00 a.m. - 8:00 p.m. Please make prior arrangements with Craig L. Rich / Chef Eron Baker if you need to pick up your food at times other than those stated.
Pre-Game Meals

Fresh Ideas will be happy to try to accommodate your group by providing a pre-game meal. There will be an additional $45 charge for pre-game meals. If these times will not accommodate your group you must submit your request through Ken Oliver for further consideration. If you are not able to arrange a pre-game meal Fresh Ideas will provide a meal exchange in the snack bar. This only applies to game days, and must be approved by the Athletic Director.

Dining Hall Hours of Operation

Monday - Friday
Breakfast 7:00 a.m. - 9:30 a.m.
Continental Breakfast 9:30 - 10:30 a.m.
Lunch 10:45 a.m. - 1:30 p.m.
Deli, Pizza and Salad Bar 1:30 - 2:00 p.m.
Dinner 4:30 - 7:00 p.m.

Saturday and Sunday
Brunch 11:00 a.m. - 1:00 p.m.
Dinner 4:30 - 6:30 p.m.

Meal Exchange (Bistro Only)
Monday - Friday 11:00 a.m. - 2:00 p.m.

Bistro
Monday-Thursday AM 7:00 a.m. – 3:00 p.m.
7:00 p.m. – 10:00 p.m.

Friday 7:00 am – 3:00 p.m.
7:00 p.m. – 11:00 p.m.

Saturday 8:00 a.m. - 2:00 p.m.
5:00 p.m. – 11:00 pm