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2009 HAAC Outdoor Track & Field Championships - 5/1/2009 to 5/2/2009
 Central Methodist University
 Fayette, Missouri
 Results

Women 100 Meter Dash

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HAAC Record: H 11.90 2005 Kareecia Thompson, Mid-America
 Track Record: T 11.79 2009 Jhanell Brown, Lincoln

Name	Year	School	Prelims	H#
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Preliminaries

1	270	Francine Simpson	Lindenwood	12.22Q	3
2	232	Ashlee Dorsett	Lindenwood	12.62Q	2
3	230	Teneignue Coulibal	Lindenwood	12.69Q	1
4	4	Laneisha Douglas	Baker	12.71Q	1
5	198	Mwale Kapande	Graceland	12.79Q	2
6	195	Quannika Horne	Graceland	13.12Q	3
7	265	Traneika Ross	Lindenwood	13.16q	3
8	17	Chelsey Ornburn	Baker	13.21q	2
9	347	Alyssa Chisam	Mid America	13.22q	3
10	147	Julissa Watt	Culver-Stock	13.30q	2
11	425	Jasmine Bernard	William Jewell	13.31q	2
12	385	Shakeitha Coles	Missouri Valley	13.35q	1
13	387	Wava Denito	Missouri Valley	13.40q	3
14	438	Sara Shippy	William Jewell	13.43q	1
15	432	Jennifer Houston	William Jewell	13.55q	3
16	194	Keneisha Ellis	Graceland	13.60q	1
17	271	Cara Stern	Lindenwood	13.63	2
18	15	Tiffany Loving	Baker	13.69	1
19	64	Abby Wilson	Benedictine	13.72	2
20	182	Randall Van Kempen	Evangel	13.84	3
21	442	Katie Wheeler	William Jewell	13.90	2
22	436	Allison Recuperero	William Jewell	13.99	1
23	178	Kharja Gillum	Evangel	15.14	1

Women 100 Meter Dash

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HAAC Record: H 11.90 2005 Kareecia Thompson, Mid-America
 Track Record: T 11.79 2009 Jhanell Brown, Lincoln

Name	Year	School	Semis	H#
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Semi-Finals

1	270	Francine Simpson	Lindenwood	12.21Q	2
2	232	Ashlee Dorsett	Lindenwood	12.48Q	1
3	230	Teneignue Coulibal	Lindenwood	12.58Q	1
4	4	Laneisha Douglas	Baker	12.59Q	2
5	198	Mwale Kapande	Graceland	12.90q	2
6	265	Traneika Ross	Lindenwood	13.10q	1
7	425	Jasmine Bernard	William Jewell	13.14q	1
8	195	Quannika Horne	Graceland	13.17q	1
9	147	Julissa Watt	Culver-Stock	13.19	1
10	17	Chelsey Ornburn	Baker	13.22	2
11	387	Wava Denito	Missouri Valley	13.24	2

12	347	Alyssa Chisam	Mid America	13.31	2
13	194	Keneisha Ellis	Graceland	13.46	2
14	385	Shakeitha Coles	Missouri Valley	13.47	2
15	432	Jennifer Houston	William Jewell	13.50	1
16	438	Sara Shippy	William Jewell	13.56	1

Women 100 Meter Dash

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HAAC Record: H 11.90 2005 Kareecia Thompson, Mid-America
Track Record: T 11.79 2009 Jhanell Brown, Lincoln

Name	Year	School	Finals	Points
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Finals

1	270	Francine Simpson	Lindenwood	12.14	10
2	232	Ashlee Dorsett	Lindenwood	12.47	8
3	198	Mwale Kapande	Graceland	12.56	6
4	230	Teneignue Coulibal	Lindenwood	12.66	5
5	425	Jasmine Bernard	William Jewell	12.93	4
6	265	Traneika Ross	Lindenwood	13.14	3
7	195	Quannika Horne	Graceland	13.22	2

Women 200 Meter Dash

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HAAC Record: H 24.27 2003 Daneille Norville, Lindenwood
Track Record: T 24.62 2008 Shantel Llewellyn, Mid-America

Name	Year	School	Prelims	H#
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Preliminaries

1	230	Teneignue Coulibal	Lindenwood	25.91Q	1
2	357	Marsha Rowe	Mid America	25.96Q	2
3	4	Laneisha Douglas	Baker	26.43Q	4
4	8	Kelsey Heckathorne	Baker	26.56Q	3
5	54	Hannah Francescon	Benedictine	26.55q	4
6	16	Ashlee Miller	Baker	26.64q	1
7	265	Traneika Ross	Lindenwood	26.79q	4
8	149	Kayci Yelliott	Culver-Stock	26.97q	1
9	198	Mwale Kapande	Graceland	27.24	1
10	240	Rachel Hemphill	Lindenwood	27.37	1
11	387	Wava Denito	Missouri Valley	27.65	4
12	138	Angela Barry	Culver-Stock	27.85	1
13	232	Ashlee Dorsett	Lindenwood	27.86	2
14	347	Alyssa Chisam	Mid America	27.88	2
15	194	Keneisha Ellis	Graceland	27.88	3
16	147	Julissa Watt	Culver-Stock	27.96	3
17	432	Jennifer Houston	William Jewell	27.98	2
18	21	Jessica Shiney	Baker	28.16	1
19	15	Tiffany Loving	Baker	28.22	2
20	64	Abby Wilson	Benedictine	28.24	4
21	271	Cara Stern	Lindenwood	28.30	2
22	385	Shakeitha Coles	Missouri Valley	28.35	4
23	19	Stephanie Rusnak	Baker	28.46	3
24	436	Allison Recuperio	William Jewell	28.57	2
25	442	Katie Wheeler	William Jewell	28.63	4
26	10	Karin Johannson	Baker	28.64	1
27	182	Randall Van Kempen	Evangel	29.34	3
28	178	Kharja Gillum	Evangel	31.99	3
29	24	Catherine Tyler	Baker	34.98	3

Women 200 Meter Dash

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HAAC Record: H 24.27 2003 Daneille Norville, Lindenwood
 Track Record: T 24.62 2008 Shantel Llewellyn, Mid-America

Name	Year	School	Finals	Points
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Finals

1	357	Marsha Rowe	Mid America	25.06	10
2	8	Kelsey Heckathorne	Baker	26.27	8
3	149	Kayci Yelliott	Culver-Stock	26.33	6
4	54	Hannah Francescon	Benedictine	26.60	5
5	265	Traneika Ross	Lindenwood	26.71	4
6	16	Ashlee Miller	Baker	27.81	3
7	230	Teneignue Coulibal	Lindenwood	30.06	2

Women 400 Meter Dash

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HAAC Record: H 55.15 2003 Daniela Georgieva, Central Methodist
 Track Record: T 54.45 2009 Davita Prendergast, Unattached

Name	Year	School	Finals	H#	Points
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1	357	Marsha Rowe	Mid America	57.70	3	10
2	248	Keith Kotan	Lindenwood	58.08	1	8
3	16	Ashlee Miller	Baker	58.85	1	6
4	8	Kelsey Heckathorne	Baker	58.89	3	5
5	54	Hannah Francescon	Benedictine	59.29	3	4
6	240	Rachel Hemphill	Lindenwood	59.69	3	3
7	149	Kayci Yelliott	Culver-Stock	1:00.78	3	2
8	247	Robbyn Keating	Lindenwood	1:00.85	3	1
9	25	Katey Wegemer	Baker	1:01.78	2	
10	21	Jessica Shiney	Baker	1:02.66	2	
11	205	Marriah Willis	Graceland	1:03.07	3	
12	19	Stephanie Rusnak	Baker	1:03.49	2	
13	10	Karin Johannson	Baker	1:04.24	1	
14	98	Jayna Trokey	CentralMethodis	1:04.72	2	
15	362	Sarah Young	Mid America	1:07.15	2	
16	197	Angel Iiouno	Graceland	1:09.55	2	

Women 800 Meter Run

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HAAC Record: H 2:15.38 2007 Asher Kyger, Mid-America
 Track Record: T 2:19.87 2008 Amber Parker, William Jewell

Name	Year	School	Finals	H#	Points
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1	356	Michelle Phillips	Mid America	2:19.28T	3	10
2	259	Francine Nzilampa	Lindenwood	2:19.66T	1	8
3	102	Elizabeth Zaragoza	CentralMethodis	2:20.99	3	6
4	180	Kristen Ostrem	Evangel	2:25.82	3	5
5	62	Shayle Williams	Benedictine	2:27.93	3	4
6	24	Catherine Tyler	Baker	2:28.29	2	3
7	51	Christine Buechler	Benedictine	2:28.50	3	2
8	193	Amanda Batey	Graceland	2:29.13	3	1
9	49	Briana Bruna	Benedictine	2:30.29	2	
10	349	Monica Holmes	Mid America	2:33.21	3	
11	139	Beth Barton	Culver-Stock	2:34.49	3	
12	94	Deanna Quisenberry	CentralMethodis	2:34.94	2	

13	440	Alecia Valencia	William Jewell	2:36.77	2
14	52	Bridget Carosello	Benedictine	2:37.47	2
15	93	Christy Laxton	CentralMethodis	2:40.39	2
16	183	Amanda Zgrablich	Evangel	2:41.98	1
17	201	Alice Ross	Graceland	2:41.99	2
18	57	Teresa Kovach	Benedictine	2:42.26	1
19	428	Ashley Dent	William Jewell	2:43.63	1
20	141	Courtney Driskell	Culver-Stock	2:45.25	2
21	430	Lindsay Hall	William Jewell	2:46.04	1
22	176	Erika Davis	Evangel	2:48.30	1
23	348	Miranda Heise	Mid America	2:49.90	1

Women 1500 Meter Run

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HAAC Record: H 4:47.73 2002 Kristy Feldman, Graceland
Track Record: T 4:47.99 2009 Dana Kelly, Truman State

Name	Year	School	Finals	Points
1	234	Yasmina Elkasmi	Lindenwood	4:47.81T 10
2	356	Michelle Phillips	Mid America	4:49.57 8
3	355	Irene Mitei	Mid America	4:50.62 6
4	226	Jackie Barkechir	Lindenwood	4:54.27 5
5	259	Francine Nzilampa	Lindenwood	4:57.21 4
6	193	Amanda Batey	Graceland	5:11.59 3
7	231	Annabelle Delarue	Lindenwood	5:19.29 2
8	87	Lizy Boit	CentralMethodis	5:19.61 1
9	90	Emily Jahrling	CentralMethodis	5:21.25
10	60	Elizabeth Schmitz	Benedictine	5:32.15
11	201	Alice Ross	Graceland	5:33.20
12	141	Courtney Driskell	Culver-Stock	5:35.50
13	183	Amanda Zgrablich	Evangel	5:37.05
14	428	Ashley Dent	William Jewell	5:38.69
15	430	Lindsay Hall	William Jewell	5:46.17
16	176	Erika Davis	Evangel	6:00.67
17	50	Maggie Buchmiller	Benedictine	6:32.89
18	143	Kathleen McKenzie	Culver-Stock	6:53.30

Women 5000 Meter Run

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HAAC Record: H 17:48.35 2008 Marion Kandie, Lindenwood
Track Record: T 17:48.35 2008 Marion Kandie, Lindenwood

Name	Year	School	Finals	Points
1	226	Jackie Barkechir	Lindenwood	18:48.79 10
2	234	Yasmina Elkasmi	Lindenwood	19:07.86 8
3	355	Irene Mitei	Mid America	19:24.85 6
4	391	Taylor Whitacre	Missouri Valley	20:02.08 5
5	14	Mary Loveland	Baker	20:07.88 4
6	87	Lizy Boit	CentralMethodis	20:12.81 3
7	193	Amanda Batey	Graceland	20:27.54 2
8	96	Lisa Scrivener	CentralMethodis	20:31.39 1
9	269	Ai Shinohara	Lindenwood	20:41.17
10	238	Alexis Gutterman	Lindenwood	20:41.77
11	345	Adrienne Black	Mid America	21:07.00
12	53	Jenny Figoni	Benedictine	21:07.59
13	92	Angela Laxton	CentralMethodis	21:19.27
14	266	Caitlyn Sandquist	Lindenwood	21:26.79

15	20	Molly Schmeidler	Baker	21:54.94
16	145	Courtney Spann	Culver-Stock	21:57.44
17	354	Becca Mathews	Mid America	22:05.27

Women 10000 Meter Run

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HAAC Record: H 37:58.39		2002	Chasity Hank, Central Methodist	
Track Record: T 41:37.49		2008	Valentine Chebogut, Mid-America	
	Name	Year	School	Finals Points
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1	226	Jackie Barkechir	Lindenwood	38:26.77T 10
2	360	Vanessa Weltmer	Mid America	40:30.37T 8
3	96	Lisa Scrivener	CentralMethodis	42:29.71 6
4	269	Ai Shinohara	Lindenwood	43:00.63 5
5	92	Angela Laxton	CentralMethodis	44:08.45 4
6	266	Caitlyn Sandquist	Lindenwood	44:10.77 3
7	353	Ashley Mackey	Mid America	44:31.74 2
8	3	Stephanie Cowell	Baker	46:04.87 1
9	433	Paula Mahlburg	William Jewell	47:02.90

Women 100 Meter Hurdles

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HAAC Record: H 13.97		2006	Latoya Heath, Lindenwood	
Track Record: T 14.96		2009	Okine Codlyn, Lincoln	
	Name	Year	School	Prelims H#
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Preliminaries				
1	252	Celia Mboua	Lindenwood	15.58Q 1
2	357	Marsha Rowe	Mid America	15.65Q 2
3	438	Sara Shippy	William Jewell	16.11Q 1
4	359	Chelsea Tally	Mid America	16.53Q 2
5	227	Jan Bennett	Lindenwood	16.96q 2
6	59	Lauren Long	Benedictine	17.17q 2
7	88	Jamie Guffey	CentralMethodis	17.18q 1
8	443	Courtney Wilmsmeyer	William Jewell	17.97q 2
9	192	Kelsi Andrews	Graceland	18.44 1
10	95	Corrine Roller	CentralMethodis	18.93 1
11	175	Vanna Bushong	Evangel	20.38 2
12	425	Jasmine Bernard	William Jewell	23.21 1

Women 100 Meter Hurdles

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HAAC Record: H 13.97		2006	Latoya Heath, Lindenwood	
Track Record: T 14.96		2009	Okine Codlyn, Lincoln	
	Name	Year	School	Finals Points
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Finals				
1	357	Marsha Rowe	Mid America	14.82T 10
2	252	Celia Mboua	Lindenwood	15.07 8
3	438	Sara Shippy	William Jewell	15.95 6
4	359	Chelsea Tally	Mid America	16.02 5
5	59	Lauren Long	Benedictine	16.68 4
6	88	Jamie Guffey	CentralMethodis	16.81 3
7	443	Courtney Wilmsmeyer	William Jewell	16.85 2
8	227	Jan Bennett	Lindenwood	16.99 1

Women 400 Meter Hurdles

HAAC Record: H 1:03.36 2003		Michelle Myers, Mid-America	
Track Record: T 1:04.53 2009		Keneisha Jones, Lincoln	
Name	Year	School	Finals H# Points
1	357	Marsha Rowe	Mid America 1:04.50T 2 10
2	227	Jan Bennett	Lindenwood 1:05.55 2 8
3	181	Kimberly Pasche	Evangel 1:05.85 2 6
4	241	Arvesha Hill	Lindenwood 1:09.70 2 5
5	204	Lindsey Triggs	Graceland 1:10.35 2 4
6	146	Brandie Starks	Culver-Stock 1:12.55 2 3
7	276	Vicci Wiggins	Lindenwood 1:12.63 2 2
8	7	Lexie Hamilton	Baker 1:13.59 1 1
9	23	Rae Stewart	Baker 1:13.63 1
10	443	Courtney Wilmsmeyer	William Jewell 1:16.18 1
11	175	Vanna Bushong	Evangel 1:19.85 1

Women 3000 Meter Steeplechase

HAAC Record: H 11:33.45 2006		Lisa Lewis, Lindenwood	
Track Record: T 11:41.80 2008		Amber DeHaan, Mid-America	
Name	Year	School	Finals Points
1	180	Kristen Ostrem	Evangel 12:10.32 10
2	100	Kristi Williams	CentralMethodis 12:40.59 8
3	345	Adrienne Black	Mid America 12:49.20 6
4	14	Mary Loveland	Baker 12:59.54 5
5	440	Alecia Valencia	William Jewell 13:16.48 4
6	268	Stephane Schmoele	Lindenwood 13:25.70 3
7	267	Christie Schmid	Lindenwood 13:32.60 2
8	20	Molly Schmeidler	Baker 13:59.08 1

Women 4x100 Meter Relay

HAAC Record: H 46.93 2004		Lindenwood, Lindenwood	
Track Record: T 47.21 2008		Mid-America, Mid-America	
School	Year	Prelims	H#

Preliminaries

1	Baker University 'A'	49.28Q	1
	1) 4 Laneisha Douglas	2) 8 Kelsey Heckathorne	
	3) 17 Chelsey Ornburn	4) 16 Ashlee Miller	
2	Lindenwood 'A'	50.16Q	2
	1) 240 Rachel Hemphill	2) 265 Traneika Ross	
	3) 247 Robbyn Keating	4) 248 Keith Kotan	
3	Graceland University 'A'	50.91Q	1
4	Missouri Valley College 'A'	52.97Q	2
	1) 385 Shakeitha Coles	2) 387 Wava Denito	
	3) 390 Jenny Torres	4) 383 Jennifer Asberry	
5	William Jewell 'A'	51.16q	1
	1) 425 Jasmine Bernard	2) 438 Sara Shippy	
	3) 432 Jennifer Houston	4) 443 Courtney Wilmsmeyer	
6	Benedictine College 'A'	53.47q	2
	1) 59 Lauren Long	2) 55 Natalie Gonzales	
	3) 64 Abby Wilson	4) 61 Natalie Stump	
7	Culver-Stockton 'A'	53.49q	2
8	Mid America Nazarene 'A'	56.27q	2

1) 347 Alyssa Chisam	2) 359 Chelsea Tally		
3) 362 Sarah Young	4) 357 Marsha Rowe		
9 Evangel 'A'		57.06	1
1) 178 Kharja Gillum	2) 182 Randall Van Kempen		
3) 175 Vanna Bushong	4) 176 Erika Davis		
-- Central Methodist 'A'		DQ	1 Zone

Violation

1) 88 Jamie Guffey	2) 98 Jayna Trokey
3) 86 Rebeca Barajas	4) 102 Elizabeth Zaragoza

Women 4x100 Meter Relay

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HAAC Record: H 46.93	2004	Lindenwood, Lindenwood
Track Record: T 47.21	2008	Mid-America, Mid-America

School	Finals	Points
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Finals

1 Lindenwood 'A'		47.37	10
2 Baker University 'A'		48.91	8
1) 4 Laneisha Douglas	2) 8 Kelsey Heckathorne		
3) 17 Chelsey Ornburn	4) 16 Ashlee Miller		
3 Graceland University 'A'		49.95	6
4 William Jewell 'A'		50.98	5
5 Culver-Stockton 'A'		51.15	4
6 Mid America Nazarene 'A'		52.31	3
1) 347 Alyssa Chisam	2) 359 Chelsea Tally		
3) 362 Sarah Young	4) 357 Marsha Rowe		
7 Missouri Valley College 'A'		52.40	2
1) 385 Shakeitha Coles	2) 387 Wava Denito		
3) 390 Jenny Torres	4) 383 Jennifer Asberry		
8 Benedictine College 'A'		53.14	1

Women 4x400 Meter Relay

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HAAC Record: H 3:56.04	2003	Mid-America, Mid-America
Track Record: T 3:58.66	2008	Baker, Baker

School	Finals	H#	Points
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1 Baker University 'A'		4:01.02	2	10
1) 25 Katey Wegemer	2) 8 Kelsey Heckathorne			
3) 2 Regan Boyer	4) 16 Ashlee Miller			
2 Lindenwood 'A'		4:01.64	2	8
3 Mid America Nazarene 'A'		4:03.72	2	6
1) 362 Sarah Young	2) 356 Michelle Phillips			
3) 347 Alyssa Chisam	4) 357 Marsha Rowe			
4 Benedictine College 'A'		4:14.48	2	5
5 William Jewell 'A'		4:19.22	2	4
6 Culver-Stockton 'A'		4:19.37	2	3
1) 138 Angela Barry	2) 139 Beth Barton			
3) 146 Brandie Starks	4) 149 Kayci Yelliott			
7 Graceland University 'A'		4:19.96	2	2
8 Evangel 'A'		4:22.30	1	1
9 Missouri Valley College 'A'		4:33.99	1	
1) 387 Wava Denito	2) 390 Jenny Torres			
3) 383 Jennifer Asberry	4) 385 Shakeitha Coles			
-- Central Methodist 'A'		FS	1	
1) 102 Elizabeth Zaragoza	2) 98 Jayna Trokey			

3) 93 Christy Laxton

4) 94 Deanna Quisenberry

Women 4x800 Meter Relay

HAAC Record: H 9:28.27 2007		Mid-America, Mid-America	
Track Record: T 9:43.69 2008		Mid-America, Mid-America	
School		Finals	Points
1 Lindenwood 'A'		9:45.06	10
1) 253 Zhu Mechkarska	2) 227 Jan Bennett		
3) 234 Yasmina Elkasmi	4) 259 Francine Nzilampa		
2 Mid America Nazarene 'A'		9:45.10	8
1) 362 Sarah Young	2) 349 Monica Holmes		
3) 355 Irene Mitei	4) 356 Michelle Phillips		
3 Central Methodist 'A'		10:06.06	6
1) 102 Elizabeth Zaragoza	2) 90 Emily Jahrling		
3) 98 Jayna Trokey	4) 94 Deanna Quisenberry		
4 Benedictine College 'A'		10:08.11	5
1) 62 Shayle Williams	2) 54 Hannah Francescon		
3) 49 Briana Bruna	4) 51 Christine Buechler		
5 Baker University 'A'		10:31.63	4
1) 14 Mary Loveland	2) 8 Kelsey Heckathorne		
3) 19 Stephanie Rusnak	4) 24 Catherine Tyler		
6 Graceland University 'A'		10:42.02	3
1) 193 Amanda Batey	2) 201 Alice Ross		
3) 204 Lindsey Triggs	4) 205 Marriah Willis		
7 Evangel 'A'		10:46.24	2
1) 183 Amanda Zgrablich	2) 176 Erika Davis		
3) 182 Randall Van Kempen	4) 180 Kristen Ostrem		
8 William Jewell 'A'		11:04.02	1
1) 440 Alecia Valencia	2) 428 Ashley Dent		
3) 430 Lindsay Hall	4) 337 Stacy Reichel		

Women High Jump

HAAC Record: H 1.70m 2007		Anna-Kay Campbell, Lindenwood	
Track Record: T 1.65m 2009		Notoya Thompson, Lincoln	
Name	Year School	Finals	Points
1 144 Janet Plonka	Culver-Stock	1.60m	5-03.00
10	1.40 1.45 1.50 1.55 1.60 1.65		
	P XO O O O XXX		
2 359 Chelsea Tally	Mid America	J1.60m	5-03.00
8	1.40 1.45 1.50 1.55 1.60 1.65		
	P P O XO O XXX		
3 2 Regan Boyer	Baker	J1.60m	5-03.00
6	1.40 1.45 1.50 1.55 1.60 1.65		
	P XO XO XXO XXO XXX		
4 342 Lauren Allen	Mid America	1.55m	5-01.00
4.50	1.40 1.45 1.50 1.55 1.60		

4	16	Ashlee Miller	Baker	1.55m	5-01.00
4.50		1.40 1.45 1.50 1.55 1.60 P P O O XXX			
6	23	Rae Stewart	Baker	J1.55m	5-01.00
2.50		1.40 1.45 1.50 1.55 1.60 P O O XO XXX			
6	362	Sarah Young	Mid America	J1.55m	5-01.00
2.50		1.40 1.45 1.50 1.55 1.60 O O O XO XXX			
8	431	Lauren Hodges	William Jewell	J1.55m	5-01.00
1		1.40 1.45 1.50 1.55 1.60 P O XO XXO XXX			
9	276	Vicci Wiggins	Lindenwood	1.50m	4-11.00
		1.40 1.45 1.50 1.55 P O O XXX			
9	86	Rebeca Barajas	CentralMethodis	1.50m	4-11.00
		1.40 1.45 1.50 1.55 P O O XXX			
9	200	Razanna Robinson	Graceland	1.50m	4-11.00
		1.40 1.45 1.50 1.55 O O O XXX			
12	197	Angel Iiouno	Graceland	1.45m	4-09.00
		1.40 1.45 1.50 O O XXX			
13	227	Jan Bennett	Lindenwood	J1.45m	4-09.00
		1.40 1.45 1.50 XXO O XXX			
14	194	Keneisha Ellis	Graceland	1.40m	4-07.00
		1.40 1.45 1.50 O XXP X			
14	344	Lauren Ammons	Mid America	1.40m	4-07.00
		1.40 1.45 O XXX			
16	7	Lexie Hamilton	Baker	J1.40m	4-07.00
		1.40 1.45 XO XXX			

Women Pole Vault

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 HAAC Record: H 3.50m 2005 Amanda Sundell, Graceland
 Track Record: T 3.40m 2008 Chelsey Ornburn, Baker

Name	Year	School	Finals
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Points

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1	17	Chelsey Ornburn	Baker	3.33m	10-11.00
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		2.13 2.28 2.43 2.58 2.73 2.88 3.03 3.18 3.33 3.48 P P P P P P P P O O XXX			
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2	434	Rachel Merrill	William Jewell	3.18m	10-05.25
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		2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33			
		P	P	P	P	O	O	O	O	XXX			
2	262	Nicole Pilla					Lindenwood			3.18m	10-05.25		
7													
		2.13	2.28	2.43	2.58	2.73	2.88	3.03	3.18	3.33			
		P	P	P	P	P	P	O	O	XXX			
4	272	Sarah Talmonchuk					Lindenwood			2.73m	8-11.50		
5													
		2.13	2.28	2.43	2.58	2.73	2.88						
		P	P	P	O	O	XXX						
5	55	Natalie Gonzales					Benedictine			J2.73m	8-11.50		
4													
		2.13	2.28	2.43	2.58	2.73	2.88						
		P	P	P	P	XO	XXX						
6	18	Erin Rogers					Baker			2.58m	8-05.50		
3													
		2.13	2.28	2.43	2.58	2.73							
		O	O	XO	XO	XXX							
7	11	Hela Kawas					Baker			J2.58m	8-05.50		
2													
		2.13	2.28	2.43	2.58	2.73							
		O	P	O	XXO	XXX							
8	91	Courtney Kolb					CentralMethodis			J2.58m	8-05.50		
1													
		2.13	2.28	2.43	2.58	2.73							
		XO	XO	XO	XXO	XXX							
9	251	Angela Lehn					Lindenwood			2.28m	7-05.75		
		2.13	2.28	2.43									
		O	O	XXX									

Women Long Jump

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HAAC Record: H 6.23m 2007 Anna-Kay Campbell, Lindenwood

Track Record: T 5.56m 2009 Okine Codlyn, Lincoln

Name	Year	School	Finals
Points			
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1	252	Celia Mboua	Lindenwood 5.41m 17-09.00
10			
		4.65m 5.37m 5.26m 4.58m 5.33m 5.41m	
2	198	Mwale Kapande	Graceland 5.36m 17-07.00
8			
		FOUL FOUL 5.34m FOUL FOUL 5.36m	
3	16	Ashlee Miller	Baker 5.30m 17-04.75
6			
		FOUL FOUL FOUL 5.30m FOUL FOUL	
4	61	Natalie Stump	Benedictine 5.27m 17-03.50
5			
		5.07m 5.03m 5.27m FOUL 5.18m FOUL	
5	195	Quannika Horne	Graceland 5.20m 17-00.75
4			
		FOUL FOUL 5.20m 5.17m FOUL FOUL	
6	86	Rebeca Barajas	CentralMethodis 5.10m 16-08.75
3			
		FOUL 4.84m 5.10m FOUL 5.02m 5.10m	

7	438 Sara Shippy	William Jewell	5.09m	16-08.50
2	FOUL 5.09m 5.03m 5.01m 4.82m FOUL			
8	383 Jennifer Asberry	Missouri Valley	4.80m	15-09.00
1	4.68m 4.80m FOUL 4.70m 4.67m FOUL			
9	247 Robbyn Keating	Lindenwood	4.79m	15-08.75
	4.79m 4.67m FOUL 4.77m 4.73m 4.47m			
10	1 Chayenne Barron	Baker	4.34m	14-03.00
	FOUL FOUL 4.34m			
--	10 Karin Johannson	Baker	FOUL	
	FOUL FOUL FOUL			
--	15 Tiffany Loving	Baker	FOUL	
	FOUL FOUL FOUL			

Women Triple Jump

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HAAC Record: H 12.42m 2006 Latoya Heath, Lindenwood
Track Record: T 11.50m 2008 Christen Lauer, Truman State

Name	Year	School	Finals
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Points

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1	252 Celia Mboua	Lindenwood	11.67mT	38-03.50
10	11.41m FOUL FOUL 11.65m 11.67m PASS			
2	61 Natalie Stump	Benedictine	11.30m	37-01.00
8	10.72m 10.97m 10.90m 11.03m 11.19m 11.30m			
3	253 Zhu Mechkarska	Lindenwood	11.19m	36-08.50
6	10.83m 11.19m PASS PASS PASS PASS			
4	86 Rebeca Barajas	CentralMethodis	10.62m	34-10.25
5	FOUL FOUL 10.62m 10.37m 10.59m 9.98m			
5	7 Lexie Hamilton	Baker	10.50m	34-05.50
4	FOUL FOUL 9.62m 9.92m 10.24m 10.50m			
6	23 Rae Stewart	Baker	10.41m	34-02.00
3	FOUL 10.41m FOUL FOUL 10.08m FOUL			
7	438 Sara Shippy	William Jewell	10.32m	33-10.25
2	9.93m 8.93m 9.79m 10.13m 10.32m 10.20m			
8	383 Jennifer Asberry	Missouri Valley	10.24m	33-07.25
1	FOUL 10.06m 10.19m 10.20m 10.05m 10.24m			
9	1 Chayenne Barron	Baker	9.85m	32-03.75
	FOUL FOUL 9.85m 9.63m 9.78m 9.49m			
10	362 Sarah Young	Mid America	9.11m	29-10.75
	FOUL FOUL 9.11m			
--	138 Angela Barry	Culver-Stock	FOUL	
	FOUL FOUL FOUL			

Women Shot Put

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HAAC Record: H 12.83m 2002 Heather Tiffany, Mid-America
Track Record: T 13.65m 2009 Kayla Muyskens, Unattached
Name Year School Finals
Points
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1 244 Lisa Hughes Lindenwood 13.21mH 43-04.25
10
13.00m 12.25m 12.41m 11.96m 13.21m 12.99m
2 249 Angela Krausz Lindenwood 12.71m 41-08.50
8
12.19m FOUL PASS 12.71m 12.09m FOUL
3 13 Carrie Lister Baker 12.05m 39-06.50
6
12.05m 11.47m 11.64m 11.29m 11.95m FOUL
4 203 Sei Talimatasi Graceland 11.89m 39-00.25
5
11.44m 11.08m 11.77m FOUL FOUL 11.89m
5 351 Callie Jo Kerans Mid America 11.78m 38-07.75
4
10.59m 10.21m 10.93m 11.10m 11.14m 11.78m
6 202 Amber Sanford Graceland 11.21m 36-09.50
3
FOUL 11.21m 10.72m 10.97m FOUL FOUL
7 429 Teresa Gaggens William Jewell 10.95m 35-11.25
2
10.63m 10.85m 10.95m 10.03m FOUL 10.82m
8 437 Brittany Riley William Jewell 10.84m 35-06.75
1
10.61m 10.84m 10.81m FOUL 10.47m 10.45m
9 384 Sheena Carter Missouri Valley 10.76m 35-03.75
10.76m 10.65m FOUL FOUL FOUL 10.75m
10 361 Rashell Yockey Mid America 10.69m 35-01.00
10.14m 10.69m 10.58m
11 237 Kristen Gunder Lindenwood 10.41m 34-02.00
9.93m 10.34m 10.41m
12 99 Megan Turner CentralMethodis 10.32m 33-10.25
10.13m 10.25m 10.32m
13 179 Stephanie Hutchins Evangel 10.17m 33-04.50
10.17m FOUL 10.09m
14 441 Billie Lu Watts William Jewell 10.14m 33-03.25
8.87m 9.70m 10.14m
15 5 Katie Drummond Baker 10.05m 32-11.75
10.05m 9.76m 9.69m
16 89 Lorryn Jackson CentralMethodis 9.95m 32-07.75
9.20m 9.02m 9.95m
17 140 Nicole Buck Culver-Stock 9.79m 32-01.50
9.05m 8.74m 9.79m
18 177 Tiffany Gifford Evangel 9.52m 31-03.00
9.45m 9.52m 9.52m
-- 148 Jessica Weston Culver-Stock FOUL
FOUL FOUL FOUL

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Women Discus Throw

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HAAC Record: H 46.12m		2005		Brittni Harris, Evangel					
Track Record: T 46.10m		2009		Kayla Muyskens, Unattached					
Name	Year	School				Finals			
Points	=====								
====									
1	429	Teresa Gaggens		William Jewell		43.72m		143-05	
10		43.07m	FOUL	FOUL	36.57m	43.72m	42.22m		
2	244	Lisa Hughes		Lindenwood		43.32m		142-01	
8		FOUL	FOUL	37.99m	43.32m	FOUL	FOUL		
3	233	Jessica Ecker		Lindenwood		40.96m		134-04	
6		40.96m	FOUL	36.87m	FOUL	FOUL	FOUL		
4	249	Angela Krausz		Lindenwood		40.55m		133-00	
5		39.49m	40.55m	FOUL	FOUL	38.34m	36.36m		
5	437	Brittany Riley		William Jewell		38.01m		124-08	
4		FOUL	36.92m	FOUL	FOUL	FOUL	38.01m		
6	12	Jackie Koch		Baker		37.39m		122-08	
3		36.39m	37.39m	FOUL	FOUL	FOUL	32.52m		
7	148	Jessica Weston		Culver-Stock		37.02m		121-05	
2		37.02m	34.83m	34.96m	FOUL	FOUL	36.02m		
8	13	Carrie Lister		Baker		35.30m		115-10	
1		30.00m	35.30m	30.94m	33.04m	33.01m	FOUL		
9	384	Sheena Carter		Missouri Valley		34.99m		114-09	
		32.93m	33.54m	34.85m	34.99m	FOUL	33.10m		
10	237	Kristen Gunder		Lindenwood		34.30m		112-06	
		34.30m	FOUL	30.06m					
11	97	Sam Smith		CentralMethodis		33.19m		108-11	
		31.84m	33.19m	32.82m					
12	264	Irina Reinhardt		Lindenwood		32.62m		107-00	
		30.64m	FOUL	32.62m					
13	203	Sei Talimatasi		Graceland		32.60m		106-11	
		FOUL	30.89m	32.60m					
14	426	Quincy Cotton		William Jewell		32.22m		105-08	
		31.55m	30.74m	32.22m					
15	441	Billie Lu Watts		William Jewell		31.49m		103-04	
		31.49m	FOUL	31.26m					
16	351	Callie Jo Kerans		Mid America		30.44m		99-10	
		30.44m	27.14m	29.63m					
17	202	Amber Sanford		Graceland		30.41m		99-09	
		29.40m	28.56m	30.41m					
18	199	Krystal Page		Graceland		29.93m		98-02	
		28.09m	27.18m	29.93m					
19	89	Lorryn Jackson		CentralMethodis		28.43m		93-03	
		FOUL	25.27m	28.43m					
20	63	Lindsey Wilmoth		Benedictine		28.33m		92-11	
		26.37m	28.33m	FOUL					
21	5	Katie Drummond		Baker		28.22m		92-07	

	27.41m	28.22m	27.97m			
--	179	Stephanie Hutchins	Evangel			FOUL
		FOUL	FOUL	FOUL		
--	99	Megan Turner	CentralMethodis			FOUL
		FOUL	FOUL	FOUL		

Women Hammer Throw

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HAAC Record: H 49.67m 2004 Heather Campbell, Mid-America
Track Record: T 47.60m 2009 Ashley Bernard, Truman State
Name Year School Finals
Points
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10	1	249	Angela Krausz	Lindenwood	46.01m	150-11
			46.01m	42.55m	45.25m	FOUL 45.02m 44.62m
8	2	244	Lisa Hughes	Lindenwood	43.76m	143-07
			FOUL	43.76m	43.10m	FOUL FOUL FOUL
6	3	361	Rashell Yockey	Mid America	41.75m	137-00
			FOUL	FOUL	39.31m	37.72m 38.13m 41.75m
5	4	264	Irina Reinhardt	Lindenwood	41.05m	134-08
			40.42m	FOUL	39.51m	39.85m FOUL 41.05m
4	5	426	Quincy Cotton	William Jewell	40.99m	134-06
			40.88m	40.99m	40.62m	FOUL FOUL FOUL
3	6	99	Megan Turner	CentralMethodis	40.77m	133-09
			40.77m	39.72m	36.22m	37.65m FOUL 36.60m
2	7	101	Linsdey Williams	CentralMethodis	40.38m	132-06
			39.55m	38.09m	38.03m	40.29m 39.44m 40.38m
1	8	97	Sam Smith	CentralMethodis	39.98m	131-02
			38.10m	39.98m	36.72m	FOUL 37.98m 38.90m
	9	437	Brittany Riley	William Jewell	39.61m	129-11
			37.44m	39.61m	37.54m	36.96m FOUL 35.87m
10	10	384	Sheena Carter	Missouri Valley	38.67m	126-10
			FOUL	37.12m	38.67m	
	11	439	Amber Springfield	William Jewell	36.95m	121-03
			34.06m	FOUL	36.95m	
	12	58	Jessica Logan	Benedictine	35.34m	115-11
			35.00m	34.36m	35.34m	
	13	148	Jessica Weston	Culver-Stock	34.98m	114-09
			FOUL	34.98m	FOUL	
	14	89	Lorryn Jackson	CentralMethodis	33.28m	109-02
			32.65m	33.28m	32.62m	
	15	427	Taylor Cotton	William Jewell	32.95m	108-01
			FOUL	32.95m	FOUL	
	16	203	Sei Talimatasi	Graceland	32.31m	106-00
			FOUL	29.68m	32.31m	
	17	441	Billie Lu Watts	William Jewell	32.30m	106-00
			31.62m	32.30m	32.17m	

18	237 Kristen Gunder	Lindenwood	31.53m	103-05
	31.06m 31.53m 30.82m			
19	140 Nicole Buck	Culver-Stock	31.41m	103-01
	28.26m 31.41m FOUL			
20	199 Krystal Page	Graceland	30.05m	98-07
	FOUL FOUL 30.05m			
21	13 Carrie Lister	Baker	28.11m	92-03
	27.93m 28.11m 26.82m			
22	177 Tiffany Gifford	Evangel	26.81m	87-11
	FOUL FOUL 26.81m			
23	63 Lindsey Wilmoth	Benedictine	25.93m	85-01
	25.12m 25.27m 25.93m			
--	12 Jackie Koch	Baker	FOUL	
	FOUL FOUL FOUL			

Women Javelin Throw

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HAAC Record: H 41.99m 2002 Kelly Reiff, Graceland
Track Record: T 38.89m 2009 Laura Schiltz, Grand View

	Name	Year	School	Finals
Points				
=====				
1	6 Aubree Gustin		Baker	37.22m 122-01
10				35.75m 35.21m 32.66m 35.85m 35.77m 37.22m
2	233 Jessica Ecker		Lindenwood	35.67m 117-00
8				34.21m FOUL 35.67m 32.91m 31.90m 34.07m
3	244 Lisa Hughes		Lindenwood	33.88m 111-02
6				32.52m 32.03m FOUL 30.98m 33.88m 32.21m
4	437 Brittany Riley		William Jewell	33.42m 109-08
5				32.46m 33.42m 33.00m 32.81m FOUL 32.83m
5	16 Ashlee Miller		Baker	32.92m 108-00
4				27.69m 30.07m 29.73m FOUL 32.92m 31.23m
6	389 Natalie Porter		Missouri Valley	32.49m 106-07
3				FOUL 31.83m FOUL 26.60m FOUL 32.49m
7	13 Carrie Lister		Baker	31.92m 104-09
2				27.89m 29.60m 31.92m 30.12m FOUL 28.78m
8	56 Julie Koehn		Benedictine	31.81m 104-04
1				30.38m 28.93m FOUL 28.10m 27.30m 31.81m
9	361 Rashell Yockey		Mid America	30.04m 98-07
	29.45m 27.46m 30.04m 26.10m 26.09m 29.94m			
10	256 Kundai Musarurwa		Lindenwood	29.94m 98-03
	29.94m 26.60m FOUL			
11	342 Lauren Allen		Mid America	26.98m 88-06
	FOUL 26.98m FOUL			
12	196 Holly Iglehart		Graceland	26.38m 86-06
	26.38m 24.94m 25.15m			
13	58 Jessica Logan		Benedictine	26.32m 86-04

	FOUL	25.27m	26.32m			
14	140 Nicole Buck			Culver-Stock	24.70m	81-00
		24.03m	24.70m	23.74m		
15	258 Tako Niare			Lindenwood	22.93m	75-03
	FOUL	FOUL	22.93m			
16	89 Lorryn Jackson			CentralMethodis	21.86m	71-09
	FOUL	19.91m	21.86m			
17	344 Lauren Ammons			Mid America	20.27m	66-06
	20.00m	20.27m	FOUL			

Heptathlon: #4 Women 200 Meter Dash Heptathlon

=====						
	Name	Year	School	Finals	H#	Points
=====						
1	241 Arvesha Hill		Lindenwood	27.51	1	670
2	2 Regan Boyer		Baker	27.74	1	651
3	25 Katey Wegemer		Baker	27.85	2	643
4	205 Marriah Willis		Graceland	28.13	2	621
5	256 Kundai Musarurwa		Lindenwood	30.01	1	481
6	235 Paula Gaudio		Lindenwood	30.02	2	481
7	246 Allison Jupp		Lindenwood	31.58	2	377

Heptathlon: #7 Women 800 Meter Run Heptathlon

=====					
	Name	Year	School	Finals	Points
=====					
1	241 Arvesha Hill		Lindenwood	2:28.43	713
2	25 Katey Wegemer		Baker	2:31.61	673
3	205 Marriah Willis		Graceland	2:35.13	630
4	2 Regan Boyer		Baker	2:36.04	619
5	235 Paula Gaudio		Lindenwood	2:51.42	449
6	246 Allison Jupp		Lindenwood	2:58.01	384
7	256 Kundai Musarurwa		Lindenwood	3:01.30	353

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

=====						
	Name	Year	School	Finals	H#	Points
=====						
1	256 Kundai Musarurwa		Lindenwood	17.61	1	529
2	241 Arvesha Hill		Lindenwood	17.72	2	518
3	25 Katey Wegemer		Baker	17.91	2	498
4	2 Regan Boyer		Baker	18.12	2	476
5	205 Marriah Willis		Graceland	18.77	2	412
6	235 Paula Gaudio		Lindenwood	19.27	2	366
7	246 Allison Jupp		Lindenwood	21.31	1	203
--	359 Chelsea Tally		Mid America	DNF	1	

Heptathlon: #2 Women High Jump Heptathlon

=====						
=====						
	Name	Year	School	Finals		
	Points					
=====						
1	2 Regan Boyer		Baker	1.55m	5-01.00	
678						
	1.20	1.25	1.28	1.31	1.34	1.37 1.40 1.43 1.46 1.50 1.55 1.60

2	241	Arvesha Hill								XO	XO	O	XXX	1.43m	4-08.25
544															
			1.20	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46				
			O	P	P	XO	O	O	O	XO	XXX				
3	246	Allison Jupp												1.40m	4-07.00
512															
			1.20	1.25	1.28	1.31	1.34	1.37	1.40	1.43					
			P	P	O	O	P	XO	XO	XXX					
4	205	Marriah Willis												1.37m	4-06.00
481															
			1.20	1.25	1.28	1.31	1.34	1.37	1.40						
			XP	O	XO	O	O	XXO	XXX						
4	256	Kundai Musarurwa												1.37m	4-06.00
481															
			1.20	1.25	1.28	1.31	1.34	1.37	1.40						
			O	P	P	P	XXO	XXO	XXX						
6	235	Paula Gaudio												1.31m	4-03.50
419															
			1.20	1.25	1.28	1.31	1.34								
			O	P	XO	O	XXX								
7	25	Katey Wegemer												1.25m	4-01.25
359															
			1.20	1.25	1.28										
			P	O	XXX										

Heptathlon: #5 Women Long Jump Heptathlon

=====						
=====						
	Name	Year	School	Finals		
Points						
=====						
=====						
1	241	Arvesha Hill	Lindenwood	5.00m	16-05.00	
559						
				5.00m	4.81m	4.98m
2	25	Katey Wegemer	Baker	4.79m	15-08.75	
503						
				FOUL	4.79m	FOUL
3	246	Allison Jupp	Lindenwood	4.77m	15-07.75	
498						
				4.34m	4.29m	4.77m
4	2	Regan Boyer	Baker	4.63m	15-02.25	
461						
				FOUL	FOUL	4.63m
5	256	Kundai Musarurwa	Lindenwood	4.62m	15-02.00	
459						
				4.54m	4.41m	4.62m
6	235	Paula Gaudio	Lindenwood	4.47m	14-08.00	
421						
				4.26m	4.42m	4.47m
7	205	Marriah Willis	Graceland	4.44m	14-07.00	
413						
				FOUL	FOUL	4.44m

Heptathlon: #3 Women Shot Put Heptathlon

Name		Year	School	Finals	
Points					
1 427	256 Kundai Musarurwa		Lindenwood	8.43m	27-08.00
	8.34m 8.43m 8.03m				
2 409	205 Marriah Willis		Graceland	8.15m	26-09.00
	7.21m 7.17m 8.15m				
3 407	2 Regan Boyer		Baker	8.12m	26-07.75
	7.91m 8.00m 8.12m				
4 366	246 Allison Jupp		Lindenwood	7.49m	24-07.00
	7.20m 7.49m 7.25m				
5 360	235 Paula Gaudio		Lindenwood	7.39m	24-03.00
	7.21m 7.38m 7.39m				
5 360	241 Arvesha Hill		Lindenwood	7.39m	24-03.00
	7.39m FOUL 7.30m				
7 276	25 Katey Wegemer		Baker	6.07m	19-11.00
	5.39m 5.51m 6.07m				

Heptathlon: #6 Women Javelin Throw Heptathlon

Name		Year	School	Finals	
Points					
1 531	256 Kundai Musarurwa		Lindenwood	32.86m	107-10
	25.97m 32.85m 32.86m				
2 420	2 Regan Boyer		Baker	26.98m	88-06
	23.46m 26.98m 26.79m				
3 280	241 Arvesha Hill		Lindenwood	19.54m	64-01
	FOUL 13.45m 19.54m				
4 262	235 Paula Gaudio		Lindenwood	18.56m	60-11
	17.73m 18.56m FOUL				
5 255	205 Marriah Willis		Graceland	18.16m	59-07
	17.72m FOUL 18.16m				
6 229	25 Katey Wegemer		Baker	16.76m	55-00
	16.76m 15.41m 14.41m				
7 177	246 Allison Jupp		Lindenwood	13.94m	45-09
	13.57m 12.31m 13.94m				

Women Heptathlon

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HAAC Record: H 3707 2007 Molly Bartlett, Benedictine
Track Record: T 3613 2008 Lyndsey Eilers, Lindenwood
Name Year School Finals Points
=====
1 2 Regan Boyer Baker 3712H 10
2 241 Arvesha Hill Lindenwood 3644T 8
3 256 Kundai Musarurwa Lindenwood 3261 6
4 205 Marriah Willis Graceland 3221 5
5 25 Katey Wegemer Baker 3181 4
6 235 Paula Gaudio Lindenwood 2758 3
7 246 Allison Jupp Lindenwood 2517 2

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Women 3000 Meter Race Walk

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=====
HAAC Record: H 15:31.39 2006 Jennifer Reekie, Lindenwood
Track Record: T 16:04.39 2009 Emily Hansen, Concordia
Name Year School Finals Points
=====
1 3 Stephanie Cowell Baker 16:38.62 10
2 229 Jessica Ching Lindenwood 17:00.38 8
3 238 Alexis Gutterman Lindenwood 17:54.76 6
4 236 Danielle Gray Lindenwood 18:16.28 5
5 145 Courtney Spann Culver-Stock 18:43.65 4
6 255 Renata Moleta Lindenwood 19:22.93 3
7 257 Kelsey Nadler Lindenwood 19:58.38 2
8 196 Holly Iglehart Graceland 19:59.01 1
-- 352 Natalie Lingenfelt Mid America DQ

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Men 100 Meter Dash

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=====
HAAC Record: H 10.30 2005 Mike Rodgers, Lindenwood
Track Record: T 10.39 2009 Kawayne Fisher, Lincoln
Name Year School Prelims H#
=====
Preliminaries
1 279 Deji Adebayo Lindenwood 11.00Q 1
2 224 James Thomas Graceland 11.04Q 2
3 303 Farirai Gwashavanh Lindenwood 11.16Q 3
4 165 Toddrick Lee Culver-Stock 11.28Q 4
5 65 Adam Barber Benedictine 11.19Q 1
6 151 Marcus Barnett Culver-Stock 11.21Q 3
7 155 Dionte Cadogan Culver-Stock 11.32Q 2
8 48 Robert Woodall Baker 11.48Q 4
9 210 Brian Contreras Graceland 11.33q 1
10 76 Justin Lohman Benedictine 11.37q 2
11 46 Gary Van Horn Baker 11.40q 1
12 393 Cortavious Anderse Missouri Valley 11.47q 3
13 157 Chaz Dial Culver-Stock 11.48q 2
14 449 Paul Hays William Jewell 11.49q 2
15 127 Eric Peer CentralMethodis 11.50q 4
16 26 JL Anderson Baker 11.53q 4
17 31 Trevor Gleason Baker 11.53 3
18 123 Austin Mallott CentralMethodis 11.56 2
19 212 Justin Gibbs Graceland 11.56 1
20 72 Matt Gargus Benedictine 11.61 3

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21	413	Wilson Mwago	Missouri Valley	11.64	4
22	106	Andrew Claxton	CentralMethodis	11.84	4
23	415	Quintin Perkins	Missouri Valley	11.94	3
24	214	Wray Hussey	Graceland	12.03	4
25	223	Emmanuel Stivenne	Graceland	12.41	3

Men 100 Meter Dash

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=====
HAAC Record: H 10.30 2005      Mike Rodgers, Lindenwood
Track Record: T 10.39 2009     Kawayne Fisher, Lincoln
Name                            Year School                      Semis  H#
=====

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Semi-Finals

1	165	Toddrick Lee	Culver-Stock	11.01Q	2
2	155	Dionte Cadogan	Culver-Stock	11.08Q	1
3	279	Deji Adebayo	Lindenwood	11.08Q	2
4	151	Marcus Barnett	Culver-Stock	11.08Q	1
5	224	James Thomas	Graceland	11.09q	1
6	303	Farirai Gwashavanh	Lindenwood	11.11q	1
7	65	Adam Barber	Benedictine	11.22q	2
8	393	Cortavious Anderso	Missouri Valley	11.39q	2
9	46	Gary Van Horn	Baker	11.41	1
10	76	Justin Lohman	Benedictine	11.44	1
11	157	Chaz Dial	Culver-Stock	11.46	2
12	210	Brian Contreras	Graceland	11.51	2
13	127	Eric Peer	CentralMethodis	11.58	1
14	48	Robert Woodall	Baker	11.88	2
--	26	JL Anderson	Baker	FS	2

Men 100 Meter Dash

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=====
HAAC Record: H 10.30 2005      Mike Rodgers, Lindenwood
Track Record: T 10.39 2009     Kawayne Fisher, Lincoln
Name                            Year School                      Finals  Points
=====

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Finals

1	165	Toddrick Lee	Culver-Stock	10.90	10
2	224	James Thomas	Graceland	10.95	8
3	155	Dionte Cadogan	Culver-Stock	11.15	6
4	65	Adam Barber	Benedictine	11.19	5
5	151	Marcus Barnett	Culver-Stock	11.22	4
6	303	Farirai Gwashavanh	Lindenwood	11.38	3
7	279	Deji Adebayo	Lindenwood	11.57	2
8	393	Cortavious Anderso	Missouri Valley	14.95	1

Men 200 Meter Dash

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=====
HAAC Record: H 20.58 2005      Hadow Weatherborne, Lindenwood
Track Record: T 21.72 2008     Hylton Campbell, Mid-America
Name                            Year School                      Prelims  H#
=====

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Preliminaries

1	38	Kome Okiomah	Baker	T 21.55Q	2
2	151	Marcus Barnett	Culver-Stock	22.00Q	4
3	291	Jevon Claxton	Lindenwood	22.13Q	3
4	65	Adam Barber	Benedictine	22.28Q	1
5	165	Toddrick Lee	Culver-Stock	22.15q	3

6	279	Deji Adebayo	Lindenwood	22.16q	4
7	303	Farirai Gwashavanh	Lindenwood	22.32q	2
8	136	Josh Whitener	CentralMethodis	22.34q	1
9	224	James Thomas	Graceland	22.37	4
10	307	Patrick Holwerda	Lindenwood	22.42	3
11	455	Austin Williams	William Jewell	22.47	3
12	34	Aaron Hannon	Baker	22.50	1
13	340	Fabian Willskytt	Lindenwood	22.55	4
14	153	Tyler Buckman	Culver-Stock	22.61	3
15	72	Matt Gargus	Benedictine	22.89	2
16	28	Terren Craddock-Mo	Baker	22.95	4
17	127	Eric Peer	CentralMethodis	23.09	4
18	212	Justin Gibbs	Graceland	23.11	2
19	76	Justin Lohman	Benedictine	23.15	1
20	210	Brian Contreras	Graceland	23.19	2
21	123	Austin Mallott	CentralMethodis	23.23	3
22	116	Chad Johnson	CentralMethodis	23.30	1
23	46	Gary Van Horn	Baker	23.36	4
24	413	Wilson Mwago	Missouri Valley	23.42	2
25	106	Andrew Claxton	CentralMethodis	23.88	4
26	373	Ely Parker	Mid America	24.08	1
27	404	Shane Jennings	Missouri Valley	24.15	3
28	47	Bradley Walker	Baker	25.77	2

Men 200 Meter Dash

=====					
HAAC Record:	H	20.58	2005	Haddow Weatherborne, Lindenwood	
Track Record:	T	21.72	2008	Hylton Campbell, Mid-America	
Name	Year	School	Finals	Points	
=====					

Finals

1	38	Kome Okiomah	Baker	21.59T	10
2	151	Marcus Barnett	Culver-Stock	22.05	8
3	291	Jevon Claxton	Lindenwood	22.09	6
4	65	Adam Barber	Benedictine	22.32	5
5	136	Josh Whitener	CentralMethodis	22.49	4
6	165	Toddrick Lee	Culver-Stock	22.63	3
7	303	Farirai Gwashavanh	Lindenwood	24.85	2

Men 400 Meter Dash

=====						
HAAC Record:	H	47.11	2005	Haddow Weatherborne, Lindenwood		
Track Record:	T	47.55	2009	Huntly Thomas, Lincoln		
Name	Year	School	Finals	H#	Points	
=====						
1	291	Jevon Claxton	Lindenwood	48.73	3	10
2	153	Tyler Buckman	Culver-Stock	49.02	3	8
3	136	Josh Whitener	CentralMethodis	49.19	3	6
4	372	Conroy Newman	Mid America	49.62	3	5
5	171	Wesely Schmidgall	Culver-Stock	49.87	3	4
6	455	Austin Williams	William Jewell	49.96	3	3
7	30	Tanner Gleason	Baker	50.23	3	2
8	340	Fabian Willskytt	Lindenwood	50.35	2	1
9	38	Kome Okiomah	Baker	50.60	2	
10	117	Gary Jones	CentralMethodis	50.62	2	
11	39	Nick Pannell	Baker	50.91	2	
12	307	Patrick Holwerda	Lindenwood	50.93	2	

13	134	Chris Snell	CentralMethodis	51.24	2
14	28	Terren Craddock-Mo	Baker	51.51	2
15	401	Dewayne Duskin	Missouri Valley	51.56	2
16	398	John Castillo	Missouri Valley	51.84	1
17	373	Ely Parker	Mid America	51.88	1
18	406	Kenneth Lewis	Missouri Valley	52.75	1
19	150	Josh Alm	Culver-Stock	52.80	1
--	322	Jerone Mitchell	Lindenwood	DNF	3

Men 800 Meter Run

=====					
HAAC Record: H 1:53.30		2003	Michael Kimuhu, Mid-America		
Track Record: T 1:54.55		2009	Mike Hernandez, Central Methodist		
=====					
	Name	Year	School	Finals	H# Points
=====					
1	341	Nicholas Yegon	Lindenwood	1:54.50T	3 10
2	124	Lucas Manring	CentralMethodis	1:54.66	3 8
3	225	Ben Vink	Graceland	1:55.09	3 6
4	113	Mike Hernandez	CentralMethodis	1:55.73	3 5
5	327	Matt Petersen	Lindenwood	1:56.50	3 4
6	67	Alex Binder	Benedictine	1:57.85	2 3
7	299	Nicolas Fievet	Lindenwood	1:58.00	3 2
8	115	Daniel Jacobs	CentralMethodis	1:58.59	2 1
9	293	Kevin Cooper	Lindenwood	1:58.65	3
10	423	Adam Willis	Missouri Valley	1:59.98	2
11	285	Jeremy Bouet	Lindenwood	2:02.80	1
12	405	Casey Knight	Missouri Valley	2:02.99	2
13	211	Jordan Edwards	Graceland	2:03.30	2
14	35	Justin Hill	Baker	2:04.72	1
15	221	Taylor Romig	Graceland	2:04.73	2
16	306	Noe Hernandez	Lindenwood	2:05.18	3
17	109	Brennan Denny	CentralMethodis	2:06.97	1
18	173	Matthew Snyder	Culver-Stock	2:08.29	1
19	448	Grant Gastineau	William Jewell	2:09.82	1
20	32	Brian Hageman	Baker	2:10.68	2
21	118	Mike Kelly	CentralMethodis	2:11.41	1
22	161	Jeff Heiter	Culver-Stock	2:16.17	1
23	400	Glenn Dredde	Missouri Valley	2:18.62	1
24	188	Andrew Lowery	Evangel	2:22.55	1
--	298	Dwayne Ferguson	Lindenwood	DNF	3

Men 1500 Meter Run

=====					
HAAC Record: H 3:51.70		2003	James Kamua, Central Methodist		
Track Record: T 3:59.31		2008	Evans Kiptoo, Lindenwood		
=====					
	Name	Year	School	Finals	Points
=====					
1	213	Neil Grundman	Graceland	4:00.55	10
2	113	Mike Hernandez	CentralMethodis	4:02.48	8
3	130	Josphat Sawe	CentralMethodis	4:03.93	6
4	285	Jeremy Bouet	Lindenwood	4:04.59	5
5	186	Austin Jacobs	Evangel	4:05.16	4
6	315	Julius Korir	Lindenwood	4:06.10	3
7	284	Jordan Bennett	Lindenwood	4:07.05	2
8	369	Willy Kessio	Mid America	4:11.84	1
9	84	Yared Tekle	Benedictine	4:12.24	
10	32	Brian Hageman	Baker	4:13.50	

11	42	Arnold Sirorei	Baker	4:14.01
12	68	Mike Brubaker	Benedictine	4:16.23
13	421	Cole Thurman	Missouri Valley	4:16.47
14	380	Simion Tooh	Mid America	4:18.96
15	35	Justin Hill	Baker	4:22.23
16	152	Trey Brokaw	Culver-Stock	4:28.54
17	163	Chris Lanhum	Culver-Stock	4:29.15
18	161	Jeff Heiter	Culver-Stock	4:30.95
19	448	Grant Gastineau	William Jewell	4:32.04
20	122	Brecht Madalijns	CentralMethodis	4:32.44
21	218	Josphat Langat	Graceland	4:37.37
22	188	Andrew Lowery	Evangel	4:50.13
23	129	Knial Piper	CentralMethodis	5:11.74

Men 5000 Meter Run

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=====
HAAC Record: H 14:50.69 2007      Noah Too, Mid-America
Track Record: T 15:12.47 2008     Evans Kiptoo, Lindenwood
=====
Name                      Year School                      Finals  Points
=====
 1  213 Neil Grundman          Graceland                      15:16.54  10
 2  315 Julius Korir           Lindenwood                      15:35.98   8
 3  186 Austin Jacobs          Evangel                         15:43.79   6
 4  190 Maxwell Schuman        Evangel                         15:45.88   5
 5  280 Nathan Allen           Lindenwood                      15:51.82   4
 6  332 Brian Soule            Lindenwood                      15:52.74   3
 7   27 Ezra Bett              Baker                          16:00.72   2
 8  119 Anthony Kiprono        CentralMethodis                 16:01.93   1
 9  365 Jeb Flynn              Mid America                     16:17.79
10  310 Ivaylo Ignatov         Lindenwood                      16:19.33
11  311 Ryan Irvine            Lindenwood                      16:25.90
12   68 Mike Brubaker          Benedictine                     16:28.78
13  317 David Lindemann        Lindenwood                      16:29.36
14  296 Will Everett           Lindenwood                      16:32.81
15   77 Jordan Mahood           Benedictine                     16:39.39
16  284 Jordan Bennett         Lindenwood                      16:39.81
17   41 Chris Scheideman       Baker                          16:39.85
18   42 Arnold Sirorei         Baker                          16:58.10
19  133 Daniel Simmons         CentralMethodis                 17:01.40
20  382 Alfred Yego            Mid America                     17:06.44
21  368 J.T. Horstick          Mid America                     17:08.46
22  338 Shane Watts           Lindenwood                      17:11.94
23   70 Bryan Entwistle        Benedictine                     17:27.25
24  152 Trey Brokaw           Culver-Stock                   17:43.82
25  327 Matt Petersen          Lindenwood                      18:04.73
26  297 Matt Femmer            Lindenwood                      18:06.41
27  306 Noe Hernandez          Lindenwood                      18:06.50
28  104 Curtis Bedor           CentralMethodis                 18:18.88
29   69 Brendan Emmel          Benedictine                     18:57.76
30  308 Brian Hoormann         Lindenwood                      19:24.52
31  282 Goffroy Arzur          Lindenwood                      20:10.65
--  285 Jeremy Bouet           Lindenwood                      DNF
--  299 Nicolas Fievet         Lindenwood                      DNF
--  218 Josphat Langat         Graceland                      DNF
--  283 Calvin Bachelot        Lindenwood                      DNF
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Men 10000 Meter Run

HAAC Record: H 31:03.76 2005 Soimo Kiplagat, Lindenwood
 Track Record: T 31:35.13 2008 Chris Sandefur, Lindenwood

Name	Year	School	Finals	Points
1	213	Neil Grundman	Graceland	31:37.15 10
2	190	Maxwell Schuman	Evangel	32:50.16 8
3	27	Ezra Bett	Baker	32:58.75 6
4	119	Anthony Kiprono	CentralMethodis	33:02.27 5
5	77	Jordan Mahood	Benedictine	33:39.24 4
6	311	Ryan Irvine	Lindenwood	33:52.43 3
7	112	Tyler Handschin	CentralMethodis	34:33.69 2
8	286	John Boyd	Lindenwood	34:47.83 1
9	41	Chris Scheideman	Baker	34:49.09
10	412	Kevin Morris	Missouri Valley	35:08.10
11	338	Shane Watts	Lindenwood	35:19.77
12	71	Scott Freeman	Benedictine	37:37.19
13	104	Curtis Bedor	CentralMethodis	37:46.89

Men 110 Meter Hurdles

HAAC Record: H 14.18 2005 Juan Walker, Lindenwood
 Track Record: T 14.93 2008 Joe Ackermann, Truman State

Name	Year	School	Prelims	H#
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Preliminaries

1	454	Mark Stevenson	William Jewell	15.00Q 1
2	26	JL Anderson	Baker	15.36Q 2
3	135	Josh Vaughn	CentralMethodis	15.26Q 1
4	121	John Lehman	CentralMethodis	15.50Q 2
5	378	Kemar Smith	Mid America	15.31q 1
6	43	Kolter Smith	Baker	15.88q 2
7	339	Duane Whitaker	Lindenwood	15.96q 1
8	301	Jerome Gobert	Lindenwood	16.13q 1
9	116	Chad Johnson	CentralMethodis	16.27 1
10	446	Chase Engel	William Jewell	16.97 2
11	374	Tyler Parker	Mid America	17.34 2
12	29	Keith DeMint	Baker	18.14 1
13	206	Chris Bennett	Graceland	18.55 1
14	34	Aaron Hannon	Baker	19.42 2

Men 110 Meter Hurdles

HAAC Record: H 14.18 2005 Juan Walker, Lindenwood
 Track Record: T 14.93 2008 Joe Ackermann, Truman State

Name	Year	School	Finals	Points
------	------	--------	--------	--------

Finals

1	26	JL Anderson	Baker	14.90T 10
2	454	Mark Stevenson	William Jewell	14.96 8
3	135	Josh Vaughn	CentralMethodis	15.14 6
4	378	Kemar Smith	Mid America	15.33 5
5	301	Jerome Gobert	Lindenwood	15.60 4
6	121	John Lehman	CentralMethodis	15.67 3
7	43	Kolter Smith	Baker	16.12 2
8	339	Duane Whitaker	Lindenwood	17.44 1

Men 400 Meter Hurdles

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HAAC Record: H 52.81 2003          Jermaine Ricketts, Mid-America
Track Record: T 52.10 2008        Sean Bergstedt, Truman State
Name                               Year School                       Finals  H# Points
=====
1   26 JL Anderson                   Baker                               54.89  3  10
2   320 Romain Menard                 Lindenwood                          54.97  3   8
3   283 Calvin Bachelot               Lindenwood                          55.44  3   6
4   107 Kevin Couty                   CentralMethodis                     55.92  3   5
5   43 Kolter Smith                   Baker                               56.03  2   4
6   212 Justin Gibbs                  Graceland                          56.21  2   3
7   445 Blane Brown                   William Jewell                      56.60  3   2
8   336 Elrich Walker                 Lindenwood                          57.65  2   1
9   282 Goffroy Arzur                 Lindenwood                          57.77  3
10  446 Chase Engel                   William Jewell                      58.16  2
11  454 Mark Stevenson                 William Jewell                      59.45  3
12  159 Robert Harrell                Culver-Stock                       59.64  1
13  452 Greg Parker                   William Jewell                      59.78  2
14   83 Jake Stutz                   Benedictine                         1:00.53  2
15  172 Kyle Sebring                  Culver-Stock                       1:00.91  2
16   29 Keith DeMint                 Baker                               1:01.14  1
17  170 Andrew Savage                 Culver-Stock                       1:03.79  1
18  206 Chris Bennett                 Graceland                          1:04.96  1
19  215 Ray James                     Graceland                          1:09.78  2
--   34 Aaron Hannon                  Baker                               DNF     1
--  378 Kemar Smith                   Mid America                         DNF     3
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Men 3000 Meter Steeplechase

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=====
HAAC Record: H 9:31.60 2006        Dan Miner, Lindenwood
Track Record: T 9:39.77 2008      Simion Tooh, Mid-America
Name                               Year School                       Finals  Points
=====
1   369 Willy Kessio                  Mid America                        9:36.82T 10
2   380 Simion Tooh                   Mid America                        9:42.60   8
3   332 Brian Soule                   Lindenwood                        10:07.65   6
4   365 Jeb Flynn                     Mid America                       10:15.50   5
5   317 David Lindemann               Lindenwood                        10:26.77   4
6   296 Will Everett                  Lindenwood                        10:44.12   3
7   447 Jesse Funk                    William Jewell                    10:54.45   2
8   131 Carlos Semidey                 CentralMethodis                   11:14.33   1
9   414 Kayode Papoola                 Missouri Valley                   11:28.69
10   36 A.J. Jimenez                   Baker                             11:40.15
--  112 Tyler Handschin               CentralMethodis                   DNF
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Men 4x100 Meter Relay

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=====
HAAC Record: H 40.63 2005          Lindenwood, Lindenwood
Track Record: T 40.75 2009        Lincoln, Lincoln
School                               Prelims  H#
=====
Preliminaries
1 Culver-Stockton 'A'                42.07Q  1
2 Benedictine College 'A'           42.84Q  2
   1) 76 Justin Lohman                2) 72 Matt Gargus
   3) 65 Adam Barber                  4) 73 Kenji Hollaway
=====

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3 Baker University 'A'	42.76Q	1
1) 46 Gary Van Horn	2) 34 Aaron Hannon	
3) 31 Trevor Gleason	4) 38 Kome Okiomah	
4 Central Methodist 'A'	42.86Q	2
1) 136 Josh Whitener	2) 123 Austin Mallott	
3) 107 Kevin Couty	4) 127 Eric Peer	
5 Graceland University 'A'	43.15q	2
6 Mid America Nazarene 'A'	43.22q	1
1) 363 Brandon Agee	2) 378 Kemar Smith	
3) 373 Ely Parker	4) 372 Conroy Newman	
7 Missouri Valley College 'A'	43.56q	1
1) 413 Wilson Mwago	2) 404 Shane Jennings	
3) 401 Dewayne Duskin	4) 393 Cortavious Anderson	
8 Lindenwood 'A'	43.60q	2
1) 309 Kevin Huggins	2) 340 Fabian Willskytt	
3) 307 Patrick Holwerda	4) 301 Jerome Gobert	
-- William Jewell 'A'	DNF	2
1) 445 Blane Brown	2) 453 Logan Pettz	
3) 452 Greg Parker	4) 449 Paul Hays	

Men 4x100 Meter Relay

=====

HAAC Record: H 40.63	2005	Lindenwood, Lindenwood
Track Record: T 40.75	2009	Lincoln, Lincoln
School		Finals Points

=====

Finals

1 Lindenwood 'A'	41.44	10
2 Baker University 'A'	42.22	8
1) 46 Gary Van Horn	2) 34 Aaron Hannon	
3) 31 Trevor Gleason	4) 38 Kome Okiomah	
3 Culver-Stockton 'A'	42.40	6
4 Benedictine College 'A'	42.65	5
5 Central Methodist 'A'	42.73	4
1) 136 Josh Whitener	2) 123 Austin Mallott	
3) 107 Kevin Couty	4) 127 Eric Peer	
6 Mid America Nazarene 'A'	42.98	3
1) 363 Brandon Agee	2) 378 Kemar Smith	
3) 373 Ely Parker	4) 372 Conroy Newman	
7 Graceland University 'A'	43.00	2
8 Missouri Valley College 'A'	43.70	1
1) 413 Wilson Mwago	2) 404 Shane Jennings	
3) 401 Dewayne Duskin	4) 393 Cortavious Anderson	

Men 4x400 Meter Relay

=====

HAAC Record: H 3:12.11	2002	Mid-America, Mid-America
Track Record: T 3:19.55	2009	Lindenwood, Lindenwood
School		Finals H# Points

=====

1 Baker University 'A'	3:18.28T	2	10
1) 38 Kome Okiomah	2) 26 JL Anderson		
3) 39 Nick Pannell	4) 30 Tanner Gleason		
2 Lindenwood 'A'	3:19.44T	2	8
3 Culver-Stockton 'A'	3:19.50T	2	6
1) 157 Chaz Dial	2) 151 Marcus Barnett		
3) 171 Wesely Schmidgall	4) 153 Tyler Buckman		

4	Central Methodist 'A'		3:21.72	2	5
	1) 136 Josh Whitener	2) 117 Gary Jones			
	3) 107 Kevin Couty	4) 115 Daniel Jacobs			
5	Graceland University 'A'		3:26.61	1	4
6	William Jewell 'A'		3:26.70	1	3
7	Missouri Valley College 'A'		3:27.36	2	2
	1) 401 Dewayne Duskin	2) 423 Adam Willis			
	3) 413 Wilson Mwago	4) 405 Casey Knight			
8	Benedictine College 'A'		3:32.28	1	1
9	Mid America Nazarene 'A'		3:34.98	2	

Men 4x800 Meter Relay

HAAC Record: H 7:42.02 2003 Central Methodist, Central Methodist
Track Record: T 8:03.05 2008 Mid-America, Mid-America
School Finals Points

1	Lindenwood 'A'		7:53.71T	10
	1) 306 Noe Hernandez	2) 315 Julius Korir		
	3) 341 Nicholas Yegon	4) 293 Kevin Cooper		
2	Central Methodist 'A'		7:54.72T	8
	1) 113 Mike Hernandez	2) 117 Gary Jones		
	3) 115 Daniel Jacobs	4) 130 Josphat Sawe		
3	Mid America Nazarene 'A'		7:59.40T	6
	1) 372 Conroy Newman	2) 365 Jeb Flynn		
	3) 369 Willy Kessio	4) 378 Kemar Smith		
4	Missouri Valley College 'A'		8:03.29	5
	1) 407 Samuel Lewis	2) 405 Casey Knight		
	3) 421 Cole Thurman	4) 423 Adam Willis		
5	Benedictine College 'A'		8:04.26	4
	1) 80 Ryan O'Laughlin	2) 68 Mike Brubaker		
	3) 84 Yared Tekle	4) 67 Alex Binder		
6	Baker University 'A'		8:10.72	3
	1) 35 Justin Hill	2) 39 Nick Pannell		
	3) 42 Arnold Sirorei	4) 32 Brian Hageman		
7	William Jewell 'A'		8:17.73	2
	1) 455 Austin Williams	2) 445 Blane Brown		
	3) 452 Greg Parker	4) 448 Grant Gastineau		
8	Graceland University 'A'		8:21.22	1
	1) 225 Ben Vink	2) 211 Jordan Edwards		
	3) 221 Taylor Romig	4) 218 Josphat Langat		
9	Culver-Stockton 'A'		8:33.36	

Men High Jump

HAAC Record: H 2.06m 2006 Mark Moore, Mid-America
Track Record: T 2.03m 2008 Andy Gilmore, Unattached

Name	Year	School	Finals	Points				
1	309	Kevin Huggins	Lindenwood	2.01m 6-07.00				
10								
	1.71	1.76	1.81	1.86	1.91	1.96	2.01	2.07
	P	P	P	P	P	O	O	XXX

2	330	Gerrico Shanklin	Lindenwood	1.96m	6-05.00
8		1.71 1.76 1.81 1.86 1.91 1.96 2.01			
		P P P XXO XO O XXX			
3	105	Alex Clawson	CentralMethodis	1.91m	6-03.25
5.50		1.71 1.76 1.81 1.86 1.91 1.96			
		P P O O O XXX			
3	81	Louis Pick	Benedictine	1.91m	6-03.25
5.50		1.71 1.76 1.81 1.86 1.91 1.96			
		P P O O O XXX			
5	207	Ben Brummit	Graceland	J1.91m	6-03.25
4		1.71 1.76 1.81 1.86 1.91 1.96			
		P O O XO XXO XXX			
6	120	Jacob Kleyh	CentralMethodis	1.81m	5-11.25
2.50		1.71 1.76 1.81 1.86			
		O O O XXX			
6	318	Nolan McCoy	Lindenwood	1.81m	5-11.25
2.50		1.71 1.76 1.81 1.86			
		P P O XXX			
8	34	Aaron Hannon	Baker	1.76m	5-09.25
0.50		1.71 1.76 1.81			
		O O XXX			
8	209	Martin Ciccolini	Graceland	1.76m	5-09.25
0.50		1.71 1.76 1.81			
		O O XXX			

Men Pole Vault

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HAAC Record: H 4.90m 2005      John Ryland, Lindenwood
Track Record: T 4.73m 2008     Zach Rosenberger, Culver-Stockton
Name                          Year School                    Finals
Points
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1	34	Aaron Hannon	Baker	4.25m	13-11.25
10		3.65 3.80 3.95 4.10 4.25 4.40			
		P O O XO O XXX			
2	132	Kyle Shelton	CentralMethodis	4.10m	13-05.25
8		3.65 3.80 3.95 4.10 4.25			
		P P P O XXX			
3	44	Leo Smith	Baker	3.95m	12-11.50
6		3.65 3.80 3.95 4.10			
		XXO O XO XXX			
4	294	Taylor Dalby	Lindenwood	3.80m	12-05.50
5		3.65 3.80 3.95			

	XXO	O	XXX								
5	324	Ryan	Orallo		Lindenwood		3.65m	11-11.75			
3.50											
	3.65	3.80									
	XXO	P									
5	114	Scott	Hill		CentralMethodis		3.65m	11-11.75			
3.50											
	3.65	3.80									
	XXO	XXX									
--	154	Jordan	Bundy		Culver-Stock			NH			
	3.65	3.80	3.95	4.10	4.25	4.40					
	P	P	P	P	P	XXX					
--	169	Zach	Rosenberger		Culver-Stock			NH			
	3.65	3.80	3.95	4.10	4.25	4.40	4.55	4.71			
	P	P	P	P	P	P	P	XXX			

Men Long Jump

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HAAC Record: H 7.28m 2003 Jermaine Ricketts, Mid-America
Track Record: T 7.18m 2008 Richie Bryant, Baker

Name	Year	School	Finals
Points			
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====			
1	279	Deji Adebayo	Lindenwood 6.80m 22-03.75
10			6.56m 6.68m 6.68m 6.60m FOUL 6.80m
2	288	Chris Carnes	Lindenwood 6.78m 22-03.00
8			6.62m 6.78m FOUL 6.12m FOUL FOUL
3	408	Darrell Madry	Missouri Valley 6.71m 22-00.25
6			6.63m 6.50m 6.44m FOUL 6.71m 6.65m
4	120	Jacob Kleyh	CentralMethodis 6.70m 21-11.75
5			FOUL 6.70m FOUL FOUL FOUL 6.55m
5	34	Aaron Hannon	Baker 6.68m 21-11.00
4			6.40m 6.39m 6.68m 6.33m 6.34m 6.46m
6	331	Joshua Shipp	Lindenwood 6.64m 21-09.50
3			FOUL 6.64m FOUL 6.01m FOUL 6.20m
7	157	Chaz Dial	Culver-Stock J6.64m 21-09.50
2			FOUL 6.34m 6.58m FOUL 6.64m FOUL
8	301	Jerome Gobert	Lindenwood 6.52m 21-04.75
1			FOUL 6.18m 6.52m FOUL FOUL FOUL
9	128	Josh Perry	CentralMethodis 6.44m 21-01.50
			6.41m 6.44m 6.23m 6.16m 6.25m 6.22m
10	363	Brandon Agee	Mid America J6.44m 21-01.50
			6.09m 6.06m 6.44m
11	156	Jordan Cox	Culver-Stock 6.43m 21-01.25
			6.16m 6.43m 6.19m
12	31	Trevor Gleason	Baker 6.36m 20-10.50
			6.21m 6.36m 6.31m

13	214 Wray Hussey	Graceland	J6.36m	20-10.50
	FOUL FOUL 6.36m			
14	215 Ray James	Graceland	6.34m	20-09.75
	6.09m 6.08m 6.34m			
15	48 Robert Woodall	Baker	6.26m	20-06.50
	6.18m 6.10m 6.26m			
16	123 Austin Mallott	CentralMethodis	6.13m	20-01.50
	6.13m FOUL 6.13m			
17	378 Kemar Smith	Mid America	5.98m	19-07.50
	FOUL FOUL 5.98m			
18	108 Cody Cross	CentralMethodis	5.58m	18-03.75
	FOUL 4.97m 5.58m			
19	223 Emmanuel Stivenne	Graceland	5.52m	18-01.50
	5.52m 5.43m 5.45m			

Men Triple Jump

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HAAC Record: H 15.21m 2002      Michal Joachimowski, Missouri Valley
Track Record: T 13.74m 2009     Coedy Walker, Truman State
Name                          Year School                      Finals
Points
=====
=====
1 363 Brandon Agee              Mid America                       13.93mT 45-08.50
10
13.55m FOUL FOUL 13.37m 13.32m 13.93m
2 378 Kemar Smith              Mid America                       13.91mT 45-07.75
8
13.91m 13.66m 13.49m PASS PASS PASS
3 288 Chris Carnes             Lindenwood                        13.57m 44-06.25
6
12.69m FOUL 13.10m 13.29m 13.28m 13.57m
4 128 Josh Perry               CentralMethodis                   13.53m 44-04.75
5
13.27m 13.53m 13.09m 12.95m FOUL 13.29m
5 120 Jacob Kleyh              CentralMethodis                   13.30m 43-07.75
4
FOUL 13.26m FOUL 13.09m 13.30m 13.19m
6 331 Joshua Shipp             Lindenwood                        12.87m 42-02.75
3
12.87m 12.52m FOUL 12.78m FOUL 12.82m
7 156 Jordan Cox               Culver-Stock                      12.85m 42-02.00
2
12.59m 12.85m 12.49m 12.25m 12.71m 12.43m
8 408 Darrell Madry            Missouri Valley                   12.70m 41-08.00
1
12.50m 12.55m 12.67m 12.70m 12.64m 12.69m
9 31 Trevor Gleason           Baker                             11.68m 38-04.00
FOUL FOUL 11.68m FOUL FOUL 11.54m
10 108 Cody Cross              CentralMethodis                   11.57m 37-11.50
FOUL FOUL 11.57m
-- 214 Wray Hussey              Graceland                         FOUL
FOUL FOUL FOUL
-- 48 Robert Woodall           Baker                             FOUL
FOUL PASS PASS

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Men Shot Put

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HAAC Record: H 15.41m 2008          Kelly Jackson, Lindenwood
Track Record: T 16.61m 2009        Jaban Moore, Central Missouri
Name                               Year School                          Finals
Points
=====
====
1    37 Brian Korn                    Baker                                16.30mH  53-05.75
10
    16.02m FOUL 16.30m FOUL 16.15m 16.04m
2    300 Jim Freeman                    Lindenwood                           14.81m   48-07.25
8
    14.81m FOUL 14.47m 12.85m 14.11m FOUL
3    334 Michael Torie                  Lindenwood                           14.80m   48-06.75
6
    FOUL 14.80m FOUL 14.48m 14.50m FOUL
4    85 Jason Wood                      Benedictine                           14.66m   48-01.25
5
    13.46m 13.95m 14.07m FOUL 14.25m 14.66m
5    111 Will Freeman                    CentralMethodis                       14.10m   46-03.25
4
    12.98m 13.91m 12.84m 14.10m 13.26m 13.57m
6    395 Merlin Benefield                Missouri Valley                       14.05m   46-01.25
3
    13.43m 13.96m 13.91m 13.99m 14.05m FOUL
7    399 William Coleman                 Missouri Valley                       13.86m   45-05.75
2
    13.66m FOUL 13.45m 13.81m 13.86m 13.83m
8    325 Nick Orf                        Lindenwood                            13.63m   44-08.75
1
    FOUL 12.16m 13.23m 13.33m 13.28m 13.63m
9    162 Anthony Jahr                    Culver-Stock                          13.15m   43-01.75
    12.84m FOUL 13.14m 12.92m 13.15m 12.92m
10   335 Mike Tzianos                    Lindenwood                            13.13m   43-01.00
    FOUL 13.13m FOUL
11   74 Seth Jirak                      Benedictine                            12.89m   42-03.50
    12.52m 12.89m 12.65m
12   220 Rahim Martin                    Graceland                             12.15m   39-10.50
    10.36m 11.46m 12.15m
13   450 Colby Lehman                    William Jewell                         12.12m   39-09.25
    FOUL 12.12m 12.01m
14   444 Josh Brettmann                  William Jewell                         11.77m   38-07.50
    10.96m 11.56m 11.77m
15   304 Mitch Heady                     Lindenwood                             11.75m   38-06.75
    FOUL FOUL 11.75m
16   125 Emmanuel McComb                 CentralMethodis                       11.63m   38-02.00
    11.43m 11.63m FOUL
17   217 Cody Lame                       Graceland                             11.41m   37-05.25
    11.41m FOUL 11.17m
18   103 Randy Barta                     CentralMethodis                       11.32m   37-01.75
    FOUL 11.32m FOUL
19   371 Evan Nelson                     Mid America                            10.85m   35-07.25
    FOUL 10.85m 10.11m

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Men Discus Throw

Men Hammer Throw

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HAAC Record: H 52.16m 2007           Wade Smith, William Jewell
Track Record: T 57.01m 2009         Jaban Moore, Central Missouri
Name                               Year School                               Finals
Points
=====
====
1    37 Brian Korn                    Baker                    54.62mH    179-02
10
   44.62m 53.36m FOUL 54.37m 53.88m 54.62m
2    450 Colby Lehman                  William Jewell          51.26m     168-02
8
   FOUL 44.93m 47.83m 49.97m 48.28m 51.26m
3    304 Mitch Heady                    Lindenwood              45.78m     150-02
6
   44.51m 45.40m 45.78m FOUL 43.72m 41.59m
4    162 Anthony Jahr                  Culver-Stock           41.99m     137-09
5
   41.25m 41.99m 38.91m 39.52m 40.80m FOUL
5    399 William Coleman                Missouri Valley        41.60m     136-06
4
   37.25m 41.60m 41.39m FOUL FOUL FOUL
6    74 Seth Jirak                      Benedictine             41.59m     136-05
3
   40.40m 41.08m 41.59m 39.62m FOUL FOUL
7    300 Jim Freeman                    Lindenwood              41.29m     135-05
2
   FOUL 41.29m FOUL FOUL FOUL 40.40m
8    444 Josh Brettmann                William Jewell          40.89m     134-02
1
   37.60m 40.28m 39.68m 39.65m 40.70m 40.89m
9    325 Nick Orf                       Lindenwood              37.54m     123-02
   FOUL FOUL 37.54m 36.27m FOUL FOUL
10   40 Andy Roberts                    Baker                   37.20m     122-00
   FOUL FOUL 37.20m
11   111 Will Freeman                    CentralMethodis        36.79m     120-08
   FOUL 36.79m 31.42m
12   410 Josh McClain                  Missouri Valley        36.29m     119-01
   34.81m FOUL 36.29m
13   45 Blake Stanwood                  Baker                   25.86m     84-10
   25.86m FOUL FOUL

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Men Javelin Throw

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HAAC Record: H 59.38m 2003           John Praeuner, Mid-America
Track Record: T 60.98m 2009         Sameek Conner, Unattached
Name                               Year School                               Finals
Points
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====
1    364 Chad Ammons                    Mid America            57.55m     188-10
10
   53.05m 51.11m 54.11m 55.50m 57.55m 57.28m

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2	292 Sameek Connor	Lindenwood	55.55m	182-03
8	FOUL 51.85m 47.90m 50.59m FOUL 55.55m			
3	222 Alex Stewert	Graceland	52.90m	173-07
6	FOUL 47.01m 46.33m 50.30m 52.90m FOUL			
4	325 Nick Orf	Lindenwood	47.35m	155-04
5	43.53m 42.21m 46.79m 47.33m 45.33m 47.35m			
5	40 Andy Roberts	Baker	46.80m	153-06
4	42.71m 42.94m 45.61m 46.04m 46.36m 46.80m			
6	370 Judd Lindvall	Mid America	45.58m	149-06
3	45.56m 41.16m 45.58m 42.90m FOUL FOUL			
7	207 Ben Brummit	Graceland	44.60m	146-04
2	44.60m 43.28m FOUL FOUL 37.73m FOUL			
8	66 Josh Beckman	Benedictine	44.30m	145-04
1	43.18m 40.73m 44.30m 42.55m 42.68m 43.52m			
9	209 Martin Ciccolini	Graceland	43.20m	141-09
	43.20m 42.75m 39.33m 41.64m FOUL FOUL			
10	451 Daniel Meegan	William Jewell	39.21m	128-08
	FOUL 39.21m 36.52m			
11	410 Josh McClain	Missouri Valley	36.24m	118-11
	FOUL 36.24m FOUL			
12	45 Blake Stanwood	Baker	32.40m	106-03
	28.86m 30.50m 32.40m			

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points
1 324 Ryan Orallo		Lindenwood	11.47	2	759
2 207 Ben Brummit		Graceland	11.69	1	713
3 215 Ray James		Graceland	11.79	1	693
4 453 Logan Pettz		William Jewell	11.80	1	691
5 326 Matt Owen		Lindenwood	11.83	2	685
6 206 Chris Bennett		Graceland	12.00	1	651
7 209 Martin Ciccolini		Graceland	12.04	1	643
8 374 Tyler Parker		Mid America	12.26	1	601
9 78 Aaron Murphy		Benedictine	12.29	2	595
10 44 Leo Smith		Baker	12.36	2	582
11 318 Nolan McCoy		Lindenwood	12.73	2	515

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points
1 324 Ryan Orallo		Lindenwood	52.42	2	706
2 207 Ben Brummit		Graceland	52.43	1	706
3 374 Tyler Parker		Mid America	53.64	2	655
4 215 Ray James		Graceland	53.93	1	642
5 326 Matt Owen		Lindenwood	54.81	1	606
6 209 Martin Ciccolini		Graceland	54.98	1	600
7 206 Chris Bennett		Graceland	56.63	2	535

8	44	Leo Smith	Baker	56.79	1	529
9	78	Aaron Murphy	Benedictine	57.22	1	513
10	318	Nolan McCoy	Lindenwood	57.86	2	489

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points
1 207 Ben Brummit		Graceland	4:34.18	717
2 374 Tyler Parker		Mid America	4:44.21	654
3 324 Ryan Orallo		Lindenwood	4:48.65	627
4 44 Leo Smith		Baker	4:53.16	600
5 209 Martin Ciccolini		Graceland	5:04.86	532
6 318 Nolan McCoy		Lindenwood	5:08.25	513
7 326 Matt Owen		Lindenwood	5:24.69	426
8 78 Aaron Murphy		Benedictine	5:37.65	362
9 215 Ray James		Graceland	5:46.62	321
-- 206 Chris Bennett		Graceland	DNF	

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	H#	Points
1 324 Ryan Orallo		Lindenwood	15.88	2	746
2 207 Ben Brummit		Graceland	16.81	2	644
3 206 Chris Bennett		Graceland	16.85	2	640
4 374 Tyler Parker		Mid America	17.29	2	594
5 215 Ray James		Graceland	18.49	1	478
6 44 Leo Smith		Baker	18.78	1	452
7 209 Martin Ciccolini		Graceland	18.81	2	449
8 318 Nolan McCoy		Lindenwood	19.86	1	360
9 326 Matt Owen		Lindenwood	21.83	1	219
10 78 Aaron Murphy		Benedictine	22.40	1	184

Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals
1 207 Ben Brummit		Graceland	1.86m 6-01.25
679			1.42 1.45 1.48 1.52 1.55 1.58 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83
1.86 1.89			P P P P P P P P P P O P O O
XXO XXX			
2 318 Nolan McCoy		Lindenwood	1.77m 5-09.75
602			1.42 1.45 1.48 1.52 1.55 1.58 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83
			P P P P P P P P P O P O P XXX
3 374 Tyler Parker		Mid America	1.74m 5-08.50
577			1.42 1.45 1.48 1.52 1.55 1.58 1.62 1.65 1.68 1.71 1.74 1.77
			P P P P O P P P XO XXO O XXX
4 209 Martin Ciccolini		Graceland	1.71m 5-07.25
552			

4	318	Nolan McCoy	Lindenwood	3.54m	11-07.25										
493															
		2.24	2.34	2.44	2.49	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34	3.44
		3.54	3.64												
		P	P	P	P	P	P	P	P	P	O	P	O	P	O
		O	XXX												
5	209	Martin Ciccolini	Graceland	3.34m	10-11.50										
441															
		2.24	2.34	2.44	2.49	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34	3.44
		P	P	P	P	P	O	P	O	O	O	O	O	XO	XXX
6	215	Ray James	Graceland	3.14m	10-03.50										
391															
		2.24	2.34	2.44	2.49	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24		
		P	P	XPP	O	O	O	XO	XO	XO	O	XO	XXX		
7	374	Tyler Parker	Mid America	2.84m	9-03.75										
319															
		2.24	2.34	2.44	2.49	2.54	2.64	2.74	2.84	2.94					
		P	P	O	P	P	O	XXO	XO	XXX					
8	206	Chris Bennett	Graceland	2.74m	8-11.75										
296															
		2.24	2.34	2.44	2.49	2.54	2.64	2.74	2.84						
		XO	XO	O	O	O	O	XO	XXX						
9	326	Matt Owen	Lindenwood	2.64m	8-08.00										
273															
		2.24	2.34	2.44	2.49	2.54	2.64	2.74							
		XXO	O	O	P	P	XO	XXX							
10	78	Aaron Murphy	Benedictine	2.54m	8-04.00										
251															
		2.24	2.34	2.44	2.49	2.54	2.64								
		XXO	XO	O	XO	O	XXX								

Decathlon: #2 Men Long Jump Decathlon

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=====					
Points	Name	Year	School	Finals	
=====					
=====					
1	215	Ray James	Graceland	6.31m	20-08.50
655					
		6.31m	6.09m	6.26m	
2	207	Ben Brummit	Graceland	6.12m	20-01.00
613					
		6.12m	FOUL	5.89m	
3	326	Matt Owen	Lindenwood	6.04m	19-09.75
595					
		6.04m	FOUL	FOUL	
4	453	Logan Pettz	William Jewell	5.98m	19-07.50
582					
		5.98m	FOUL	5.93m	
5	324	Ryan Orallo	Lindenwood	5.78m	18-11.75
540					
		5.75m	5.78m	5.55m	
6	206	Chris Bennett	Graceland	5.63m	18-05.75
508					
		5.26m	FOUL	5.63m	

7	44 Leo Smith	Baker	5.42m	17-09.50
465	5.01m 5.42m 5.42m			
8	78 Aaron Murphy	Benedictine	5.41m	17-09.00
463	4.85m 4.98m 5.41m			
9	374 Tyler Parker	Mid America	5.36m	17-07.00
453	FOUL 5.36m 5.08m			
10	209 Martin Ciccolini	Graceland	5.17m	16-11.50
415	5.17m 5.13m 5.00m			
11	318 Nolan McCoy	Lindenwood	4.90m	16-01.00
363	FOUL FOUL 4.90m			

Decathlon: #3 Men Shot Put Decathlon

=====				
=====				
Points	Name	Year School	Finals	
=====				
=====				
1	207 Ben Brummit	Graceland	10.62m	34-10.25
523	9.96m 10.55m 10.62m			
2	215 Ray James	Graceland	9.67m	31-08.75
466	8.97m 9.44m 9.67m			
3	209 Martin Ciccolini	Graceland	9.65m	31-08.00
465	9.65m 9.16m 9.61m			
4	326 Matt Owen	Lindenwood	9.47m	31-01.00
454	8.83m 8.55m 9.47m			
5	453 Logan Pettz	William Jewell	9.38m	30-09.25
448	8.99m FOUL 9.38m			
6	318 Nolan McCoy	Lindenwood	9.32m	30-07.00
445	9.32m FOUL FOUL			
7	44 Leo Smith	Baker	9.12m	29-11.25
433	8.87m 8.60m 9.12m			
8	324 Ryan Orallo	Lindenwood	8.97m	29-05.25
424	8.97m 8.76m FOUL			
9	374 Tyler Parker	Mid America	8.48m	27-10.00
395	8.48m 5.75m 6.61m			
10	78 Aaron Murphy	Benedictine	8.17m	26-09.75
376	8.17m 7.70m 7.93m			
11	206 Chris Bennett	Graceland	6.33m	20-09.25
268	5.92m 6.16m 6.33m			

Decathlon: #7 Men Discus Throw Decathlon

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Name                               Year School                               Finals
Points
=====
====
1  209 Martin Ciccolini             Graceland                               33.58m    110-02
535
   33.58m  30.76m  31.94m
2  207 Ben Brummit                 Graceland                               30.88m    101-04
482
   26.74m  28.68m  30.88m
3  318 Nolan McCoy                 Lindenwood                               27.65m    90-08
418
   26.50m  FOUL  27.65m
4  44 Leo Smith                     Baker                                    27.02m    88-08
406
   24.15m  25.97m  27.02m
5  374 Tyler Parker                 Mid America                             25.26m    82-10
372
   25.26m  22.57m  24.32m
6  324 Ryan Orallo                 Lindenwood                               24.94m    81-10
366
   24.94m  FOUL  FOUL
7  326 Matt Owen                   Lindenwood                               23.73m    77-10
343
   22.86m  23.73m  22.39m
8  215 Ray James                   Graceland                               23.00m    75-05
329
   19.54m  18.24m  23.00m
9  78 Aaron Murphy                 Benedictine                              22.66m    74-04
322
   22.66m  21.91m  21.98m
10 206 Chris Bennett               Graceland                               14.79m    48-06
176
   14.79m  FOUL  14.36m

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Decathlon: #9 Men Javelin Throw Decathlon

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====
Name                               Year School                               Finals
Points
=====
====
1  207 Ben Brummit                 Graceland                               46.52m    152-07
537
   46.52m  43.02m  45.68m
2  209 Martin Ciccolini             Graceland                               45.86m    150-05
528
   41.81m  40.09m  45.86m
3  374 Tyler Parker                 Mid America                             37.21m    122-01
402
   37.01m  35.06m  37.21m
4  324 Ryan Orallo                 Lindenwood                               37.20m    122-00
402
   33.96m  FOUL  37.20m

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5	326 Matt Owen	Lindenwood	33.74m	110-08
352	29.43m 30.99m 33.74m			
6	318 Nolan McCoy	Lindenwood	32.65m	107-01
337	FOUL 32.65m FOUL			
7	215 Ray James	Graceland	30.14m	98-11
301	30.14m 30.08m 29.95m			
8	78 Aaron Murphy	Benedictine	29.83m	97-10
297	27.20m 25.66m 29.83m			
9	206 Chris Bennett	Graceland	28.42m	93-03
277	28.42m 22.85m FOUL			
10	44 Leo Smith	Baker	27.17m	89-02
260	27.17m 26.50m 26.41m			

Men Decathlon

=====				
HAAC Record:	H	6235	2007	Ben Brummit
Track Record:	T	6170	2008	Jordan Bucklew, Culver-Stockton
	Name	Year	School	Finals Points
=====				
1	207 Ben Brummit		Graceland	6215T 10
2	324 Ryan Orallo		Lindenwood	5623 8
3	209 Martin Ciccolini		Graceland	5160 6
4	374 Tyler Parker		Mid America	5022 5
5	44 Leo Smith		Baker	4695 4
6	215 Ray James		Graceland	4680 3
7	318 Nolan McCoy		Lindenwood	4535 2
8	326 Matt Owen		Lindenwood	4457 1
9	206 Chris Bennett		Graceland	3755
10	78 Aaron Murphy		Benedictine	3737

Men 5000 Meter Race Walk

=====				
HAAC Record:	H	22:16.52	2007	Patrick Stroupe, Central Methodist
Track Record:	T	21:45.19	2007	Patrick Stroupe, Central Methodist
	Name	Year	School	Finals Points
=====				
1	402 Thiago Ferreira		Missouri Valley	22:15.26H 10
2	126 Peter Muldoon		CentralMethodis	22:58.66 8
3	317 David Lindemann		Lindenwood	26:00.92 6
4	409 Dan Martin		Missouri Valley	31:08.06 5
5	152 Trey Brokaw		Culver-Stock	32:33.46 4
6	297 Matt Femmer		Lindenwood	35:02.62 3
7	308 Brian Hoormann		Lindenwood	35:43.86 2

Women - Team Rankings - 23 Events Scored

=====			
1)	Lindenwood	321	150
2)	Baker University		
3)	Mid America Nazarene	133	64
4)	William Jewell		
5)	Graceland University	55	53
6)	Central Methodist		
7)	Benedictine College	48	34
8)	Culver-Stockton		

9) Evangel 24 10) Missouri Valley College 12

Men - Team Rankings - 23 Events Scored

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1) Lindenwood	264	2) Central Methodist	
129.50			
3) Baker University	119.50	4) Graceland University	
93.50			
5) Mid America Nazarene	79	6) Culver-Stockton	68
7) Missouri Valley College	43	8) Benedictine College	
41.50			
9) William Jewell	31	10) Evangel	23