

Viking Athletic Updates

Scoreboard

<u>M Volleyball 2/23</u> MVC Park	3 2
<u>W Basketball 2/25</u> MVC Graceland	79 63
<u>M Basketball 2/25</u> MVC Baker	76 62
<u>W Basketball 2/27</u> MVC Benedictine	60 72
<u>M Basketball 2/27</u> MVC Benedictine	85 69
<u>W Tennis 2/27</u> MVC Bethel	7 2
<u>M Tennis 2/27</u> MVC Bethel	8 1
<u>Softball 2/27</u> MVC Ottawa	4 2
<u>Softball 2/27</u> MVC Ottawa	8 5
<u>Baseball 2/27</u> MVC Kansas Wesleyan	1 2
<u>Baseball 2/27</u> MVC Kansas Wesleyan	2 3

- The Missouri Valley **men's basketball** team finished the regular season **12-8 in the HAAC** and **20-10 overall**. They are seeded **fifth** as they enter the conference tournament taking on fourth ranked Lindenwood University on Wednesday, March 3.
- The **Lady Viking's basketball** team finished the regular season strong, **8-12 in the conference** and **11-19 overall**. The team gets set for the first round of the HAAC tournament, traveling to Springfield, Mo., to take on No. 2 Evangel.
- The MVC **men's wrestling** team will take **twelve Vikings** to the **NAIA National Wrestling Tournament** this weekend in Oklahoma City, Okla.
- The Missouri Valley **indoor track** team will have **seven** Viking athletes **competing at the NAIA National Championship** in Johnson City, Tenn., this weekend.
- The MVC **men's volleyball** team will travel to Denver, Colo., this weekend to compete against Johnson & Wales University.
- The men's **tennis** team will travel to St. Louis, Mo., to take on Missouri Baptist University on Saturday, March 6. The men and women will both host Johnson County Community College on Sunday, March 7 at Indian Foothills Park.
- The MVC **softball** team is scheduled to host Park University in a double header this Saturday, March 6, field conditions permitting.
- The Valley **baseball** team prepares to host Hannibal-LaGrange on March 3, and Avila on March 6, field conditions permitting.

This Week In Valley Sports...

- 3/2: **M VB v. HLG 7pm** (Marshall, Mo.)
- 3/3: **M BB @ Lindenwood 7pm** (St. Charles, Mo.)*
- 3/4: **W BB @ Evangel 7pm** (Springfield, Mo.)*
- 3/4-6: **M WR @ NAIA Nationals** (Oklahoma City, Okla.)
- 3/4-6: **Track @ NAIA Nationals** (Johnson City, Tenn.)
- 3/6-7: **M VB @ Johnson & Wales** (Denver, Colo.)

*Denotes events that will be webcast online

For complete schedules/results and changes, visit www.moval.edu/athletics.

SAMI JACKSON NAMED HAAC FRESHMAN OF THE YEAR

Missouri Valley College freshman basketball point guard, Sami Jackson was named the 2009-10 Heart of America Athletic Conference *Freshman of the Year* in addition to receiving All-Conference Honorable Mention honors.

Sami is from Barnard, Mo., and is majoring in physical education at Missouri Valley College.

"Sami has been a major asset to the team this year," said Head Coach Jolene Christensen. "We look forward to seeing what she can do for the team in the future."



LISTEN LIVE!

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To be added to a list that receives this newsletter via e-mail weekly, please contact carrd@moval.edu.

For additional information on Missouri Valley College Athletics, contact 660-831-4230 or carrd@moval.edu