

Viking Athletic Updates

Scoreboard

M Volleyball 1/26 MVC Lindenwood	0 3
W Basketball 1/28 MVC Central Methodist	50 53 OT
M Basketball 1/28 MVC Central Methodist	54 63
W Basketball 1/30 MVC William Jewell	49 66
M Basketball 1/30 MVC William Jewell	67 72
M Volleyball 1/31 MVC Hope Int.	1 3
M Wrestling 1/29 MVC William Penn	46 0

- The Missouri Valley **men's basketball** team is currently **7-5 in the HAAC** and **15-7 overall**. The Vikings have just one game this week, taking on the Culver-Stockton Wildcats this Thursday at home.
- The **Lady Viking's basketball team** took it into overtime against Central Methodist last week, but came up short with a 50-53 final score. The MVC women's basketball team is **3-9** in the conference and **6-16** overall.
- The **#3 ranked MVC men's wrestling** team shut down William Penn University **46-0** on Friday. **Paulie Hansen** (Soph., Turner, Kan.) won his weight class at the Grandview Open in Des Moines, Iowa on Saturday, Jan. 30. The Vikings get set to host the **MVC Open Saturday, Feb. 6, at 9am.**
- The Valley **women's wrestling** team had **four** athletes gain **All-American** honors at the WCWA Nationals last weekend. **Keeya Skyes** (44kg, 6th place), **Britney Heatherly** (48kg, 6th place), **Randi Beltz** (59kg, 2nd place), and **Jordan Hagerman** (82kg, 5th place). They were also **two Vikings** named **WCWA Academic All-Americans**; **Rachel Pike** (Jr., Strasburg, Colo.) and **Britney Heatherly** (Soph., Friendsville, Tenn.)
- The Missouri Valley **indoor track** team was unable to travel to the Missouri Southern Invitational in Joplin, Mo., last weekend due to inclement weather conditions. The team prepares to compete at the University of Central Missouri in Warrensburg this Friday and Saturday.
- The MVC **men's volleyball** team will host Park University and College of Mt. St. Joseph this week. They travel to Hannibal, Mo., to play in the HLG Triangular Feb. 5-6.



For additional information please contact 660-831-4230 or card@moval.edu.

stretch
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This Week In Valley Sports...

- 2/2: **M VB v. Park 7pm** (Marshall, Mo.)
 2/4: **W BB v. Culver-Stockton 5:30pm** (Marshall, Mo.)*
 2/4: **M BB v. Culver-Stockton 7:30pm** (Marshall, Mo.)*
 2/5: **W WR @ Dave Schultz 9am** (Colorado Springs, Colo.)
 2/5-6: **M VB @ HLG TBA** (Hannibal, Mo.)
 2/5-6: **Indoor Track @ UCM TBA** (Warrensburg, Mo.)
 2/6: **M WR v. MVC Open 9am** (Marshall, Mo.)
 2/7: **M VB v. Col. of Mt. St. Jo 3:00pm** (Marshall, Mo.)

**Denotes events that will be webcast online*

For complete schedules and changes, visit www.moval.edu/athletics.

To be added to a list that receives this newsletter via e-mail weekly, please contact card@moval.edu.

MVC DANCE TEAM RECIEVES BID TO NATIONALS

The Missouri Valley College dance team has qualified for the NCA/NDA Collegiate National Championship to be held April 7-11, 2010 in Daytona Beach, Fla.

In order to receive a bid to the National Competition, teams must submit a video entry to be reviewed by NCA/NDA officials.

Head Dance Coach, Landon Alexander said, "This is an honor because we have never attempted to go to NDA and as a first year bid winner it's really nice since we are used to UDA rules and audition tapes."

MVC STUDENT-ATHLETES VISIT BENTON ELEMENTARY

Missouri Valley College football players, Moa Palepale (SR, DB, Everett, Wash.), Henry Hamilton (JR, OL, Opa-Locka, Fla.), and Colin Smith (SR, LB, St. Louis, Mo.) visited the kindergarten and first grade classrooms at Benton Elementary School in Marshall, Mo., last Wednesday to read to students as part of the Reading Super Bowl program.

This event was part of Missouri Valley's commitment to the NAIA's Champions of Character program that embraces the five core values of respect, responsibility, integrity, sportsmanship, and servant leadership.