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Four Lady Vikings Make HAAC All-Conference Volleyball Teams

Marshall, Mo. (November 17, 2009)—Missouri Valley College head volleyball coach, Derick White, is pleased to announce that four of his athletes earned All-Conference honors this season. Senior outside hitter, Tricia Mowatt from Roy, Wash., earned Heart of America Athletic Conference (HAAC) First Team All-Conference honors for her performances throughout the 2009 volleyball season. Teammate, Ali Schrader, a sophomore middle hitter from St. Ann, Mo., gained HAAC Second Team All-Conference recognition. Two other Lady Vikings ended the 2009 campaign with HAAC All-Conference Honorable Mentions. The first, Paula Tieman, a junior setter out of Blackburn, Mo., and the second, Miranda Groth, a junior middle hitter from Phoenix, Ariz.

The Lady Vikings ended their 2009 season in eighth place in the HAAC with a 3-7 conference record, and a 12-19 overall record.



Tricia Mowatt



Ali Schrader



Paula Tieman



Miranda Groth

ABOUT MISSOURI VALLEY COLLEGE

Missouri Valley College is a liberal arts college that provides educational, social and cultural experiences in a decidedly Christian environment. Established in 1889, MVC offers over 30 majors and 7 pre-professional programs, and 15 sports. The most popular majors include education and business, and the newest majors are nursing, graphic design, dance, and hospitality/tourism management, which will begin in Fall 2009. The liberal arts heritage focuses on scholarship, critical thinking and academic excellence to prepare students to become members of a responsible citizenry. For more information, call (660)831-4000 or visit www.moval.edu.