

Viking Athletic Updates

Scoreboard

W Basketball 1/2	
MVC	49
Columbia College	78
W Basketball 1/1	
MVC	55
William Woods	72
M Basketball 12/19	
MVC	68
NW State Univ. (Exhibition Game)	77
W Basketball 12/16	
MVC	80
Culver-Stockton	56
M Basketball 12/16	
MVC	59
Culver-Stockton	53
M Basketball 12/14	
MVC	59
HLG	64 (OT)

- The Missouri Valley **men's basketball** team started off the season with a 7-1 record, inching **head coach Chad Lance** closer to his **100th career win**. The Vikings are currently 8-4, with Coach Lance just 2 victories away from 100, as they prepare to take on Harris Stowe State College **tonight** in Marshall, Mo.
- The **Lady Vikings basketball** team has experienced much improvement this season with a current 5-8 overall record and 2-1 in the HAAC. Head coach Jolene Christensen says, "We are very excited about our success so far this season and look forward to finishing out the year as a competitive club in the conference." The Lady Vikings are set to take on Lindenwood University at home **this Thursday**.
- The MVC **men's wrestling** team is sitting mid-season with a win over the preseason ranked #1 team in the nation, Southern Oregon, as they prepare to battle in the **NAIA National Duals** in Cedar Falls, Iowa **this weekend**.
- The **women's wrestling** team has been working hard this season and has high hopes for freshman Pan-Am Champion, Randi Beltz and the Lady Vikings as they plan to put up tough competition **this weekend** at the **NWCA Duals** in Cedar Falls, Iowa.
- The Missouri Valley **indoor track** team is working hard as they prepare to kickoff their 2010 season mid-January. For more information on the Viking track club, their progress and upcoming events, visit their website at www.moval.edu/athletics.
- The MVC **men's volleyball** team has been putting in long hours in order to continue the success they found late last season. "This will be my second season with the men's program and I am looking forward to seeing how the team will come together. They have really embraced our philosophy and are working hard on and off the court to improve as a whole. It should be a great season," said head coach Derick White.



For additional information please contact 660-831-4230 or, via e-mail at carrd@moval.edu.

This Week In Valley Sports...

- 1/4: M BB v. Harris Stowe 7pm (Marshall, Mo.)
 1/7: W BB v. Lindenwood Univ. 5:30pm (Marshall, Mo.)
 1/7: M BB v. Lindenwood Univ. 7:30pm (Marshall, Mo.)
 1/9: W BB @ Mid-America 2pm (Olathe, Kan.)
 1/9: M BB @ Mid-America 4pm (Olathe, Kan.)
 1/9-10: W WR @ NWCA Duals (Cedar Falls, Iowa)
 1/9-10: M WR @ NAIA National Duals (Cedar Falls, Iowa)

TWO VIKINGS NAMED TO THE NAIA ALL-DECADE TEAM

College Fanz Network sportscaster, Jason Dannelly, named his first ever NAIA All-Decade Football Team in which two Missouri Valley Vikings appeared. First team All-Decade was defensive lineman, Larry Wentzel, '09, from St. Louis, Mo. Larry was an NAIA All-American in 2008 for the Vikings. For second team All-Decade, was linebacker Reggie Singletary from Kansas City, Mo. Reggie was named to the 2007 NAIA All-American Team.

For the complete NAIA All-Decade list, visit www.collegefanz.com.