

Viking Athletic Updates

Scoreboard	
M Basketball 1/11 MVC Evangel	78 66
W Basketball 1/11 MVC Evangel	61 74
M Basketball 1/14 MVC Avila	65 63
W Basketball 1/14 MVC Avila	54 69
M Wrestling 1/15 MVC Grandview	24 15
W Wrestling 1/15 MVC Lindenwood	33 12
M Basketball 1/16 MVC Baker	78 59
W Basketball 1/16 MVC Baker	53 73

- The MVC **men's basketball** team is 14-4 overall and tied for **second in the conference** with a 6-2 record in the HAAC. The Vikings have two conference competitions this week traveling to Lamoni, Iowa on Thursday to take on Graceland University and hosting Benedictine at home on Saturday afternoon.
- The **Lady Viking's basketball** team is presently 6-12 overall and 3-5 in the HAAC. They prepare for a two game week looking to improve in the conference as they take on Graceland University and Benedictine College.
- The No. 7 MVC **men's wrestling** team took on No. 6 ranked Grandview University this past Friday ending in a 24-15 victory for the Vikings. The Vikings are set to host Missouri Baptist Wednesday night, and the MVC Invitational on Sunday.
- The Valley **women's wrestling** team defeated Lindenwood University on Friday, 33-12. The Lady Vikings hit the road this week, traveling to University of the Cumberlands in Williamsburg, Ky., on Friday and then to Bristol, Tenn., on Saturday taking on King College.
- The Missouri Valley **indoor track** team experienced much success at their home meet this past Saturday. For the second year in a row, Valley sophomore **Sheena Carter, qualified** in the women's weight throw **for the NAIA Indoor National competition** which is held in Johnson City, Tenn., in March. The track team will travel to the Illinois College Snow Bird Invitational this Saturday in Jacksonville, Ill.
- The MVC **men's volleyball** team will host Missouri Baptist this Thursday for their home and conference opener at 7 pm. The Vikings swept Missouri Baptist last season and look to do the same this year.

This Week In Valley Sports...

- 1/19: **M JV BB v. North Central 7:30pm (Marshall, Mo.)**
- 1/20: **M JV BB @ Lindenwood 6pm (St. Charles, Mo.)**
- 1/20: **M WR v. Mo Bap 7pm (Marshall, Mo.)**
- 1/21: **W BB @ Graceland 5:30pm (Lamoni, Iowa)**
- 1/21: **M BB @ Graceland 7:30pm (Lamoni, Iowa)**
- 1/21: **M VB v. Mo Bap 7pm (Marshall, Mo.)**
- 1/22: **W JV BB v. STLCC 5:30pm (Marshall, Mo.)**
- 1/22: **M JV BB v. Graceland 7pm (Marshall, Mo.)**
- 1/22: **W WR @ U. of Cumberlands 7pm (Williamsburg, Ky.)**
- 1/23: **Indoor Track @ Ill. College 10am (Jacksonville, Ill.)**
- 1/23: **W WR @ King College 1pm (Bristol, Tenn.)**
- 1/23: **W BB v. Benedictine 2pm (Marshall, Mo.)**
- 1/23: **M BB v. Benedictine 4pm (Marshall, Mo.)**
- 1/24: **M WR MVC Invite 9am (Marshall, Mo.)**

For complete schedules and changes, visit www.moval.edu/athletics.

MVC FACILITY NAMED GROVER C. REDFORD GYMNASIUM

Missouri Valley College held a dedication ceremony last Thursday evening to honor former MVC basketball coach Grover C. Redford with the official naming of the gymnasium as the Grover C. Redford Gymnasium. Coach Redford's wife, Jean, and other family members as well as some of coach Redford's former players were present for the ceremony.

Athletic Director Tom Fifer said, "Coach Redford was an incredible coach, teacher, and alumnus to the institution. His loyalty and devotion to the college and his players remain part of his legacy. This is a very honorable way of recognizing him for his dedication to Viking athletics."



For additional information please contact 660-831-4230 or carrd@moval.edu.

To be added to a list that receives this newsletter via e-mail weekly, please contact carrd@moval.edu.