

## Visiting Team Guide

Dear Visiting Team,

Welcome to **Missouri Valley College!!** We are glad to have you visit our beautiful campus. Enclosed you will find important information regarding your trip to Marshall, Missouri. The Athletic Training Services sheet notes all services provided and important addresses and phone numbers. Please contact us if you have any questions regarding your visit.

Best wishes for the 2008-2009 season. Thank you and we look forward to meeting you.

Sincerely,

Matthew C. Rowlett, MS, ATC  
Head Athletic Trainer



David Tomchuk, MS, ATC, CSCS  
Clinical Coordinator/Asst. Athletic Trainer



Carrie Harmon, MS, ATC  
Assistant Athletic Trainer



Jennifer McConnell, MS, ATC  
Assistant Athletic Trainer



Sierra Fultz  
Graduate Assistant Athletic Trainer



**Missouri Valley College Athletic Training**  
**Missouri Valley College Athletic Training Services**

**Head Athletic Trainer:** Matthew C. Rowlett, MS, ATC [rowlettm@moval.edu](mailto:rowlettm@moval.edu)  
**Assistant Athletic Trainers:** Carrie Harmon, MS, ATC [harmonc@moval.edu](mailto:harmonc@moval.edu)  
David Tomchuk, MS, ATC, CSCS [tomchukd@moval.edu](mailto:tomchukd@moval.edu)  
Jennifer McConnell, MS, ATC [mcconnellj@moval.edu](mailto:mcconnellj@moval.edu)  
Sierra Fultz [fultzs@moval.edu](mailto:fultzs@moval.edu)

**Address:** 500 E. College  
Marshall, Missouri 65340

**Important Numbers:** Matthew, Jennifer, & Sierra's Office: (660) 831-4195  
Carrie and David's Office: (660) 831-4695  
General Athletics: (660) 831-4220  
Athletic Fax: (660) 831-4038

<b>Team Physician (s):</b>	<b>Orthopedic</b>	<b>Orthopedic</b>
	Dr. Bus Tarbox	Dr. Kelly Ross
<b>Address:</b>	Columbia Orthopedic Group 1 N. Keene St. Columbia, Missouri 65201	Fitzgibbon Hospital 2305 S. Highway 65 Marshall, Missouri 65340
<b>Phone:</b>	(573) 443-2402	(660) 886-7431

<b>Hospital (s):</b>	<b>Fitzgibbon Hospital</b>	<b>Columbia Regional</b>
<b>Address:</b>	2305 S. Highway 65 Marshall, Missouri 65340	1 N. Keene St. Columbia, Missouri 65201
<b>Phone:</b>	(660) 886-7431	(573) 875-9000

**Athletic Training Room:** Burns Gymnasium, Court Level

**Home Event Coverage:** ATC, Sports Medicine Physician for Football Games.  
All other sports will have an ATC present for J.V. and Varsity contests, with exception of golf and tennis, which an ATC will be on call.

<b>Services Provided:</b>	Moist Heat	E-Stimulation	Ultrasound
	Whirlpool	Taping	

<b>Bench Supplies:</b>	Water	Cups	Biohazard Materials
	Injury Ice	Ice Bags	Crutches / Splints

**Special Requests:**

1. A signed protocol from an ATC or Physician is required for all modality treatments administered by a member of our staff.
2. Please call 48 hours in advance to make necessary modality, treatment, and other arrangements.
3. Please provide your team with necessary first aid and taping supplies.

## Medical Directions

Campus to Fitzgibbon Hospital/  
Missouri Valley Physicians:

Take E. Morrow St. (.3 miles) to Business 65 N/Odell St. (.5 miles). Then take W. College St. (1.2 miles) to US 65 N. Next take US 65 N (1.3 miles) and Fitzgibbon Hospital will be located on your right.

Campus to Columbia Regional:

Take E. Morrow St. (.3 miles) to Business 65 S/Odell St. (2 miles). Next take US 65 S (8.2 miles) to I-70 E toward St. Louis. Follow I-70 E (51 miles) to US 63 S, exit 128A toward Jefferson City. Take a left onto I-70 Dr. SE (.2 miles) to Keene St. Then take a right onto Keene St (.4 miles) and Columbia Regional will be located on your left hand side.

Columbia Orthopedic Group:

Take E. Morrow St. (.3 miles) to Business 65 S/Odell St. (2 miles). Next take US 65 S (8.2 miles) to I-70 E toward St. Louis. Follow I-70 E (51 miles) to US 63 S, exit 128A toward Jefferson City. Head south on 63S toward Jefferson City (1.0 miles). Turn right on Broadway off ramp; take a left at top of off ramp. Take a left at second stoplight which is S. Keene Street. Columbia Orthopedic Group is your first building on your left.