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**MISSOURI VALLEY COLLEGE
ATHLETIC TRAINING STUDENT
PRESENTS AT NATA NATIONAL CONVENTION**

June 22, 2009

After waking up at 4:00 AM and driving all morning across the great state of Texas, Robert Holsinger arrived on-time to perform a poster presentation at the 60th annual NATA Annual Meeting and Clinical Symposium on June 18, 2009. The poster (and article) is entitled *Athletic Pubalgia Resulting From Recurrent Groin Strains, Muscular Imbalances, And An Anatomical Leg Length Discrepancy In A Male Collegiate Soccer Athlete*.

Holsinger began the process of preparing for this day in August of 2008 when a soccer athlete was diagnosed with a sports hernia and subsequently had a laparoscopic bilateral inguinal hernia repair performed. It was mentioned to Robert that this could be something the NATA would be interested in and he looked into the process of submitting an abstract to the Journal of Athletic Training. Holsinger submitted it and learned in March that it was accepted for publication as a supplement article and he was subsequently assigned to present a poster on the topic.

“Robert was able to write and develop quality article and poster because of his involvement and interest from the first day,” noted Matt Rowlett, Head Athletic Trainer. “Robert built a good relationship with this student-athlete, and assisted in several aspects of this rehabilitation which gave him the background and knowledge to put this project together.”

Robert not only helped his faculty co-author with developing the project, gathering the information, performing the rehabilitation, and writing the article; he was also able to communicate with the surgeon who performed the procedure and bring him into the project. “That was extremely impressive. Robert was able to establish a relationship with Dr. Ramshaw and actively sought his input and involvement in this project.”

“Robert met all of the requirements and deadlines allowing us ample time to get this article and poster created,” his faculty co-author, David Tomchuk, mentioned. “I just assisted with the formatting, layout, and wording of the article and the poster. Robert came up with the information and ideas. With Robert doing this project hopefully it interested other Athletic Training Students to get involved with this process in the future. His poster will be hung in our Athletic Training classroom.”

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When asked about his article Holsinger said, “I didn’t know what I was getting myself into when I started. I did not know how much work it would be and how much information I needed to write just 600 words for an article.” Holsinger went onto say, “I am happy I did this and I learned about the research, publication, and presentation process from this experience.”

Robert Holsinger is a 2009 graduate of the Missouri Valley College Athletic Training Education Program who will be graduate assistant athletic trainer at Lamar University this fall.

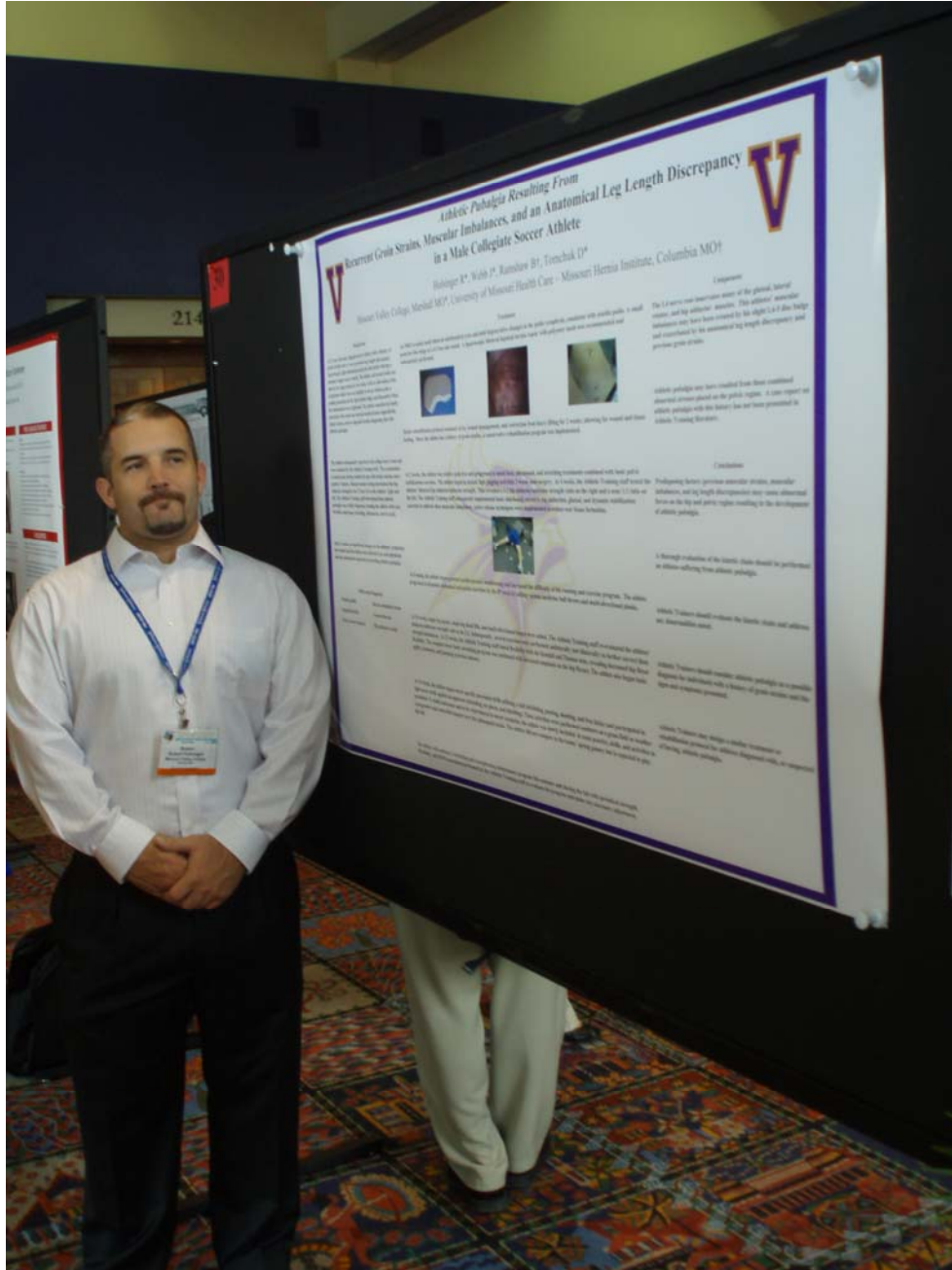
We want to specifically thank Dr. Bruce Ramshaw and his assistant Brandie Forman at the Missouri Hernia Institute and the University of Missouri Health Care, Dr. Mack Rubley from the University of Nevada, Las Vegas, and Jennifer McConnell at Missouri Valley College for their involvement and feedback in this process. Without their input this project would not have been as successful.

Robert Holsingers’ article in its entirety can be read in the 2009 Journal of Athletic Training (Supplement), on page S-83.

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