

FOR IMMEDIATE RELEASE

Media Relations Contacts:

Chad Jaecques, marketing/media director; (660) 831-4172; jaecquesc@moval.edu
Karla Bruntzel MVC School of Nursing dean; (660) 831-4564; bruntzelk@moval.edu

MVC TO HOST COMMUNITY HEALTH FAIR

Marshall, Mo. (April 28, 2010) — The Missouri Valley College community health class will host a *Community Health Fair* from 9 a.m. – 1 p.m. May 3 in the R. Wilson Brown Room of the Ferguson Center on the MVC campus. The *Fair* is free and open to the public.

According to the most recent U.S. Census Bureau information, there are 46.3 million people in the U.S. who live without any health insurance coverage. Uninsured patients are less likely than insured to get check-ups and preventative care.

The *Fair* includes free screenings for health, weight, and body mass index, vision, blood pressure, lung health, exercise testing, a flexibility assessment and a body composition analysis.

The *Fair* will also feature booths with information covering a variety of topics including: dental health; vision health; nutrition information; blood pressure education; cardiovascular health; cancer education; heart and lung disease information; men’s and women’s health information; diabetes education; drugs and alcohol information; mental health; bone and joint disorders; and a CPR and AED demonstration.

“We encouraging everyone to come out and see what they can do to improve their health and the health of others,” said Dr. Karla Bruntzel, professor of the community health class. “We have several free health screenings so we hope community members will take advantage of this community service.”

In conjunction with the *Fair* there will be a blood drive from 9 a.m. – 1 p.m. May 3 in the Ferguson Center’s Formal Lounge. To make an appointment online go to www.savealifenow.org and use sponsor code *movalleycollege*.

ABOUT MISSOURI VALLEY COLLEGE

Missouri Valley College is a liberal arts college that provides educational, social and cultural experiences in a decidedly Christian environment. Established in 1889, MVC offers over 30 majors and 7 pre-professional programs, and 15 sports. The most popular majors include education and business, and the newest majors are nursing, graphic design, dance, and hospitality/tourism management. The liberal arts heritage focuses on scholarship, critical thinking and academic excellence to prepare students to become members of a responsible citizenry. For more information, call (660) 831-4000 or visit www.moval.edu.

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